

MAY 2025

NEWSLETTER

COMMUNITY SERVICE HUB

May saw continued growth in engagement, with both returning faces and new community members joining us. We provided services to 54 individuals, reflecting growing and ongoing community needs.

Key Services & Initiatives

tax season support and practical independence workshops

Navigation assistance with Ontario Works, ODSP, and healthcare providers

E-Fry support sessions and ongoing court advocacy

Our welcoming space continues to offer nutritious meals, comfortable areas for rest, and shelter from unpredictable weather.

Beyond practical assistance, we foster genuine human connection through supportive discussion groups, and skill-building activities.

We remain committed to providing a judgment-free environment where every individual is welcomed exactly as they are, finding both essential services and compassionate peer support.

FAMILY AND COMMUNITY SUPPORT

A client reunited with their mom for a meaningful visit. Additionally, a friend of No More Tears West Nipissing provided temporary shelter and veterinary/grooming care to help clients get back on their feet.

SUPPLY DISTRIBUTION

This month we distributed essential items to community members in need, including 56 pairs of socks, 11 blankets, 2 tents, 47 food packs, medical supplies, clothing, backpacks filled with essentials and much more. These resources provide immediate comfort and support, helping individuals maintain dignity and basic necessities during challenging times.

COMMUNITY SOUP KITCHEN

Our soup kitchen provided nourishment and community connection throughout May:

May 14th We served 36 individuals sweet and sour meatballs with oven fried rice, plus potato chips, candy packs, and beverages including juice, coffee, and tea.

May 28th 22 community members joined us for hearty chili with fresh buns, remaining potato chips and candy packs, along with juice, coffee, and tea.

These meals create meaningful opportunities for fellowship and support. Thank you to our dedicated volunteers who make these gatherings possible.



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OUTREACH

Throughout May, our outreach efforts continued to bring essential support directly to community members wherever they needed it most. Our dedicated team provided services beyond our hub location through:

Healthcare Support - Accompanying clients to medical appointments and emergency room visits to advocate for appropriate care

Crisis Response - Delivering immediate assistance when contacted by clients, medical facilities, or emergency services

Housing Support - Regular check-ins and ongoing assistance for clients in our temporary accommodation program

Transportation Services - Coordinating vital travel to shelters, treatment facilities, and court appearances
Resource Navigation - Helping clients access and understand available community services

Each outreach contact demonstrates our commitment to providing reliable support through both routine needs and urgent situations, ensuring no one faces challenges alone.

EMPLOYMENT AND HOUSING

Two clients secured employment this month, taking important steps toward independence. One individual was accepted into Northern Pines in North Bay, a transitional housing program that helps people experiencing homelessness transition to independent living

RECOVERY JOURNEY

Our community members in rehabilitation facilities continue showing remarkable strength and commitment to their recovery, inspiring us all. While they focus on healing, No More Tears maintains contact and support, ensuring they know we're here when they're ready to return to the community.

We extend our sincere appreciation to our donors, volunteers, community alliances, and the broader community for their unwavering support. Your generosity, dedication, and collaboration are the cornerstones of our success.



VOLUNTEER SPOTLIGHT

RICK AND BLANCHE

This month, we celebrate two truly incredible volunteers—Rick and Blanche! Not only do they pour their hearts into serving our community, but they also set the bar high for volunteer fitness goals. Forget "walking the extra mile"—these two are walking all the miles!

Rick and Blanche have turned our soup kitchen into their personal training ground, making sure they clock in a whopping 20,000 steps every single day. From parking at the library just to sneak in a few more strides to taking the scenic route to the dish bin, they've perfected the art of combining service with step-count supremacy. And let's not forget their playful rivalry—if Rick gets a few extra laps in, you can bet Blanche is right behind him, ready to reclaim her title as step-count champion.

Beyond their impressive commitment to movement, Rick and Blanche bring warmth, kindness, and laughter to our kitchen. Their dedication, humility, and competitive enthusiasm inspire us all. Thank you, Rick and Blanche, for being the heart (and fast-moving feet) of our team! We appreciate every step you take—literally!

