

ANXIETY, DEPRESSION MEDICATION: PEDIATRIC DOSING (MG)



	STARTING DOSE*	DEPRESSION DOSE	ANXIETY DOSE	NOTES
FLUOXETINE (Prozac)	10	10-20	30-40	activating FDA-approved: 8+ depression
SERTRALINE (Zoloft)	25	25-50	100-150	sedating (qhs) best evidence for anxiety
CITALOPRAM (Celexa)	10	10-20	30-40	few med interactions
ESCITALOPRAM (Lexapro)	5	5-10	15-20	FDA-approved: 7+ anxiety 12+ depression

*WAIT 4 WEEKS BEFORE INCREASING BY THIS DOSE INCREMENT;
FOR KIDS <10, CONSIDER STARTING AT 1/2 DOSE