

# SERIES 1

# A GREENER COURSEBOOK

12 lessons. Each one bringing a sustainable twist to a traditional coursebook unit













Welcome to **Renewable English** your free online climate change awareness course.

Renewable English was created to help educators and learners in their guest to be more sustainable. In the first series of lessons we look closely at traditional unit themes and look more deeply into our behaviour and see how we can easily make positive changes towards a cleaner, healthier planet.

To have your say and join in the conversation, stay in touch across social media @renewableenglish











### www.renewableenglish.com

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## **Lesson Videos**

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Lesson 12

Full Interview Links	Ali's Top Tips	
<u>Lesson 2 Shirley Cato</u>	Lesson 1	
<u>Lesson 3 Bob Waters</u>	Lesson 2	
<u>Lesson 4 Susanne Duplantis</u>		
Lesson 5 Amy Meek	<u>Lesson 3</u>	
Lesson 6 Kate Nelson	<u>Lesson 4</u>	
	<u>Lesson 5</u>	
<u>Lesson 7 Cherie Birkner</u>	<u>Lesson 6</u>	
Lesson 8 Stella Abril	Lesson 7	
<u>Lesson 9 Nathan Bird</u>	Lesson 8	
Lesson 10 Hattie Blackmore	Lesson 9	
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### What they mean

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Climate Change: a change in global or regional climate patterns

**Fossil Fuel**: a natural fuel such as coal or gas, formed in the geological past from the remains of living organisms.

**Carbon Footprint**: the amount of carbon dioxide released into the atmosphere as a result of the activities of a particular individual, organization, or community.

**Consumption**: he action of using up a resource.

**Energy-efficient**: uses relatively little energy to provide the power it needs.

**Green/Renewable Energy**: energy from a source that is not depleted when used, such as wind or solar power.

T H	low many applian	ces can you think of	•	



Connect the picture to the word





How many watts does each of the applience use per hour?

Iron: Kettle:

Phone: Oven:

The Kettle Effect

Order the events

- 1.
- 2.
- 3.



### Renewable or not





## Watch the video and answer True(T) or False (F)

1. 14% of total emissions comes from operating our homes

T/F

2. Our demand for energy grows by about 3% per year.

T/F

3. At any one time in most households have an average of 3 appliances are left on stand-by.

T/F

4. Heating and cooling account for about 56% of the energy use in a typical home.

T/F



- •
- 1. How long would it take me and 1,999 friends to emit 10bn tons of CO" if we burnt 1 barbecue a second?
- 2. Which country emits the most CO2 emissions?
- 3. Which two countries have the largest population?
- 4. Which country produces the most CO2 per capita (per person)?



What are your top tips?

Make a video and send them over to us on the socials @renewableenglish or with tag us

 ${\it \#RenewableEnglish} \ {\rm or} \ {\rm you} \ {\rm can} \ {\rm email} \ {\rm us} \ {\it harry@renewableenglish.com}$ 



### What they mean

To drip (verb): to shed small drops of liquid.

A leak (noun): to let a fluid substance out or in accidentally.

**Pipes (noun)**: a tube used to convey water, gas, oil, or other fluid substances.

**Drain (noun):** a channel or pipe carrying off surplus liquid, especially rainwater or liquid waste.

**Plug hole (noun)**: a channel or pipe carrying off surplus liquid, especially rainwater or liquid waste.

Water Butt (noun): a large barrel used for catching and storing rainwater.

Ĺĸ.	How many things use water around your house?					



Connect the picture to the word





## Watch the video and answer True(T) or False (F)

1. 95% of the water we use at home goes down the plug hole.

T/F

2. Leaving the tap on while you brush your teeth wastes about 15 litres of water.

T/F

3. One flush of the toilet uses 5 litres of water.

T/F

4. A tap that drips 1 drip per second for a year wastes about 20 bath tubs full of water

T/F



## Task A: Anwser the questions below.

- 1. What inspired shirley to start saving water?
- 2. What are Shirley's top water saving tips?
- 3. Why did Thames water give Shirley a call?
- 4. What does Shirley think when she hears the rain?

### For the full interview check out our YT page and IGTV



## What are your top tips?

- 1.
- 2.
- 3.

Make a video and send them over to us on the socials @renewableenglish or with tag us #RenewableEnglish or you can email us <a href="mailto:harry@renewableenglish.com">harry@renewableenglish.com</a>



Here is the Haiku I wrote with @WordGuerrill.

### Do my jeans match my shirt?

This pair of blue jeans (5 syllables) Costs seven thousand litres (7 syllables) But I look so good (5 syllables)

Why don't you write a Haiku and tag us in it @Renewableenglish or use #RenewableEnglish



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Connect the picture to the word





## Watch the video and answer True(T) or False (F)

- 1. The Co2 emissions used to produce just 1kg of beef **T/F** is the same as burning 7 litres of petrol. **T/F**
- 2. 1 litre of milk uses 1050 litres of water. That's like flushing the toilet more than 100 times. **T/F**
- 3.1 litre of oat milk uses 150 litres. T/F
- 4. Chickens produce around 6.9kgs of CO2 emissions per 1kg of meat. 5 times less than a cow. **T/F**



### What could Estrella have done with all that CO2?

1. How many times could I go from London to Barcelona with the CO2 produced from Estrella's carbon Paw Print?



2. How many times could we drive around the equator?



3. How many years could we heat a typical UK household?





For the full interview check our **YouTube page**.

- A: He took a month off animal products and felt great.
- B: He hates leather shoes.
- C: He saw the damage that had been done to the environment.

## 2) What's his favourite vegan dish to make for other people?

- A: Chips on the seafront.
- B: Hot pumpkin soup.
- C: Papaya salad.

## 3) What are Bob's the three reasons to go vegan?

- 1)
- 2)
- 3)

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My Planet Promise
Write your planet promise below. Remember to send it in to the socials.
l,, promise

#### **CHALLENGE YOURSELF**

**ke a video:** What can you do at home to reduce your Carbon Foodprint?

ngs to consider:

- 1. Where was it grown?
- 2. What can you do to reduce your consumption of animal products?
- 3. Don't forget to write a script and most importantly have fun.

ure to tag us on the socials

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# LESSON 4 What a Waste!



# **Connect the picture to the word** STOCK

**LEFTOVERS** 

**INVENTORY** 

**EDIBLE** 











### Watch the video and answer True(T) or False (F)

- 1. Less than 50% of food thrown away by supermarkets is still edible.
- 2. 1/3 of food we produce is wasted. 1.6 billion tonnes
- 3. 5% of carbon emissions are due to fod waste
- 4. Wasting a burger wastes as much water as a 90 minute shower.



## How to Avoid Food Waste @reducewastenow

- 1. Fruit and veg should be kept together/separate.
- 2. Carrots and Celeey should be kept in water/oil.
- 3. Onions should be kept **close to/away from** potatoes.
- 4. Make an "Eat me **First/Last"** section in your fridge.

# LESSON 4 What a Waste!

## **Interview Time**

1. What is Susanne's main goal?
A: Save Food
B: Save Money
C: Both
2. How long is her challenge?
A: 10 Days
B: 1 Week
C: 6 Weeks
3. What inspired her to start Makeover my Leftover?
A: Seeing how much food is wasted in restaurants.
B: She didn't want to waste money.
C: She loves eating cold food.
4. How much water is wasted if we waste an apple?
A: 5 Gallons.
B: 10 Gallons
C: 25 Gallons

# LESSON 4 What a Waste!



Write your planet promise below. Remember to send it in to the socials.

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#### **CHALLENGE YOURSELF**

Make a video: What can you do at home to reduce your food waste?

Things to consider:

Where do you keep your food?

What can you do with your leftovers?

Don't forget to write a script and most importantly have fun.









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# LESSON 5 The Weekly Shop



Connect the picture to the word.

Landfill

Single-use plastic

Microplastic

Upcycle



What do you remember from the video?

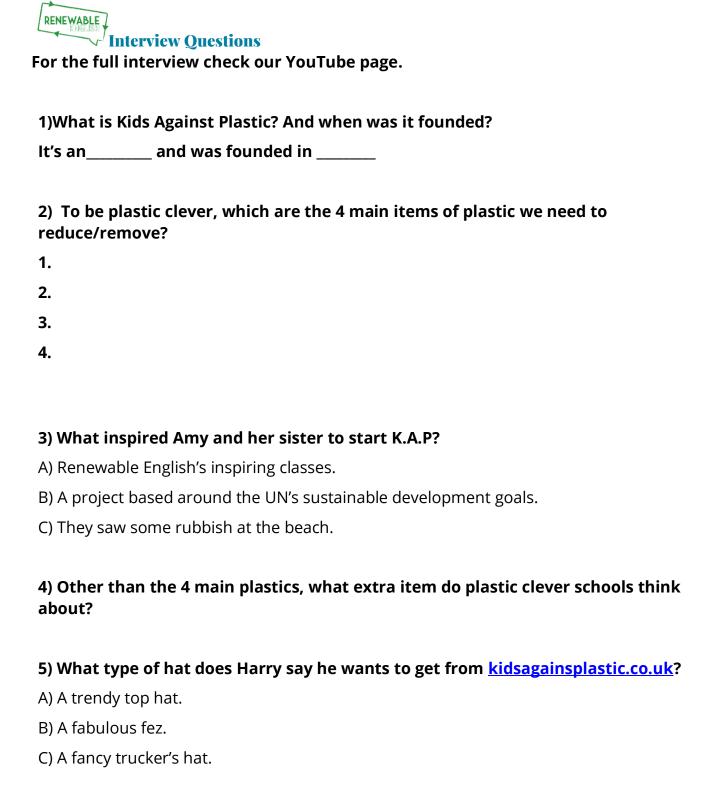




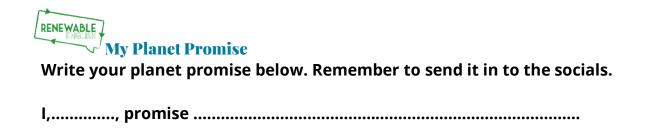
## Watch the video and answer True(T) or False (F)

- 1. A plastic bottle will be around for about 100 years.
- 2. More than **40 percent** of plastic is used just once, then tossed.
- 3. More than **6.3 billion tonnes** of plastic waste has been generated. Around **20%** of that has been recycled, **5%** burnt, and **75%** sent to landfill.

# LESSON 5 The Weekly Shop



# LESSON 5 The Weekly Shop



#### **CHALLENGE YOURSELF**

Make a video:

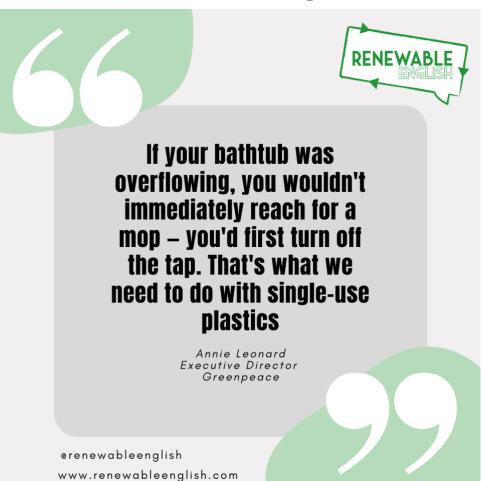
**Upcycle** something old and send us your video.

OR

Go on a litter pick with some friends, show us how much you picked up

Things to consider:

Don't forget your gloves.





### Connect the word to its definition!

Marine Debris A Tiny Piece of plastic

Micro Plastic Rubbish on the floor

Single-Use Plastic Rubbish in the ocean

Litter A plastic you use only once



### Watch the video and answer True(T) or False (F)

- 1. Every day approximately 3 million pieces of plastic pollution find their way into our oceans.(OSPAR, 2009)
- 2. Plastics make up 80% of all marine debris studied.(IUCN, 2020)
- 3. Plastic pollution kills over 100,000 marine mammals and over 1 MILLION sea birds every year. (UK Government, 2018)
- 4. Around 2,000 items of marine plastic pollution have been found per kilometre of beach in the UK. (Marine Conservation Society, 2016)



Can you find 5 spelling errors and 2 word errors in the reading below



4ocean was **founded** in the belief that busines can be a forse for good and that the single actions of individual persons, **collectively**, have the power to change the world.

The team are made up of passionate and hard-working educaters, reserchers, and action-takers who are fighting every single day to end the ocean plastic **crisis**.

Not only do their full-time captains and cruise recover harmful **marine debris** that's already polluting the ocean, rivers, and **coastlines**. They also work to stop plastic pollution at its source by educating people about this global crisis and **empowering** them to end their dependence on single-use plastic.



Match the synonyms below to the words for in bold. There is an extra word!

DAILY		EMERGENCY
TOGETHER	ENABLE	SHORELINE
SEA/OCEAN L	ITTER	ESTABLISHED



For the full interview check our **YouTube channel** 

- 1. What is Kate Nelson also know as?
  - A) Plastic Free Mermaid
  - B) Plastic Free Champion
  - C) Plastic, me? No Plastic Free
- 2. Where does Kate live?
  - A) The Ocean
  - B) Australia
  - C) California
- 3. What does Kate say is the hard part about not buying plastic?

She says the hard part about buying plastic is.....

4. We need to avoid which two things	when talking to people about reducing their
plastics?	

1)

2)

## 5. As a mermaid what does Kate say she is allergic to?

She says she's allergic to .....



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# LESSON 7 Fashion Week





### Connect the word to its definition!

Fast Fashion A Tiny Piece of plastic

Second-hand Rubbish on the floor

Synthetic Fibres Rubbish in the ocean

Consumer A plastic you use only once

# LESSON 7 Fashion Week



### Watch the video and answer True(T) or False (F)

- 1. The fashion industry is responsible for 5% of carbon emissions. Source: UN Environment, 2019
- 2. Fashion is responsible for up to 35% of microplastic that flows into the ocean.

Source: The State of Fashion, McKinsey 2020

- 3. It takes 7,000 litres of water to make a pair of jeans and 2,700 to make a T-shirt Source: Greenpeace
- 4. 9% of industrial water pollution comes from the treating and dyeing textiles.

Source: Greenpeace



### For the full interview check our **YouTube channel**

- 1. What was Cherie's job in fast fashion?
  - A) Creative Director
  - B) Marketing executive
  - C) Buyer
- 2. What did she feel she was creating?
  - D) Amazing clothes
  - E) Waste
  - F) A better planet

# LESSON 7 Fashion Week

3. Why is fast fashion bad for the planet?
She says fast fashion is bad for the planet because
4. What are her top tips to help people stay away from fast fashion?
My Planet Promise Write your planet promise below. Remember to send it in to the socials.  I,, promise
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# LESSON 8 Health and Beauty





### Connect the word to its definition!

Fast Fashion A Tiny Piece of plastic

Second-hand Rubbish on the floor

Synthetic Fibres Rubbish in the ocean

Consumer A plastic you use only once

# LESSON 8 Health and Beauty



Watch the video and answer True(T) or False (F)

1. More than 20 billion units of packaging are produced every year by the global cosmetics industry.

Source: Zero Waste

2. Perfumes, hairsprays and deodorants pollute the environment as much as car emissions.

Source: Science magazine

3. Up to 70% of cosmetic products contain palm oil Source: Slow magazine

4. Plastics and deforestation are the only problems caused by cosmetics.

Source: Cosmetics summit

# LESSON 8 Health and Beauty



For the full interview check our YouTube channel

- 1. What inspired Stella to "go eco"?
  - 1. Toxic products
  - 2. A friend told her to
  - 3. She was against animal testing
- 2. How can we inspire people to use eco-friendly products?
  - 1. Post memes
  - 2. Raise awareness
  - 3. Be an expert
- 3. What was the first thing Stella did to go eco, what was the first step?

Her first step was......

4. Why are traditional beauty products bad for the environment?



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# LESSON 9 Travel and Tourism





### Connect the word to its definition!

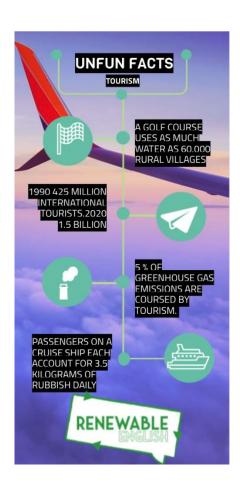
Eco-Tourism A person in a place they don't live

Tourist The easiest way to increase your carbon footprint

Cruise Watching whales

Whale Watching Less damaging than traditional tourism

# LESSON 9 Travel and Tourism





## Are the statements is True(T) or False (F)

- 1. Golf courses us as much water as 15,000 rural villages.
- 2. The number of international tourists has more than trebled in 30 years.
- 3. 5% of Greenhouse gas emission are caused by tourism.
- 4. Each passenger on a cruise creates an average of 2kgs of rubbish A DAY!

# LESSON 9 Travel and Tourism

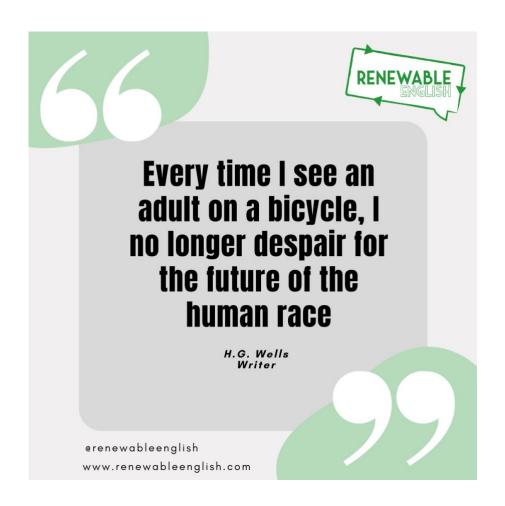


For the full interview check our **YouTube channel**:

1. Where are Eagle Wing Tours"?		
1. Toxic products		
2. A friend told her to		
3. She was against animal testing		
2. What inspired Eagle Wing Tours?		
1. Toxic products		
2. A friend told her to		
3. She was against animal testing		
3. What are the 4 pillars of Eagle Wing Tours?		
4.		
5.		
6.		
7.		
4. What are Eagle Wing Tours doing to be more sustainable?		

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Write your planet promise below. Remember to send it in to	the socials.
I promise	

## LESSON 10 Transport





### Connect the word to its definition!

Diesel and Petrol carbon dioxide released by something

Skint a mixture of solid particles and gases in the air

Co2 emissions to have no money

Air pollution types of fuel

## LESSON 10 Transport





## Is the statement is True(T) or False (F)

- 1. Trains produce 10 times as much co2 as planes.
- 2. Carpooling giant BlaBla Car saved 1.6 million tonnes of co2 in 2018
- 3. Brand new cars produce fewer emissions than older cars.
- 4. 50% of transport emissions come from road transport

# LESSON 10 Transport



F	or the full i	terview check our <u>YouTube channel</u> :				
1. Why did Hattie start cycling"?						
		She loves bikes				
		She hates CO2				
		She was a student and didnt have much money				
2.	What are	the benefits of cycling?				
3.	Which sm	I changes does she talk about?				
R	ENEWABLE ENGLISH					
٧		lanet Promise anet promise below. Remember to send it in to the socials.				
I	,, ß	omise				

## LESSON 11 School





### Connect the word to its definition!

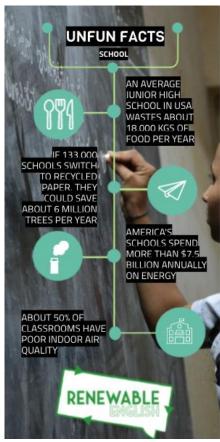
Sheet of paper the food you take to school

Refillable Bottle the thing you write and draw on

Packed Lunch a source of H2O

Water fountain A bottle you can use more than once

## LESSON 11 School





### Are the statements is True(T) or False (F)

- 1. Every school wastes 18,000 kgs of food a year.
- 2. Switching to recycled paper could save 6 million trees
- 3. School spend more on energy than they do on books and computers combined.

## LESSON 11 School



1. W	hat was	Jonathan	the	co-founder	of?
------	---------	----------	-----	------------	-----

- 1. Green Schools
- 2. Green Standard Schools
- 3. The greenest Schools In Town
- 2. When did he come up with the idea of GSS?
  - 7. 2007
  - 8. 2009
  - 9. 2021
- 3. What inspired him?
- 4. What was his greatest achievement?



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## LESSON 12 Celebrations



"I love a good celebration, be it a birthday, mothers' day, an anniversary or just because it's Wednesday. We need to celebrate. Let's just make sure our joy isn't at the cost of the planet's health."

## -Harry Waters (just now)



### Connect the word to its definition!

Party Knives and forks

Bunting Not taking too much food

Portion Control Little flag decorations

Plastic cutlery A great way to celebrate

# **LESSON 12 Celebrations**



1. Who did Fun Frank have a Songversation with?
2. How long is the celebration going to last?
3. What did Kool tell Frank to bring?
4. What are they going to do?
5. What time is it?
6. Who's invited to the celebration?

## LESSON 12 Celebrations

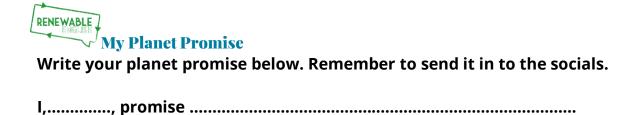


- 1. What was Isabel Mack the founder of?
  - 1. The Party Kit Crew
  - 2. The Party Kit Net Work
  - 3. The greenest Schools In Town
- 2. What is the Party kit network?
  - 10. A non-profit organisation that connects people with reusable party materials.
  - 11. A balloon blowing team
  - 12. A brand new social media.
- 3. What is the biggest area to consider with a sustainable party?
  - 1. Drink
  - 2. Balloons
  - 3. Food
- 4. What are her ideas to replace party bags?



What did Harry do and which charity did he do it for?

# **LESSON 12 Celebrations**



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Thanks for completing the first series of Renewable English.

Series 2 will be taking a closer look at the United Nation's Sustainable Development Goals.

Stay tuned for more updates.

To have your say and join in the conversation, stay in touch across social media

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