



SCARED-5

Name: _____ Name: _____ Date: _____

Please fill in the circle that best describes you over the past 3 months.

	Not True/Hardly Ever True 0	Sometimes True 1	Very True/ Often True 2
I get really frightened for no reason at all.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am afraid to be alone in the house.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People tell me that I worry too much.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am scared to go to school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am shy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Thanks for completing this screening tool.

www.psyched4peds.com

Total scores of 3 or higher are considered positive screens.

For more information about anxiety in kids, listen to PsychEd4Peds, the child mental health podcast for pediatric clinicians.

Birmaher B, Brent D, Chiapetta L, Bridge J, Monga S, Baugher M: Psychometric Properties of the Screen for Child Anxiety Emotional Disorders (SCARED): A Replication Study, J. Am. Acad. Child Adolesc. Psychiatry, 1999; 38(10): 1230-1236. Sensitivity is 74% and the specificity is 73%.