

Night of the Living Deads

Friday April 13, 2018

MEET DIRECTOR: Jonathan Heath McGrael - kissimmeemuscle@gmail.com
SPECIAL GUEST: Ernie Lillibridge, Jr. World Record Holding RAW Powerlifter and Redcon1 athlete
EVENT LOCATION: The World Famous Kissimmee Muscle 24 hour Gym
4636 W. Irlo Bronson Memorial Hwy.
Kissimmee, FL 34746

CHECK-IN: Plan to arrive by 8:00 PM to check in

LIFTING SCHEDULE: Friday, April 13, 2018 - Meet Starts at 9:00 PM

UNIFORM (Mandatory): Powerlifting singlet, or shorts, or pants and shirt. Must have long socks and closed-toed, soled shoes for deadlift (deadlift slippers permitted).

CLASSES: We will run a men's and women's class and split classes to lightweight and heavyweight once we reach 10 lifters for men or women respectively.

Women's

- Lightweight – under 165 lbs.
- Heavyweight – over 165 lbs.

Men's

- Lightweight – under 200 lbs.
- Heavyweight – over 200 lbs.

ENTRY FEE: The entry fee must accompany this entry form. Please submit your entry prior to April 6th so as to ensure a place in the meet.

Members: \$15 – includes a free meet T shirt
Non-Members: \$20 – includes a free meet T shirt

AWARDS/PRIZES: Minimum \$300 CASH awards will be presented for top lifters in each category*. Sculpture trophies awarded for top lifters

SPECTATORS: Spectators are encouraged to attend to support their friends & family members participating in the event. Admission is free for Kissimmee Muscle members and \$5 for non – members. We will also be giving door prizes so don't miss out on your chance to win.

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* Minimum of 10 lifters per category required for cash prize.

RETURN ENTRY VIA EMAIL TO: kissimmeemuscle@gmail.com

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Official Entry Form

Last Name _____ First Name _____ MI _____
Address _____
City _____ State _____ Zip Code _____
Home Phone _____ Work Phone _____ Age _____
e-mail _____ Date of Birth _____
In case of emergency, please contact: _____ Phone: _____

DIVISIONS: Select One of EACH LINE

Raw - Belt only

WT. CLASS ENTERED (MEN): _____ Under 200lbs, _____ Over 200lbs

WT. CLASS ENTERED WOMEN: _____ Under 165lbs, _____ Over 165lbs

Men Women Wt Class: _____

WAIVER:

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against Kissimmee Muscle LLC., Kissimmee Muscle Gym, Jonathan Heath McGrael and their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at this event.

Signature _____

KISSIMMEE - FL - USA

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