

ECLS in Severe ARDS Secondary to Covid-19  
Pneumonia COVID: Lessons Learned  
What worked and what didn't work?

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# Disclosures

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Abbott	Investigator
Syncardia	MAB
M3	MAB
Fresenius	MAB

# COVID-19 Snapshot



COVID-19 Dashboard by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)



Last Updated at (M/D/YYYY)  
11/18/2021, 6:21 AM

Total Cases

47,421,879

Total Deaths

767,439

Total Vaccine Doses Administered

442,912,081

28-Day Cases

2,153,094

28-Day Deaths

34,229

28-Day Vaccine Doses Administered

29,088,188

Cases | Deaths by

Country/Region/Sovereignty

US

28-Day: 2,153,091 | 34,197  
Totals: 47,421,879 | 767,439

United Kingdom

28-Day: 1,094,541 | 4,355  
Totals: 9,725,570 | 143,801

Russia

28-Day: 1,057,203 | 31,909  
Totals: 9,063,318 | 255,448

Germany

28-Day: 783,470 | 3,658  
Totals: 5,213,791 | 98,544

Turkey

28-Day: 738,847 | 5,928  
Totals: 8,482,956 | 74,202

Ukraine

28-Day: 614,742 | 17,733  
Totals: 3,440,602 | 84,393

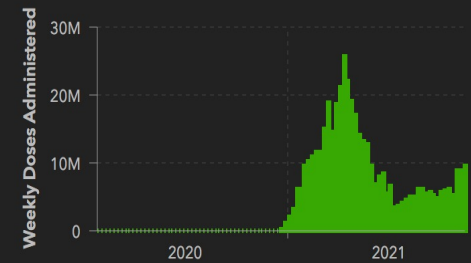
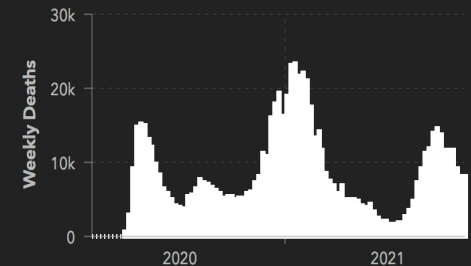
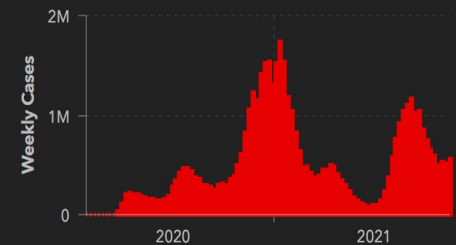
India

28-Day: 251,067 | 111,912



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# New Admissions of Patients with Confirmed COVID-19, United States

## Aug 01, 2020 - Nov 16, 2021



**3,331,715**

Total Admissions  
Aug 01, 2020 - Nov 16, 2021

**5,456**

Current 7-Day Average  
Nov 10, 2021 - Nov 16, 2021

**5,176**

Prior 7-Day Average  
Nov 03, 2021 - Nov 09, 2021

**16,478**

Peak 7-Day Average  
Jan 03, 2021 - Jan 09, 2021

**+5.4%**

Percent change from prior 7-day  
avg. of Nov 03, 2021 - Nov 09, 2021

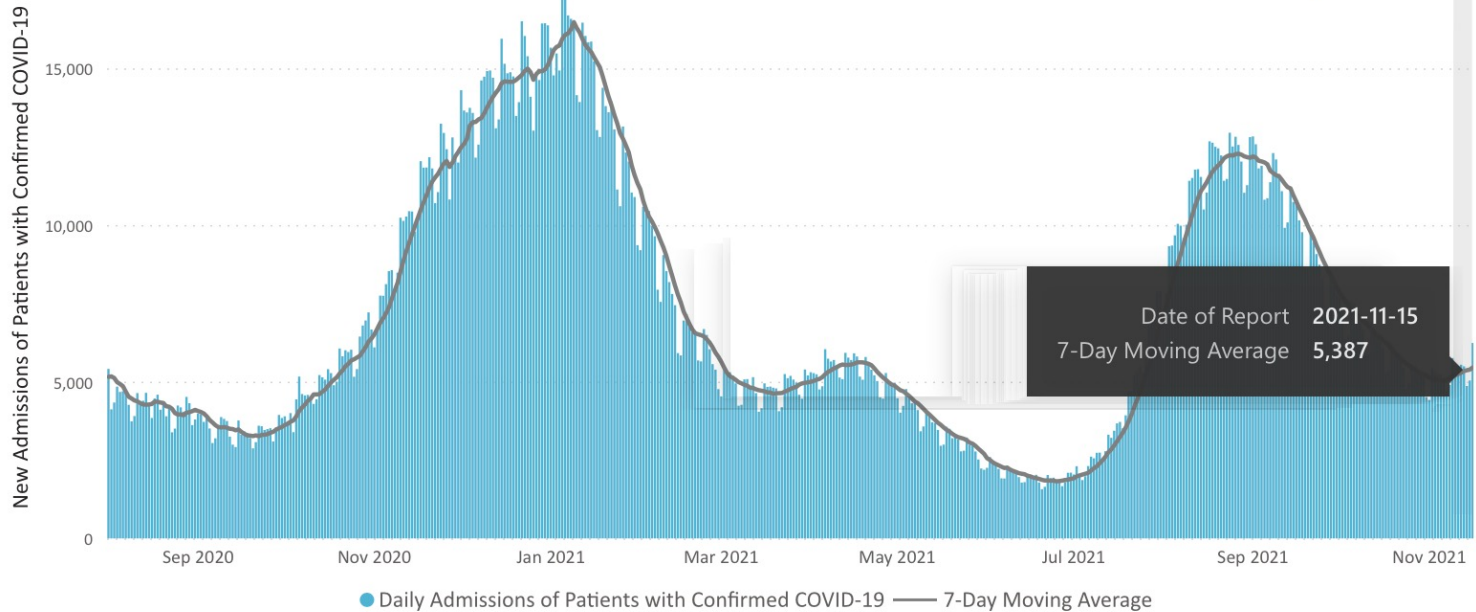
**-66.9%**

Percent change from peak 7-day  
avg. of Jan 03, 2021 - Jan 09, 2021

By Jurisdiction and Age Group | **By Jurisdiction**

Select a Jurisdiction

United States



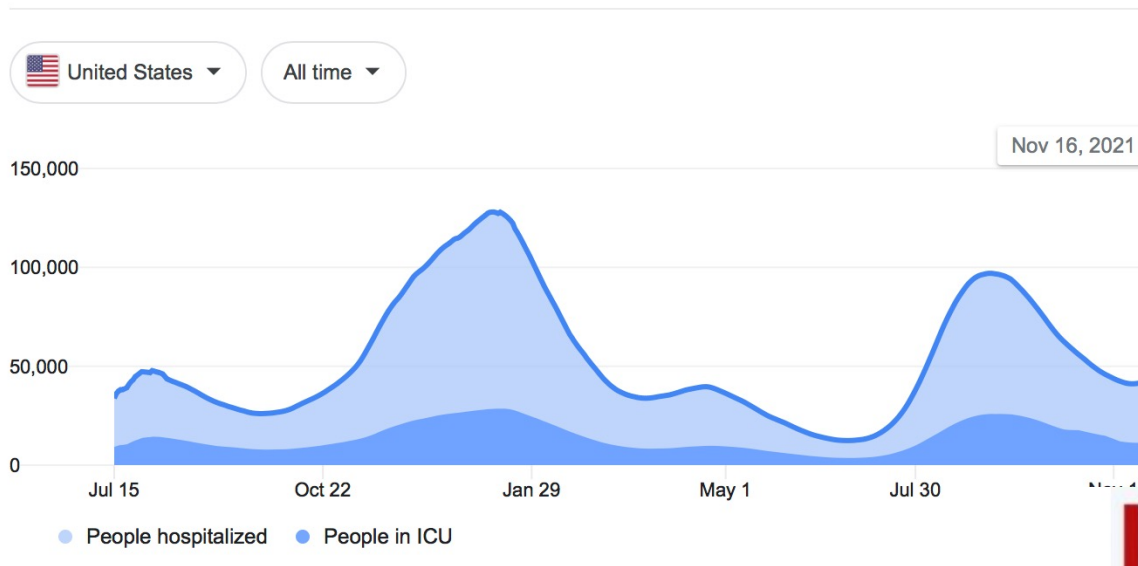
Based on reporting from all hospitals (N=5,258). Due to potential reporting delays, data reported in the most recent 7 days (as represented by the shaded bar) should be interpreted with caution. Small shifts in historic data may occur due to changes in the CMS Provider of Services file, which is used to identify the cohort of included hospitals. Data since December 1, 2020 have had error correction methodology applied. Data prior to this date may have anomalies that are still being resolved. Data prior to August 1, 2020 are unavailable.

Last Updated: Nov 18, 2021

Unified Hospital Dataset, White House COVID-19 Team, Data Strategy and Execution Workgroup

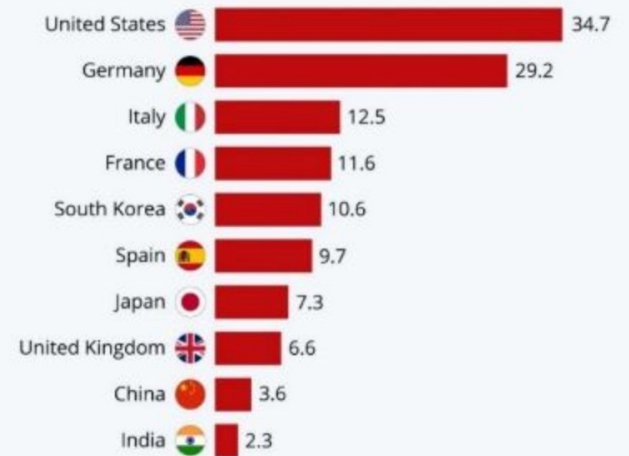
# Hospitalizations

From [Our World in Data](#) · Last updated: 15 hours ago · Based on 7-day average



## The Countries With The Most Critical Care Beds Per Capita

Total number of critical care beds per 100,000 inhabitants in selected countries\*



\* Most recent U.S. and EU data from 2009 and 2012 respectively. Asian data is from 2017.

Sources: National Center for Biotechnology Information, Intensive Care Medicine (journal), Critical Care Medicine (journal)



# COVID-19 Snapshot - USA

- Total cases: > 47 Mi. JHU
- Deaths: > 700,000 (1.5%) JHU
- Total hospital admissions: > 3 Mi. (Aug 01.20-Nov.17.21) CDC
- 20%-30% from hospitalized patients required ICU admission
- Total number of staffed hospital beds: 919,000 AHA
- Critical care beds: 110,000 AHA

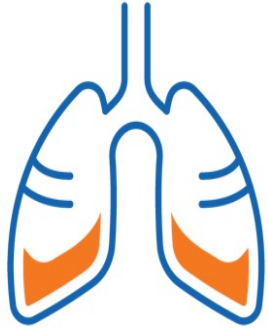
# Management Approaches

- Many patients with COVID-19 do not require hospitalization<sup>1</sup>
- Severe cases often require patient hospitalization and ICU management<sup>1</sup>
- Approximately 15-30% of patients with COVID-19 develop ARDS<sup>2</sup>
  - May be refractory to conventional approaches
- Conventional approaches<sup>1</sup>
  - High-flow oxygen
  - Mechanical ventilation
  - Prone positioning
- Additional treatment approaches may be required when conventional management is not adequate<sup>2</sup>

<sup>1</sup>Lorusso R, et al. Intensive Care Med. 2021;47(3):344-8.

<sup>2</sup>Huang S, et al. BMC Pulm Med. 2021;21:116.

# Covid-19 Disease: Challenges



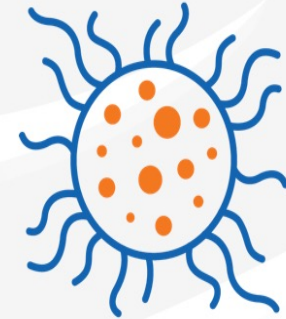
Progressive hypoxemic  
respiratory failure



Hypercoagulability/  
Pulmonary embolism



Cardiac injury/  
toxicity



Immune  
abnormalities



Stroke



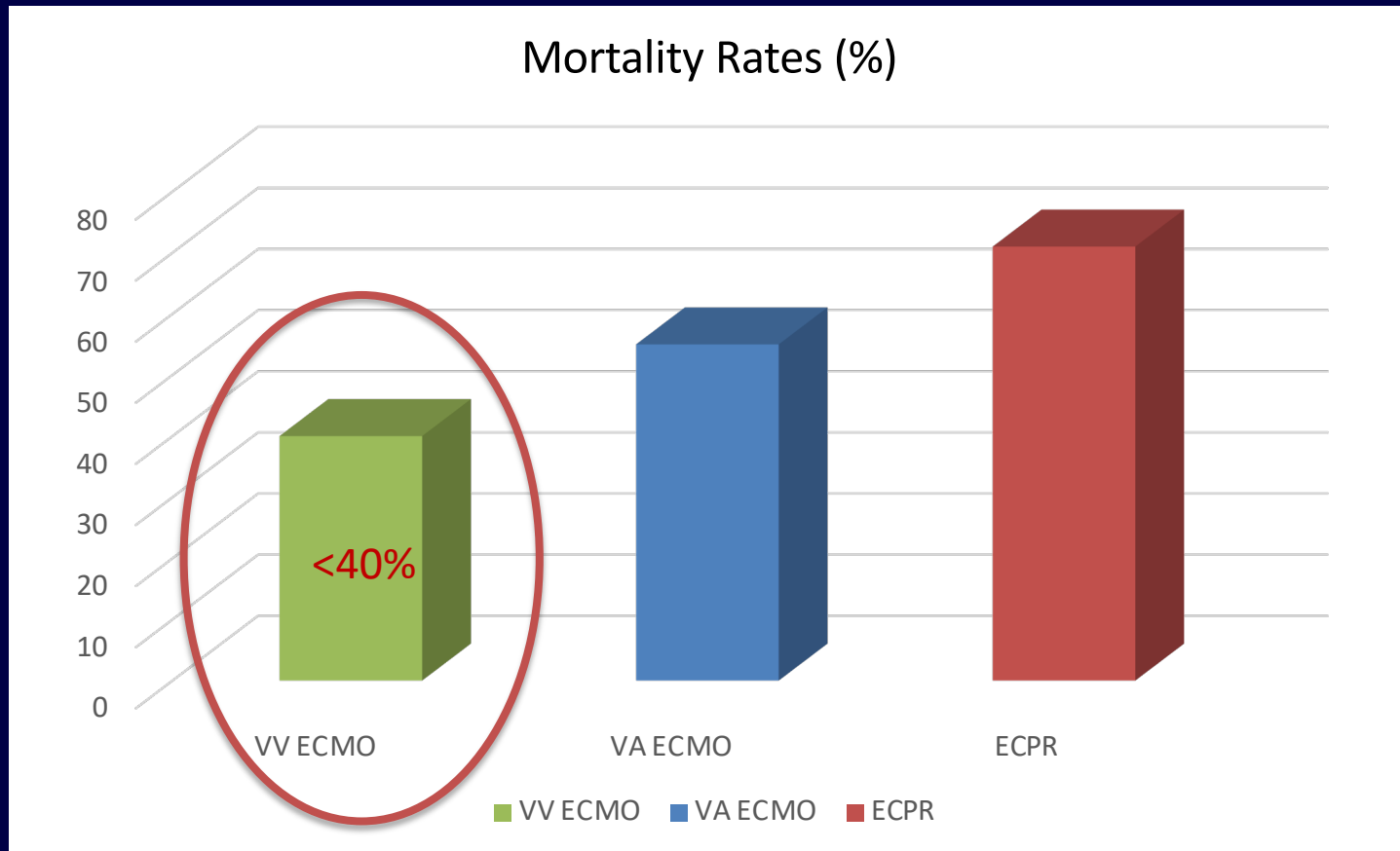
AKI



Hepatic dysfunction



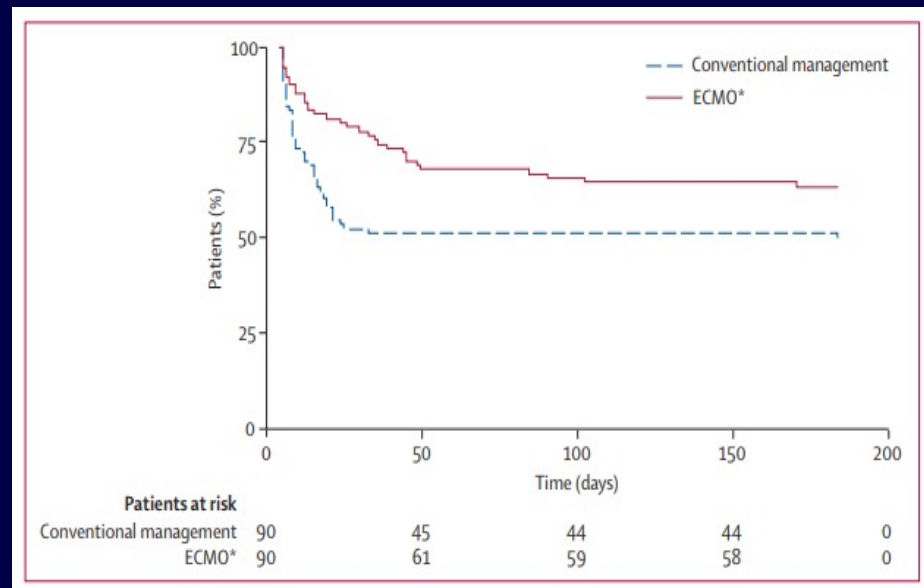
# Pre-Pandemic ECMO Utilization in Severe ARDS Outcomes



- Badulak J, et al. ASAIO Journal. February 26, 2021.

# CESAR Study

- Multicenter randomized controlled trial comparing ECMO with conventional management for severe ARDS\*
  - 90 patients randomized to consideration of ECMO (68 actually received)
    - 63% (57/90) of these patients achieved 6-month survival without disability
  - 90 patients randomized to conventional management
    - 47% (41/87) of these patients achieved 6-month survival without disability
  - No standardized protocol in conventional management group

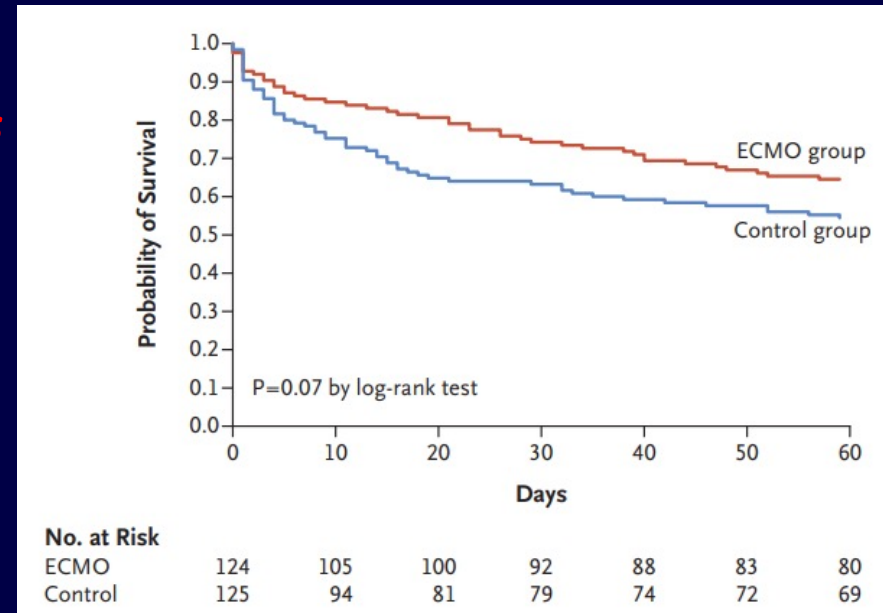


Kaplan-Meier Survival Estimates

\*Murray score >3.0 or pH <7.20

# EOLIA Study

- Landmark study of ECMO for the management of patients with ARDS
- 249 patients randomized (124 to ECMO group, 125 to control group)
  - **60-day mortality was 35% for patients in ECMO group versus 46% with conventional management**
    - (RR 0.76, 95% CI 0.55-1.04,  $P = 0.09$ )
  - HR for death within 60 days (ECMO compared with control group)
    - 0.70 (95% CI 0.47-1.04,  $P = 0.07$ )
  - Limitations:
    - Stopped before reaching maximum sample size
    - 28% crossover rate in control group
    - Patient population from ECMO centers and non-ECMO centers
    - Likely underpowered for assessment of mortality 20% lower in ECMO group than in conventional group



# Early Experience from Wuhan, China



- 52 patients with COVID-19<sup>1</sup>
  - 37 patients had mechanical ventilation
    - 7 survivors
  - 6 patients had ECMO
    - 1 survivor
  - Limitations: small cohort, retrospective study, some ICU data incomplete
- 191 patients with COVID-19<sup>2</sup>
  - 26 patients had non-invasive mechanical ventilation
    - 2 survivors
  - 32 patients had invasive mechanical ventilation
    - 1 survivor
  - 3 patients had ECMO
    - 0 survivors
  - Limitations: retrospective study, some patients transferred late in course of illness, limited estimation of viral shedding duration, case fatality ratio does not reflect true mortality of COVID, limited sample size

Yang X, et al. Lancet Respir Med. 2020;8(5):475-81.

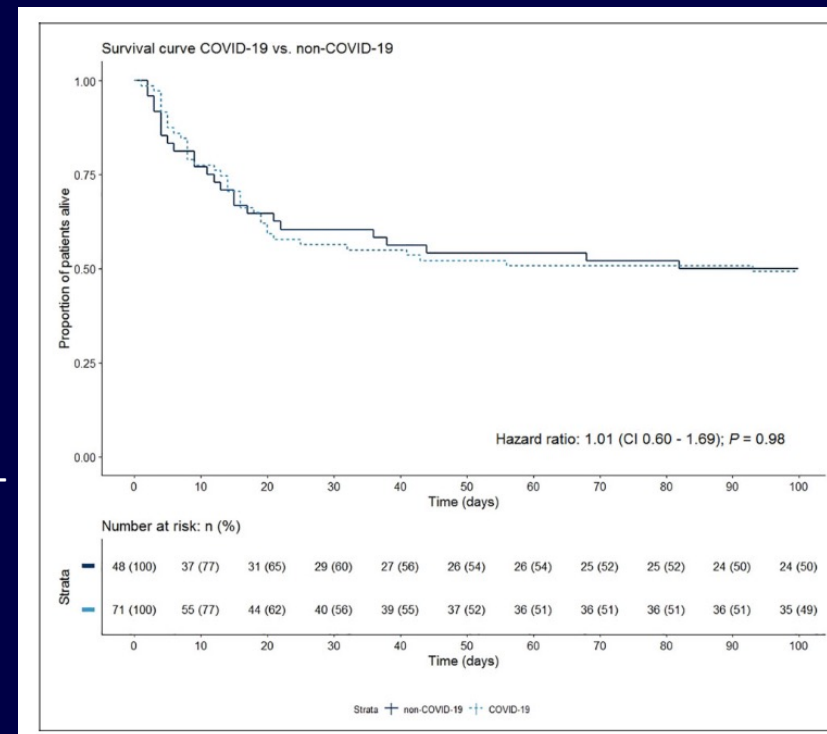
Zhou F, et al. Lancet. 2020;395(10229):1054-62.

# French Experience

- Multicenter retrospective study of ECMO in 83 patients with severe COVID-19 related ARDS
  - 34 patients returned to home
  - 14 patients hospitalized/in rehab out of ICU
  - 4 patients in ICU and off ECMO
  - 1 patient still on ECMO
  - 30 deaths
- ***Estimated probability of 60-day mortality: 31%***
- Baseline mean PaO<sub>2</sub>/FiO<sub>2</sub> ratio of 62 mmHg was lower than EOLIA or LIFEGARD
- Limitations: patients treated in high-volume ECMO center, limited outcomes and other data collection, possible selection/information bias with limited cohort, lack of comparison with patients not treated with ECMO

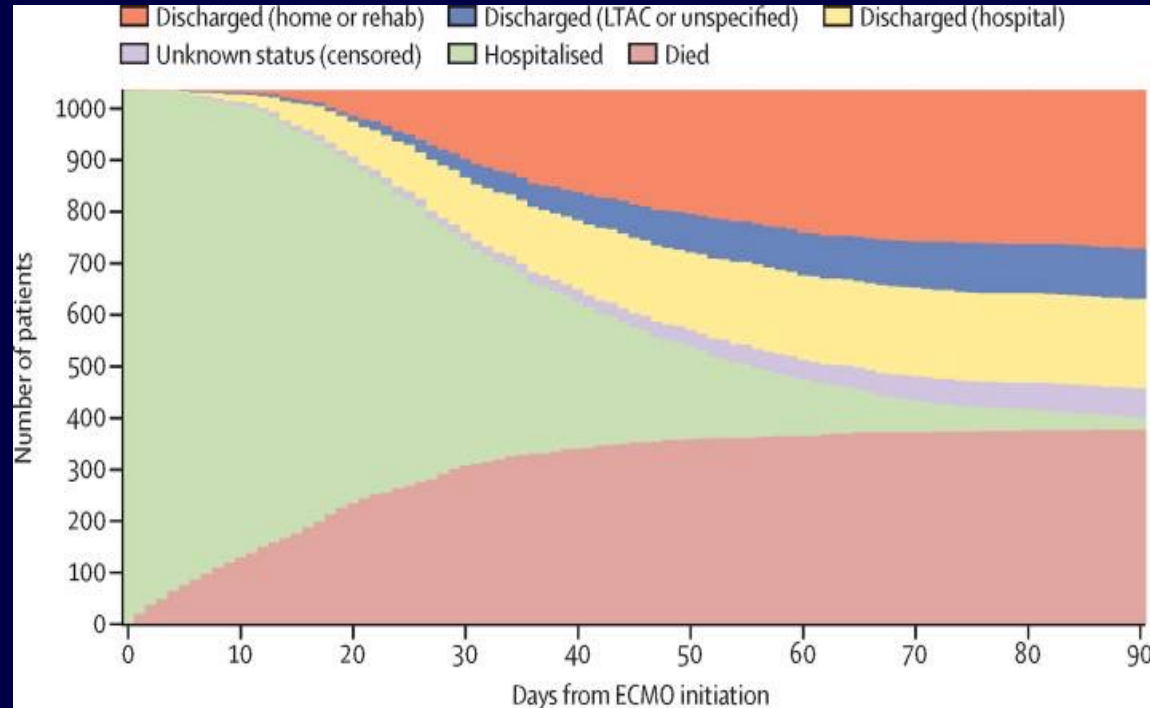
# ETALON Study

- Retrospective study of ECMO outcomes in patients with refractory ARDS
  - 71 with COVID-19
  - 48 without COVID-19
- **28-day mortality in patients with COVID-19: 37%**
  - **27% in patients without COVID-19**
  - Not statistically significant
  - Difference resolved at 100-day mark
- Authors concluded ECMO could be considered in supportive role for patients with refractory COVID-19 associated ARDS
- Limitations: observational nature of study, different time frames for patients with and without COVID on ECMO (possible variation in levels of care), lack of functional outcome data

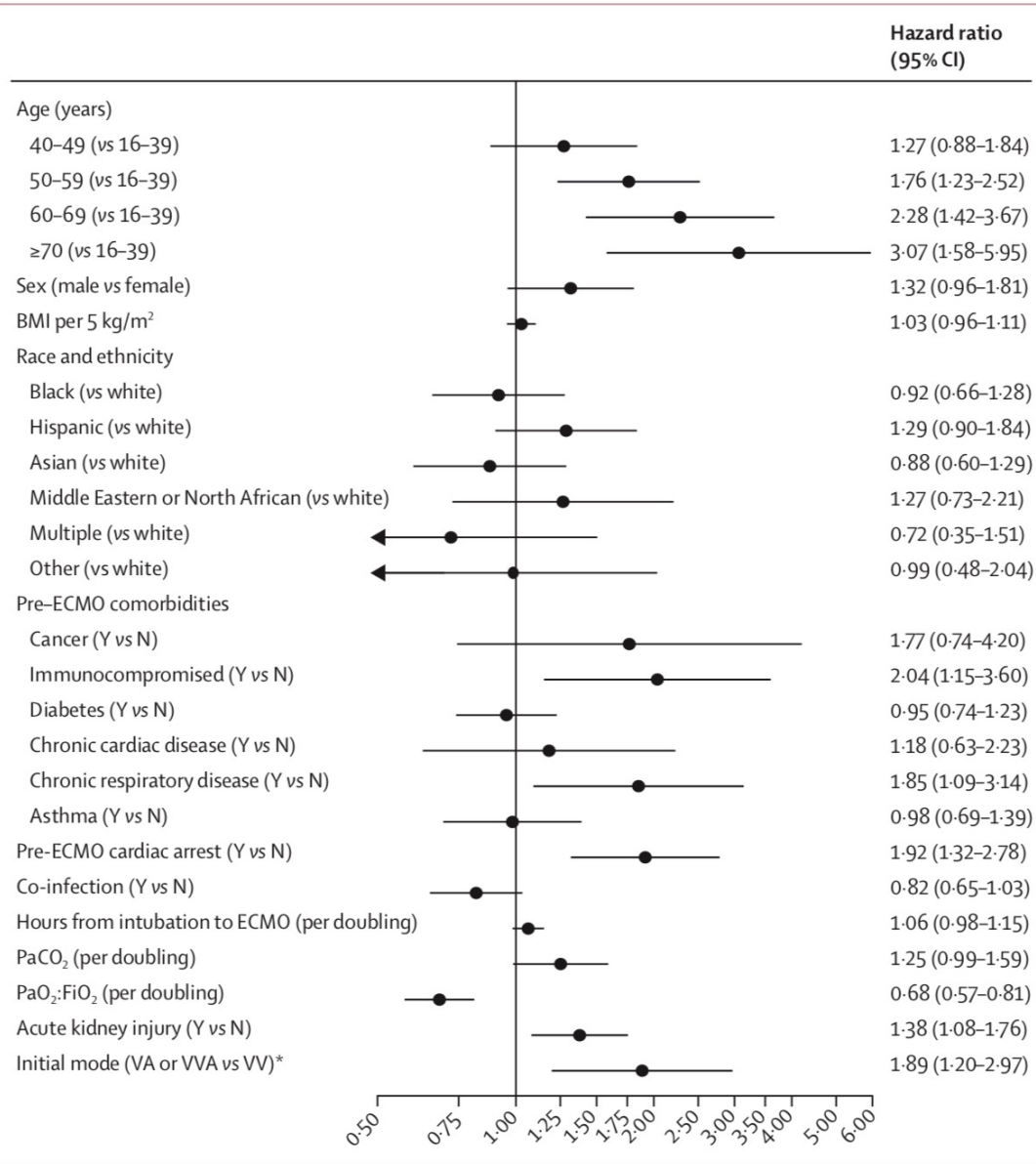


# ELSO Registry Study

- Incorporated international data from 1035 patients with COVID-19 who received ECMO<sup>1</sup>
  - **For patients with ARDS: in-hospital mortality was 38.0%**
  - Estimated in-hospital mortality 90 days after starting ECMO: 37.4%
- Results comparable to earlier studies of ECMO for patients with ARDS who did not have COVID-19<sup>1</sup>



<sup>1</sup>Barbaro RP, et al. Lancet. 2020;396(10257):1071-8.



**Figure 3: Cox model for factors associated with in-hospital mortality in patients with COVID-19 supported with ECMO**

BMI=body-mass index. ECMO=extracorporeal membrane oxygenation. PaCO<sub>2</sub>=partial pressure of arterial carbon dioxide. PaO<sub>2</sub>:FiO<sub>2</sub>=ratio of the partial pressure of arterial oxygen to the fraction of inspired oxygen.

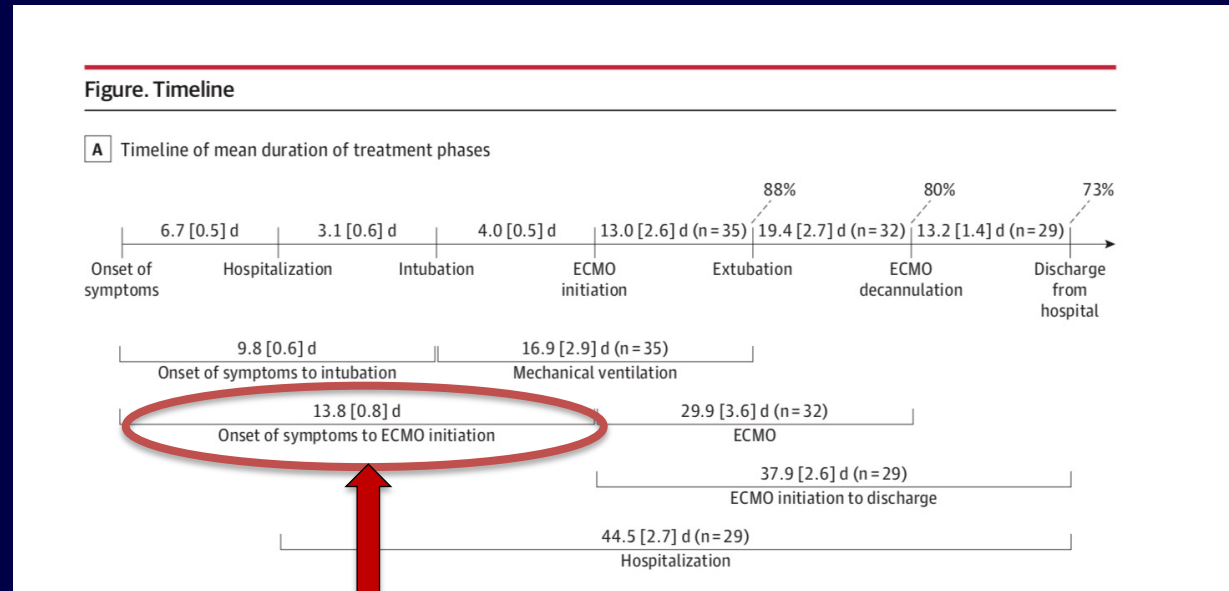
VA=venoarterial. VV=venovenous. VVA=venovenoaerial. \*Dataset of 1031 patients; four observations were excluded due to having an initial cannulation mode that was not venovenous, venoarterial, or venovenoaerial.



# Extracorporeal Membrane Oxygenation for Patients With COVID-19 in Severe Respiratory Failure

Asif K. Mustafa; et al

- N=40 patients
- EOLIA trial entry criteria
- 2- center Experience
- Onset of symptoms to ECMO: 13.8 days
- Single site access (RA-PA)
- Early Extubation
- Excellent outcomes
- Limitations:
  - Early reports
  - Retrospective study
  - No control group
  - Low number of patients



# Cytokine adsorption in patients with severe COVID-19 pneumonia requiring extracorporeal membrane oxygenation (CYCOV): a single center, open-label, randomized, controlled trial

- 34 patients
- 17 patients in each group
- Median IL-6 decreased from 357.0 pg/mL to 98.6 pg/mL in Cytokine adsorption group
- Median IL-6 decreased from 289.0 pg/mL to 112.0 pg/mL in the control group after 72 h
- Adjusted mean log IL-6 concentrations after 72 h were 0.30 higher in the cytokine adsorption group,  $p=0.54$ )
- Survival after 30 days was three (18%) in the cytokine adsorption group and 13 (76%) in the control group ( $p=0.0016$ )

## Conclusions

Early initiation of cytokine adsorption in patients with severe COVID-19 and venovenous ECMO did not reduce serum IL-6 and had a negative effect on survival. Cytokine adsorption should not be used during the first days of ECMO support in COVID-19

# Clinical outcomes of severe COVID-19 patients receiving early VV-ECMO and the impact of pre-ECMO ventilator use

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## Abstract

Acute respiratory distress syndrome (ARDS) in COVID-19 patients is associated with poor clinical outcomes and high mortality rates, despite the use of mechanical ventilation. Veno-Venous Extracorporeal membrane Oxygenation (VV-ECMO) in these patients is a viable salvage therapy. We describe clinical outcomes and survival rates in 52 COVID-19 patients with ARDS treated with early VV-ECMO at a large, high-volume center ECMO program. Outcomes included arterial blood gases, respiratory parameters, inflammatory markers, adverse events, and survival rates. Patients' mean

**Table 3.** Multivariable logistic regression association of pre-ECMO ventilator days and mortality.

Predictor variables	aOR	95% CI
Pre-ECMO ventilator days	<b>1.31</b>	<b>1.00–1.70</b>
Post-ECMO ventilator days	<b>1.03</b>	<b>1.00–1.07</b>
Age	1.03	0.97– 1.09
Female	0.82	0.21–3.26
BMI	1.11	0.98–1.25
Number of comorbid conditions	1.98	0.85–4.63

aOR: adjusted odds ratio.

Number of comorbid conditions was constructed as a continuous measure from presence of hypertension, diabetes, and asthma and summed for each patient to calculate total number of comorbidities, that ranged from zero to three.

Bold indicates that the variables are statistically significant at *p*-value less than 0.05.

- A single center experience, 52 patients, Mean age:  $48 \pm 12$ , mean BMI:  $32 \pm 0.6$   
12 patients were placed on ECMO prior intubation with 75% survival to discharge vs 50%  
In the other group
- Pre-ECMO ventilator days was significantly associated with a 31% increased odds of mortality (aOR=1.31, 95% CI, 1.00–1.70) in a multivariable logistic regression model adjusted for age, gender, BMI,



Contents lists available at [ScienceDirect](#)

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journal homepage: [www.jcvaonline.com](http://www.jcvaonline.com)



Original Research

# Persistent Right Ventricle Dilatation in SARS-CoV-2–Related Acute Respiratory Distress Syndrome on Extracorporeal Membrane Oxygenation Support

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Filippo Soggi, MD,, Adriano Peris, MD

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# RV Dysfunction in Covid 19 related ARDS patients requiring VV ECMO

- 35 patients with COVID-related ARDS requiring ECMO
- Serial echocardiographic examination
- RvDys was defined as  $\text{RV end-diastolic area/LV end-diastolic area} > 0.6$  and tricuspid annular plane excursion  $< 15$  mm
- The incidence of RvDys was 15/35 (42%)
- RvDys patients underwent ECMO support after a longer period of mechanical ventilation ( $p = 0.006$ ) and exhibited a higher mortality rate ( $p = 0.024$ ) than those without RvDys.



# Extracorporeal membrane oxygenation for COVID-19: evolving outcomes from the international Extracorporeal Life Support Organization Registry

Ryan P Barbaro\*, Graeme MacLaren\*, Philip S Boonstra, Alain Combes, Cara Agerstrand, Gail Annich, Rodrigo Diaz, Eddy Fan, Katarzyna Hryniewicz, Roberto Lorusso, Matthew L Paden, Christine M Stead, Justyna Swol, Theodore J Iwashyna†, Arthur S Slutsky†, Daniel Brodie†, for the Extracorporeal Life Support Organization

## Summary

*Lancet* 2021; 398: 1230–38

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See [Comment](#) page 1197

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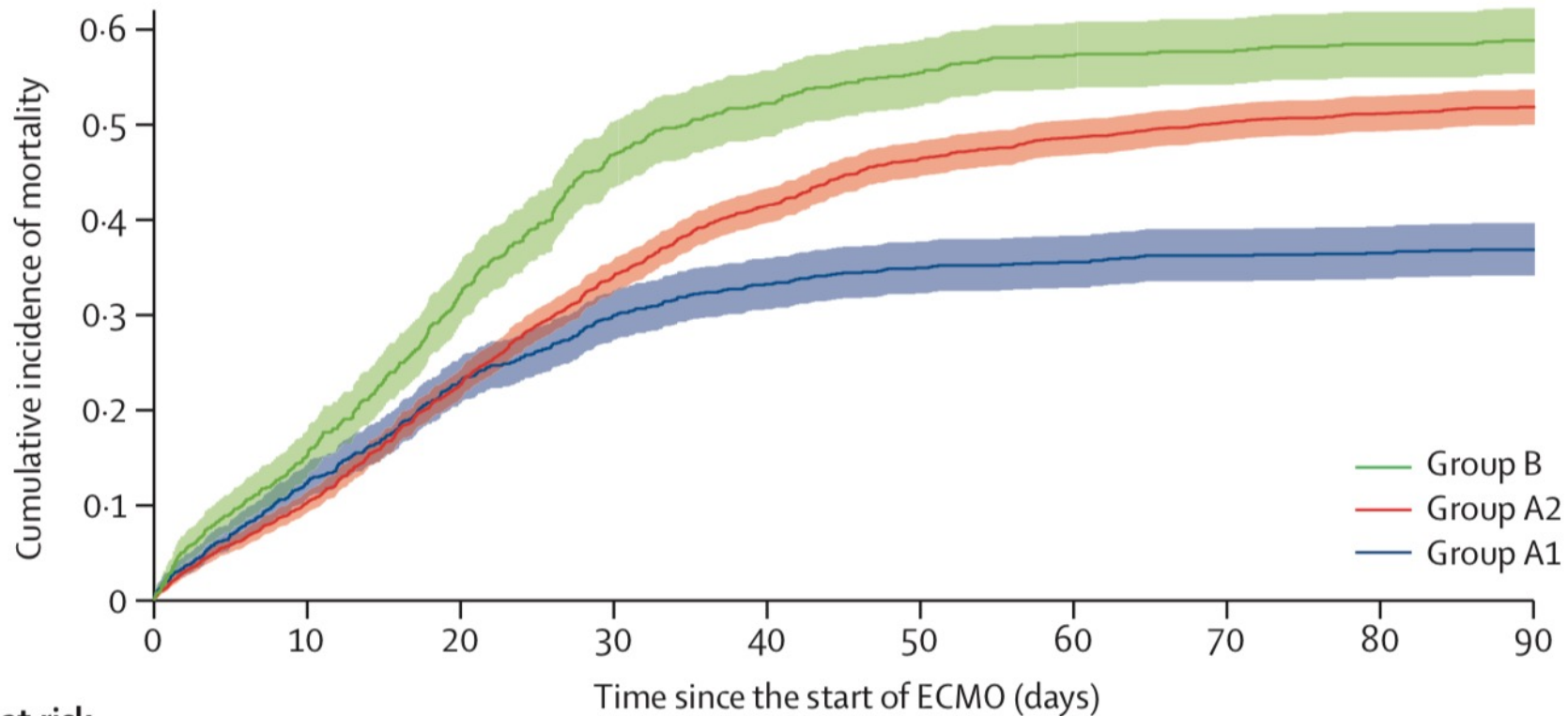
**Background** Over the course of the COVID-19 pandemic, the care of patients with COVID-19 has changed and the use of extracorporeal membrane oxygenation (ECMO) has increased. We aimed to examine patient selection, treatments, outcomes, and ECMO centre characteristics over the course of the pandemic to date.

**Methods** We retrospectively analysed the Extracorporeal Life Support Organization Registry and COVID-19 Addendum to compare three groups of ECMO-supported patients with COVID-19 (aged  $\geq 16$  years). At early-adopting centres—ie, those using ECMO support for COVID-19 throughout 2020—we compared patients who started ECMO on or before May 1, 2020 (group A1), and between May 2 and Dec 31, 2020 (group A2). Late-adopting centres were those that provided ECMO for COVID-19 only after May 1, 2020 (group B). The primary outcome was in-hospital mortality in a time-to-event analysis assessed 90 days after ECMO initiation. A Cox proportional hazards model was fit to compare the patient and centre-level adjusted relative risk of mortality among the groups.

**Findings** In 2020, 4812 patients with COVID-19 received ECMO across 349 centres within 41 countries. For early-adopting centres, the cumulative incidence of in-hospital mortality 90 days after ECMO initiation was 36·9% (95% CI 34·1–39·7) in patients who started ECMO on or before May 1 (group A1) versus 51·9% (50·0–53·8) after May 1 (group A2); at late-adopting centres (group B), it was 58·9% (55·4–62·3). Relative to patients in group A2, group A1 patients had a lower adjusted relative risk of in-hospital mortality 90 days after ECMO (hazard ratio 0·82 [0·70–0·96]), whereas group B patients had a higher adjusted relative risk (1·42 [1·17–1·73]).

**Interpretation** Mortality after ECMO for patients with COVID-19 worsened during 2020. These findings inform the role of ECMO in COVID-19 for patients, clinicians, and policy makers.

**Funding** None.



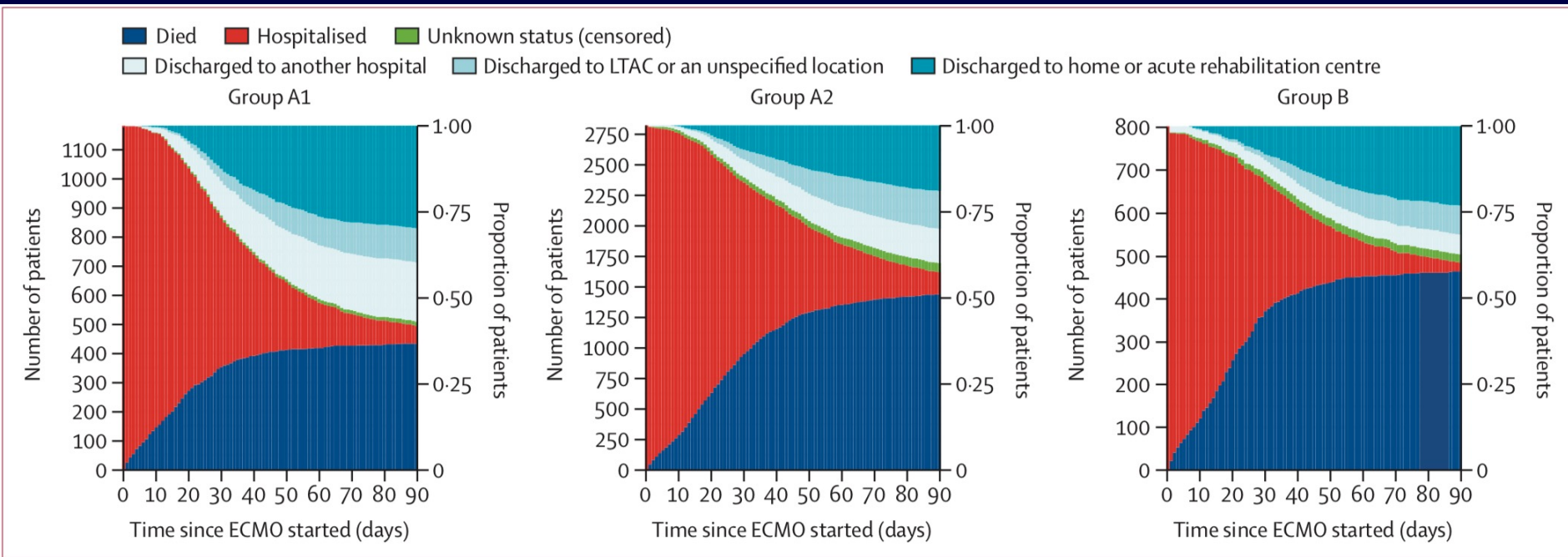
**Number at risk**

Group B	803	646	475	303	202	132	82	56	37	21
Group A2	2824	2471	1950	1404	1014	696	496	358	256	182
Group A1	1182	1012	765	513	348	234	156	110	84	60

**Figure 1: Cumulative incidence of mortality after ECMO initiation**

ECMO=extracorporeal membrane oxygenation. Group A1 patients started ECMO on or before May 1, 2020, at early-adopting centres. Group A2 patients started ECMO between May 2 and Dec 31, 2020, at early-adopting centres,. Group B patients received ECMO at late-adopting centres, which only provided ECMO for COVID-19 after May 1, 2020.





**Figure 3: Stacked bar plots of disposition for ECMO for COVID-19 among three cohorts**

Group A1 patients started ECMO on or before May 1, 2020, at early-adopting centres. Group A2 patients started ECMO after May 1 at early-adopting centres. Group B patients received ECMO at late-adopting centres, which only provided ECMO for COVID-19 after May 1, 2020. Unknown status (censored) refers to patients who, as of June 9, 2021, did not meet one of the following three criteria: died, discharged alive, or survived at least 90 days after ECMO started. Hospitalised patients are those who, as of June 9, 2021, are still in the hospital where ECMO support was started. ECMO=extracorporeal membrane oxygenation. LTAC=long-term acute care centre.

	Group A1	Group A2	Group B	p value: A1 vs A2	p value: A2 vs B
Participants	1182	2824	806	..	..
Pre-intubation non-invasive ventilation*	689 (58%)	2139 (76%)	564 (70%)	<0.001	0.16
Bilevel positive airway pressure	202 (17%)	939 (33%)	313 (39%)	<0.001	0.18
Continuous positive airway pressure	158 (13%)	385 (14%)	73 (9%)	1.00	0.19
High-flow nasal cannula	420 (36%)	1463 (52%)	341 (42%)	<0.001	0.036
More than one non-invasive support	83 (7%)	592 (21%)	151 (19%)	<0.001	0.47
Prone positioning†	700 (60%)	1684 (60%)	405 (51%)	0.96	0.022
Neuromuscular blockade‡	845 (73%)	2090 (74%)	506 (63%)	0.80	0.016
Any vasoactive support§	715 (61%)	1721 (61%)	455 (57%)	0.91	0.23
Pre-ECMO endotracheal intubation, days¶	4.0 (1.7–6.3)	3.1 (0.9–6.3)	2.7 (0.8–5.9)	<0.001	0.20
Pre-ECMO conventional ventilation	1086 (98%)	2498 (96%)	650 (97%)	0.018	0.47
PaCO <sub>2</sub> , mm Hg**	60 (50–74)	61 (50–76)	60 (50–74)	0.48	0.46
PaO <sub>2</sub> :FiO <sub>2</sub> , mm Hg††	72 (60–94)	71 (58–92)	70 (56–93)	0.44	0.49
PEEP, cm of H <sub>2</sub> O‡‡	14 (12–16)	14 (10–16)	14 (10–16)	1.00	1.00
PIP, cm of H <sub>2</sub> O§§	33 (30–38)	34 (30–38)	34 (30–38)	0.87	1.00
PEEP, cm of H <sub>2</sub> O at ECMO hour 24¶¶	10 (10–14)	10 (10–12)	10 (10–12)	1.00	1.00
PIP, cm of H <sub>2</sub> O at ECMO hour 24	25 (21–28)	25 (21–28)	25 (22–29)	1.00	1.00
COVID-19 therapies					
Any	914 (77%)	2590 (92%)	644 (80%)	<0.001	<0.001
Glucocorticoids	511 (43%)	2196 (78%)	583 (72%)	<0.001	0.20
Remdesivir	103 (9%)	1598 (57%)	404 (50%)	<0.001	0.28
Chloroquine or hydroxychloroquine	627 (53%)	180 (6%)	63 (8%)	<0.001	0.45
Venovenous ECMO	1110 (94%)	2623 (93%)	762 (95%)	0.39	0.94
ECMO support type					
Respiratory support	1140 (96%)	2686 (95%)	777 (96%)	0.060	0.24
Cardiac support	29 (2%)	110 (4%)	27 (3%)	..	..
ECPR	13 (1%)	28 (1%)	2 (0.2%)	..	..

Hemocompatibility related events

	Group A1	Group A2	Group B
Last known patient status	1182	2824	806
Discharged			
To home or acute rehabilitation	376 (32%)	623 (22%)	190 (24%)
To long-term acute care or unspecified location	128 (11%)	329 (12%)	71 (9%)
To another hospital	212 (18%)	301 (11%)	47 (6%)
Remain in the hospital, discharged from ICU	2 (<1%)	5 (<1%)	1 (<1%)
Remain in the ICU	16 (1%)	78 (3%)	22 (3%)
In-hospital death	448 (38%)	1488 (53%)	475 (59%)
Select complications*	494 (45%)	1233 (52%)	363 (54%)
CNS infraction	7 (1%)	53 (2%)	8 (1%)
CNS haemorrhage	68 (6%)	196 (7%)	42 (5%)
Haemolysis	53 (5%)	219 (8%)	30 (4%)
Pump failure	10 (1%)	29 (1%)	12 (2%)
Oxygen failure	108 (9%)	370 (13%)	66 (8%)
Circuit change	161 (14%)	469 (17%)	71 (9%)

Data are n (%). Group A1 patients started ECMO on or before May 1, 2020, at early-adopting centres. Group A2 patients started ECMO between May 2 and Dec 31, 2020, at early-adopting centres. Group B patients started ECMO at late-adopting centres, which only provided ECMO for COVID-19 after May 1, 2020. Denominators for percentages are given in the footnotes when they differ from the last known patient status row. ECMO=extracorporeal membrane oxygenation. ICU=intensive care unit. \*Group A1 n=1157, group A2 n=2767, group B n=782.

**Table 3: ECMO outcomes among three cohorts with COVID-19**



# Anticoagulation/Bleeding Management Challenges

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- Lack of evidence based data
  - Duration of support
  - Lack of standardization:
    - ECMO Circuits
    - Reporting
- 

ECMO/ECLS?

# Impact of Center Volume and Experience on Outcomes

BJA

*British Journal of Anaesthesia*, 125 (3): 259–266 (2020)

doi: 10.1016/j.bja.2020.05.065

Advance Access Publication Date: 28 July 2020

Cardiovascular

CARDIOVASCULAR

## Outcomes of the NHS England National Extracorporeal Membrane Oxygenation Service for adults with respiratory failure: a multicentre observational cohort study

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- 1. Aberdeen Royal Infirmary, Aberdeen\*
  - 2. University Hospital of South Manchester, Wythenshawe
  - 3. Glenfield Hospital, Leicester
  - 4. Royal Papworth Hospital, Cambridge
  - 5. Royal Brompton & Harefield Hospitals, London
  - 6. Guy's & St. Thomas' Hospitals, London
  - Not formally part of commissioned network (Wales & N. Ireland)

\*Until May 2019, ECMO activity at Aberdeen Royal Infirmary were commissioned was funded by NHS Scotland as part of a portfolio of services commissioned on their behalf by NHS England, with Glenfield Hospital, Leicester, being the designated centre for referrals from Scotland.

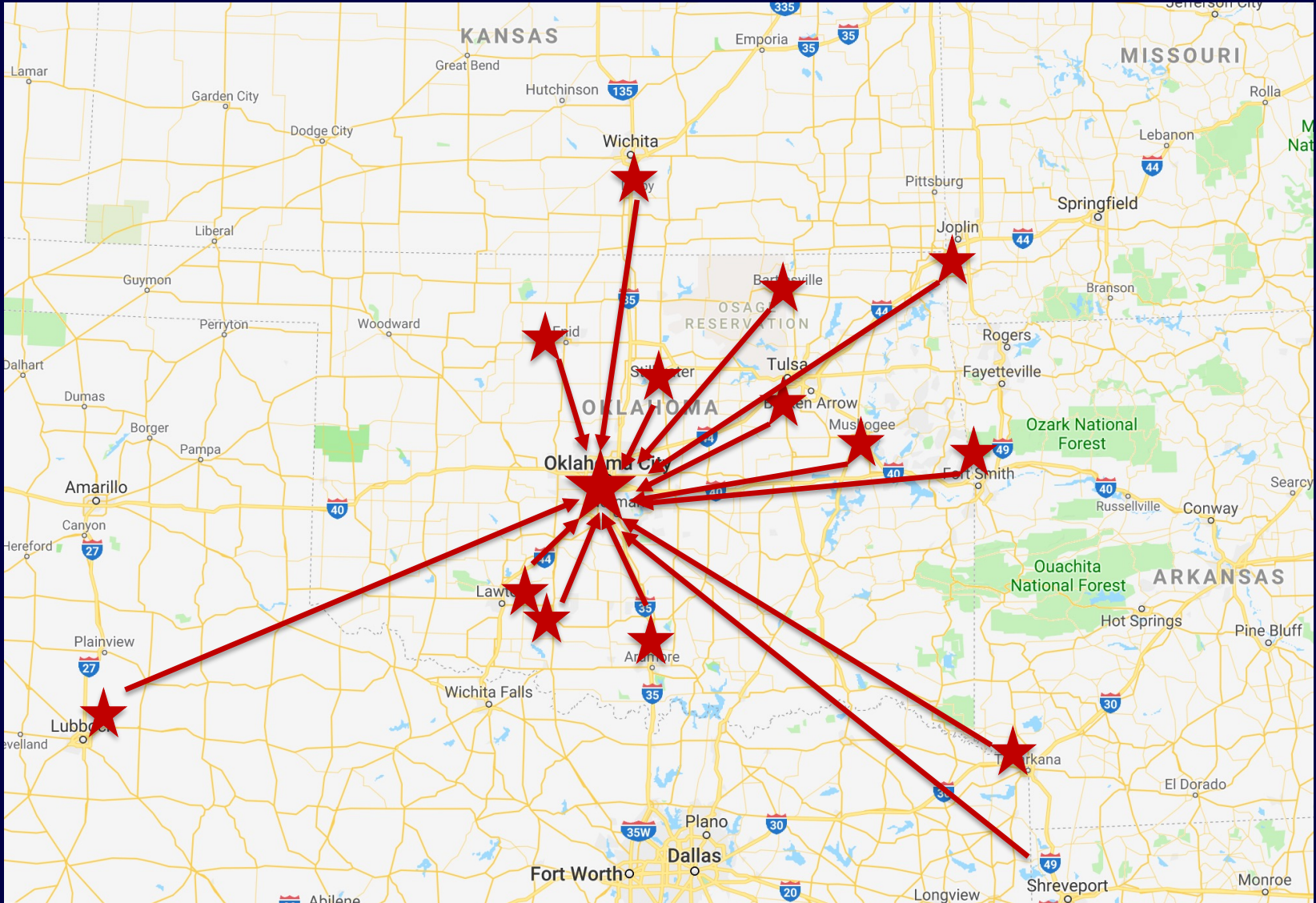
Fig 1. Geographic distribution of the NHS ECMO network across England and Scotland. ECMO, extracorporeal membrane oxygenation.

# Impact of Center **Volume** and Experience on Outcomes

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- 1321 ARDS Patients
- Six centers
- December 1, 2011 to December 31, 2017
- Median age:44, 55% males
- Median PaO<sub>2</sub>/FiO<sub>2</sub>: 70
- Median MV time: 24h
- Viral pneumonia was the most common primary diagnosis 22% followed by bacterial pneumonia (20%)
- 74% survival to ICU discharge

# INTEGRIS Regional Hub and Spoke Model



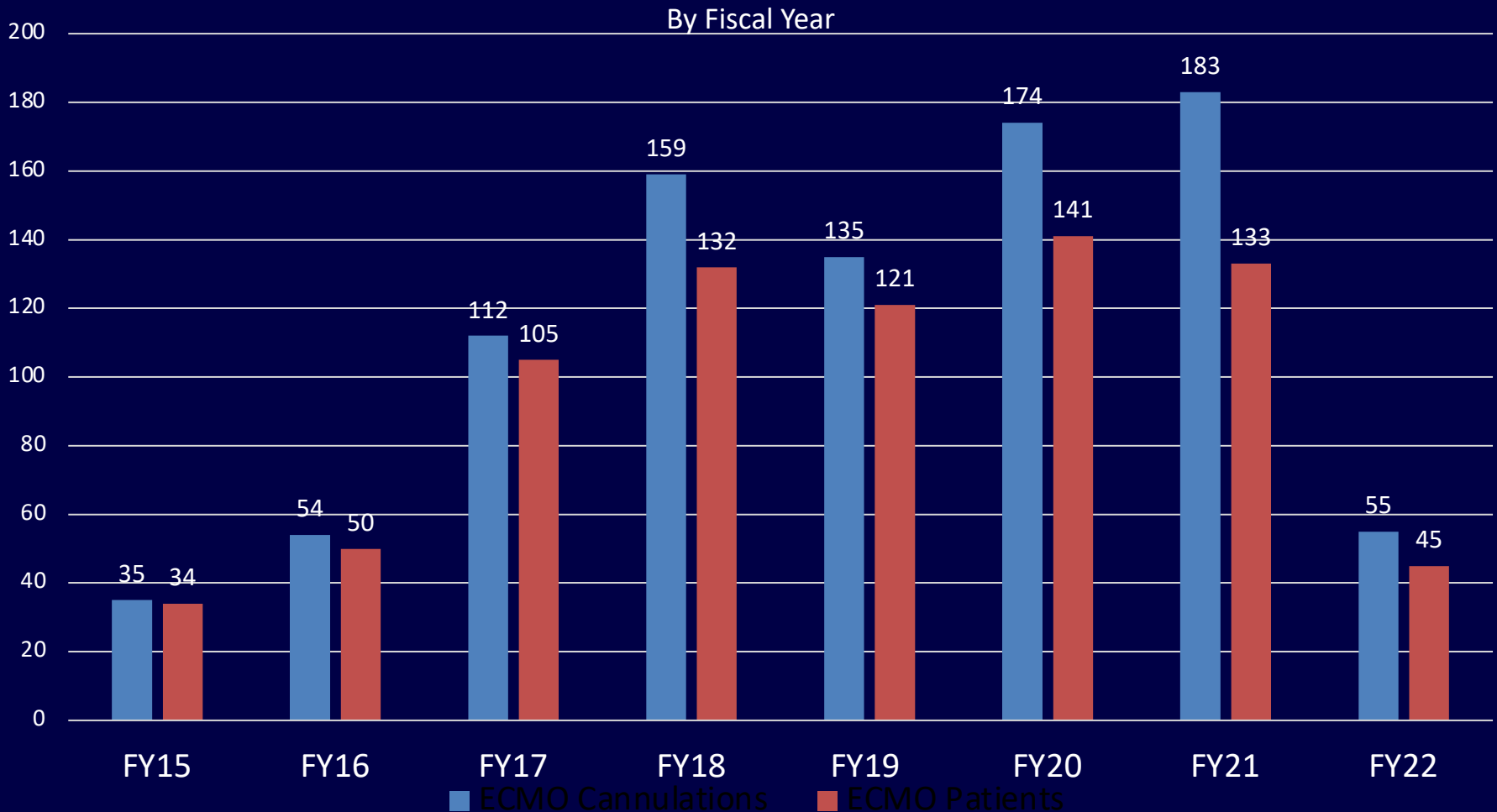


# INTEGRIS Regional ECMO Program

## > 700 patients

### ECMO Cannulations/Patients

Updated:



# INTEGRIS Regional ECMO Program Outcomes

## Outcomes- Survived to Discharge

ECMO Type:	N	N Survived to Discharge	% Survived to Discharge
<i>VA - Acute</i>	137	68	50%
<i>VA - Acute on chronic</i>	58	32	55%
<i>VA - CPR</i>	89	28	31%
<i>VA - post cardiotomy</i>	99	48	48%
<i>VA - post heart tx</i>	11	7	64%
<i>VA - post lung tx</i>	5	1	20%
<i>VA - post LVAD</i>	7	2	25%
<i>VA - pre LTX</i>	4	3	75%
<i>VA - Respiratory</i>	35	12	34%
<i>VV - ARDS</i>	250	154	62%
<i>VV - post LTX</i>	5	5	100%
<i>VV-pre lung tx</i>	23	10	43%
<i>VAV</i>	4	0	0%
<i>VVA</i>	1	0	0%
<i>VPA (Protek)</i>	12*	6	50%
<b>VV-COVID</b>	<b>81</b>	<b>48</b>	<b>59%</b>
<b>VV-(excluding COVID)</b>	194	122	63%
<b>VA (excluding CPR)</b>	357	174	49%
<b>VV</b>	275	170	62%

# Oklahoma Shock and ECMO Network: COVID 19 ARDS Experience (n=81 patients)

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- Right Fem- Right IJ approach
- 23-25 F cannula
- ECMO Flow > 4l/min
- PTT Target (40-60)
- Lung protective vent strategy
- Prone on ECMO
- Consider onset of symptoms to cannulation time
- Fluid restriction
- Extubate if feasible
- Accept suboptimal O2 saturation > 80% in select cases
- Early tracheostomy (3-5 days)
- Consider ProtekDue in case of severe RV failure

# IBMC-OKLAHOMA APPROACH

INTEGRIS Health ECMO-COVID19 Guidelines

Revised: January 2021

## ECMO Conventional Criteria as of April 2020 (Level I)

### Inclusion Criteria

1. Age  $\leq 70$  years
2. Severe reversible ARDS (PaO<sub>2</sub>:FIO<sub>2</sub> <100) despite optimum management, including:
  - a. lung protective ventilator settings
  - b. neuromuscular blockade
  - c. inhaled vasodilators
  - d. proning trial
3. Lactic acid <8 for VV ECMO
4. Lactic acid <15 for VA ECMO
5. Legal decision-maker available
6. Exit strategies in place and discussed with patient and/or legal decision-maker

Inclusion Criteria for Covid-19 related ARDS  
A Moving target

ECMO-COVID19 Guidelines

Revised: January 2021

## ECMO Contingency Criteria as of October 2020 (Level II)

### Enhanced Inclusion Criteria

1. Age <60 years
2. Severe ARDS or Murray score >3
3. Failure of optimum management, including lung protective ventilator settings, neuromuscular blockade, inhaled vasodilators, and proning trial
4. Mechanical ventilation  $\leq 7$  days
5. Lactic acid <8 for VV ECMO
6. Legal decision-maker available
7. Exit strategies in place and discussed with patient and/or legal decision-maker

INTEGRIS Health ECMO-COVID19 Guidelines

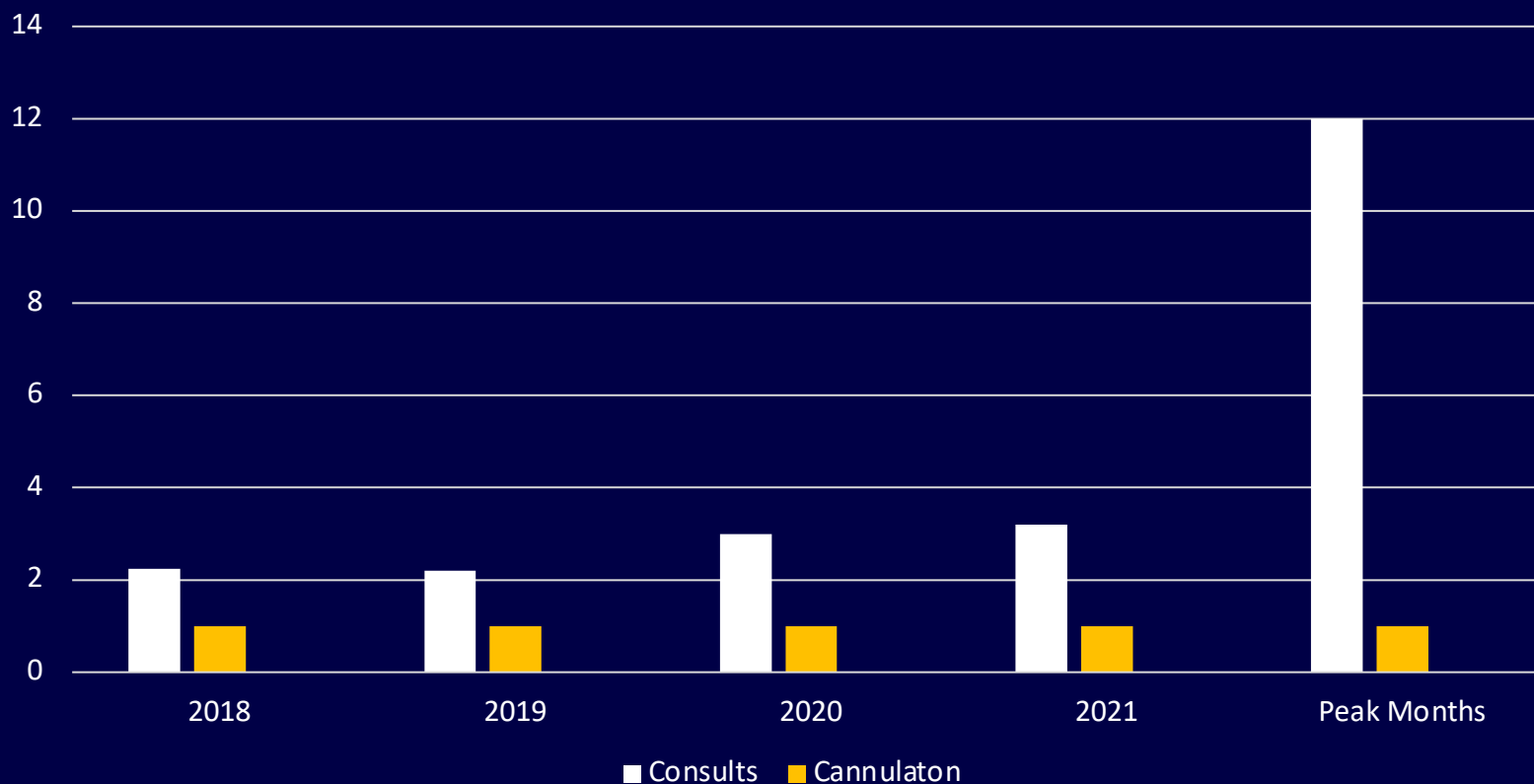
## ECMO Crisis Criteria as of January 2021 (Level III)

### Stringent Inclusion Criteria

1. Age <50 years
2. Severe ARDS or Murray score >3
3. Failure of optimum management, including lung protective ventilator settings, neuromuscular blockade, inhaled vasodilators, and proning trial
4. Mechanical ventilation  $\leq 5$  days
5. Lactic acid < 5
6. Legal decision-maker available
7. Exit strategies in place and discussed with patient and/or legal decision-maker

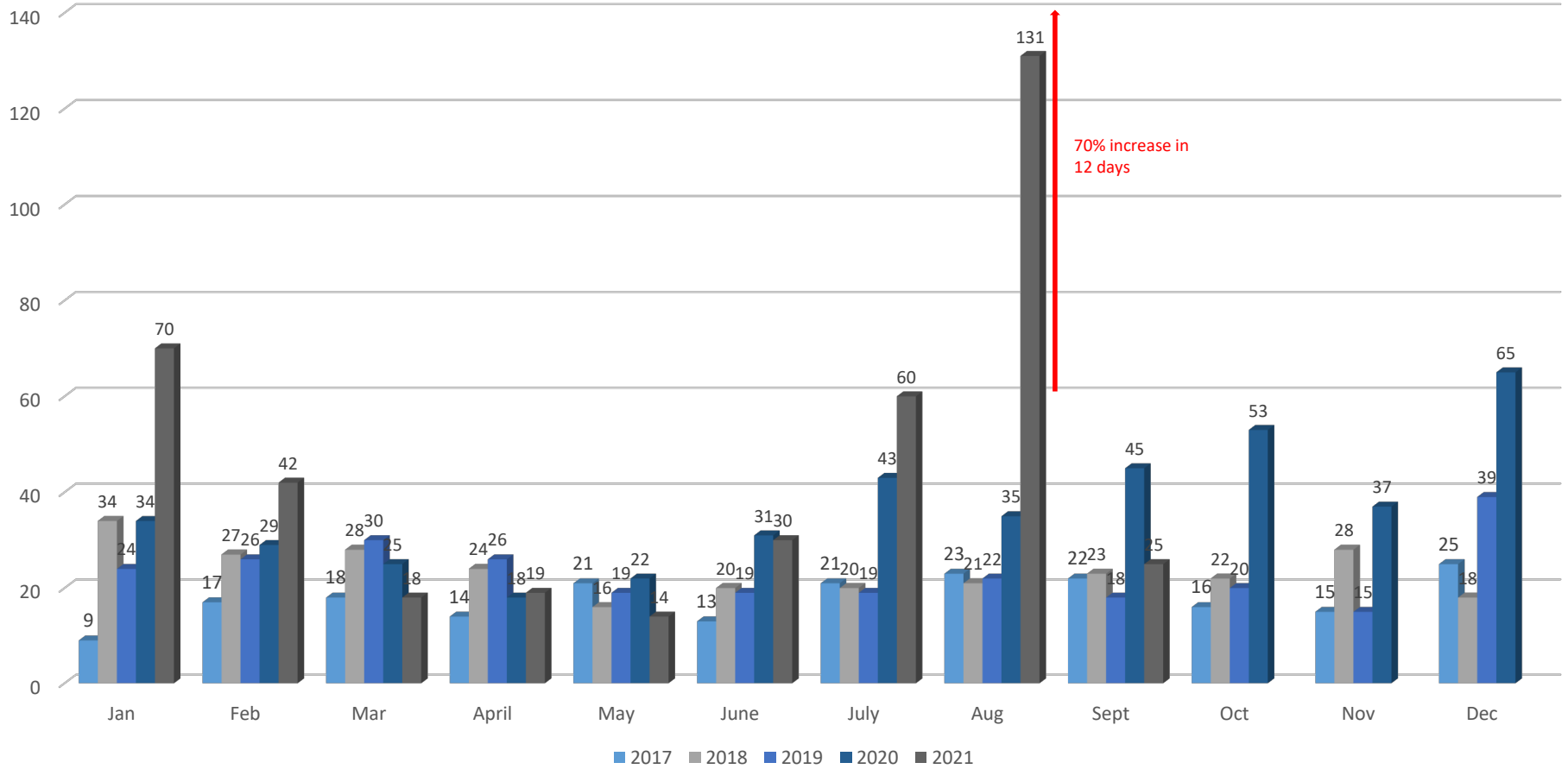
# ECMO Network Consults / Acceptance Ratio During the Surge in a High Volume ECMO Center

2.2:1 pre Covid-19, 3:1 during the pandemic, Peak 12:1



# Hotline Calls by Month

As of 9/7/2021



# ECMO in COVID-19 Patients: IBMC Experience (as of September 2021, n=81)

## Baseline Characteristics (Pre-ECMO)

➤ Age (yrs)	45 ± 12 (20-73)
➤ Sex (f/%)	32 (40%)
➤ Race	
Caucasian	49 (60%)
Hispanic	24 (30%)
African American	5 (6%)
Others	3 (4%)

# ECMO in COVID-19 Patients: IBMC Experience (as of September 2021, n=81)

## Outcomes

- HLOS (d) 42 ± 33
- Duration of support (d) 27 ± 20 (2-120)
- Hospital mortality 33 (41%)
- Weaned 52 (64%)
- **Discharged 48 (59%)**
- **Off anticoagulation 38 (47%)**
- Tracheostomy 21 (26%)
- Extubation while on ECMO 15 (19%)



# ECMO in COVID-19 Patients: IBMC Experience (as of September 2021, n=81)

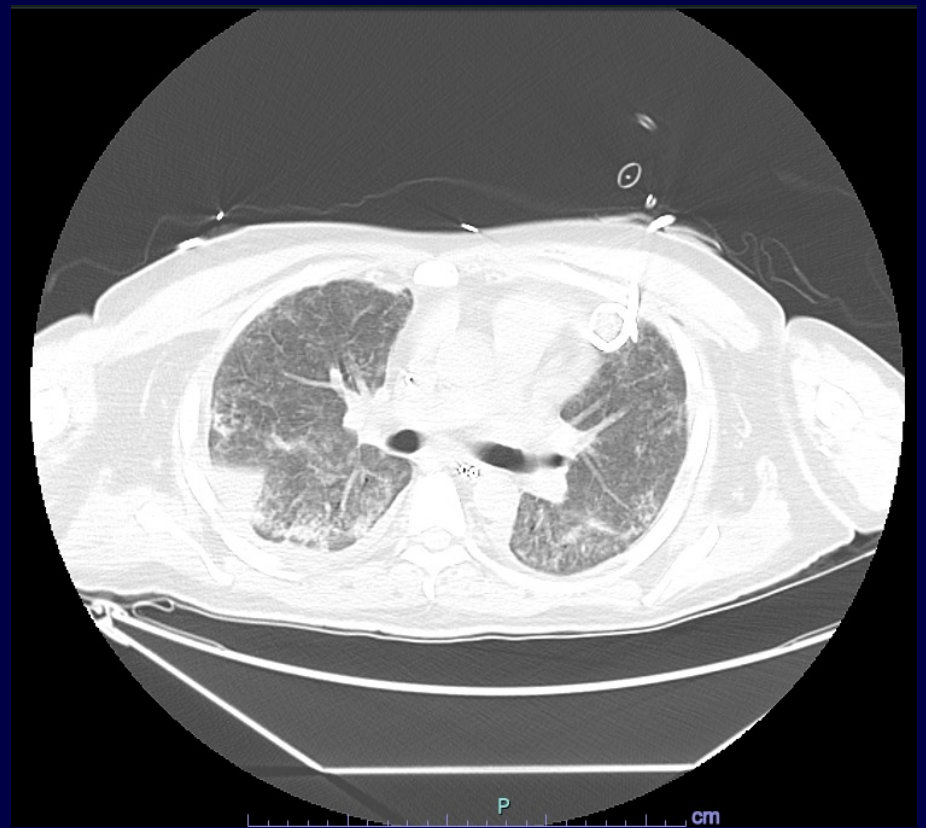
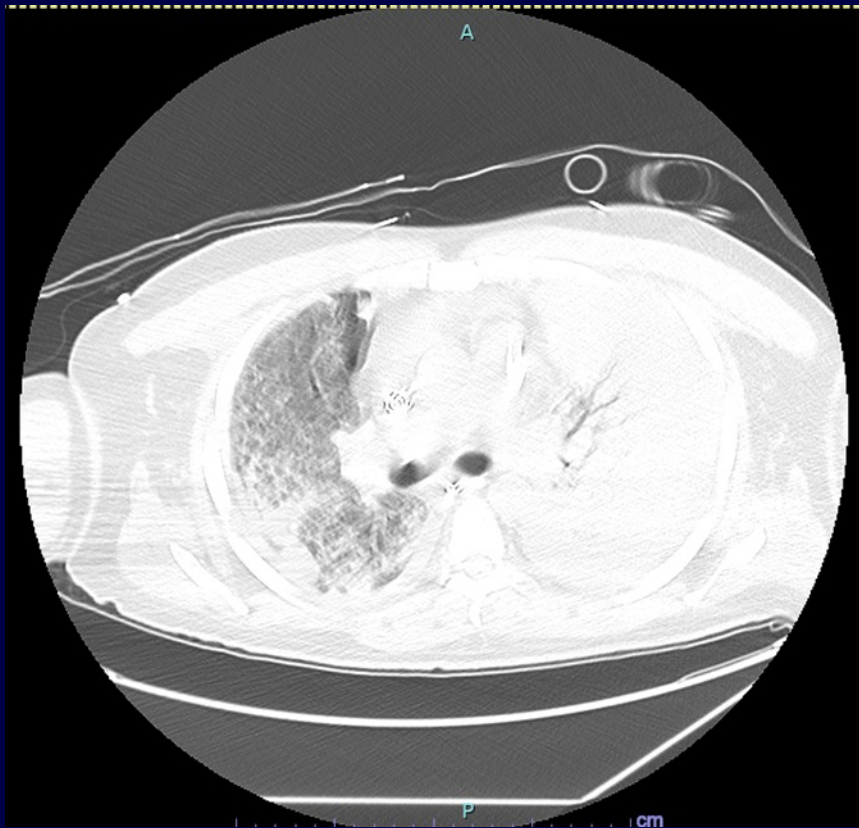
## Main Complications

➤ <i>Circuit Change</i>	<i>44 circuits/34 patients*</i>
➤ VAP	18 (22%)
➤ Oro-pharyngeal bleed	13 (16%)
➤ Pneumothorax	12 (15%)
➤ GI Bleeding	9 (11%)
➤ Bacteremia	8 (10%)
➤ Intracranial hemorrhage	2 (2%)
➤ RP Bleeding	2 (2%)

\*0.022 EP ECMO day in non COVID Patients vs. 0.026 in Covid 19 patients

# ECMO in COVID-19 Patients: IBMC Experience (Predictors of Discharge)

	Successfully discharged	Died on Support	P=
Age (years)	41±12	51±11	<b>0.003</b>
BMI	34±9	42±12	<b>0.012</b>
Pre-ECMO HLOS	5±4	11±17	0.087
Gender (f/m)	52%/48%	48%/52%	0.7
PH	7.37	7.32	0.06
SOFA Score	9.4±3	9.1±2	0.6
IBMC cannulation vs others	55%/42%	45%/58%	0.57
Duration of support (days)	20±16	33±23	<b>0.018</b>



CT done less than 2 weeks apart, relatively late into the disease course (>30 days)

# Summary

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- EOLIA Trial entry criteria are widely accepted and utilized for Covid-19 patients requiring VV ECMO; however, many centers were not able to follow them because of the pandemic related capacity and resources issues
- Survival rate of VV-ECMO Patients with severe ARDS secondary to Covid-19 is similar to non- Covid Patients
- Duration of ECMO support is longer in Covid-19 ARDS patients compared to non Covid ARDS patients (longer Lung recovery time)

# Summary

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- More data are required to address the following challenges
  - Anticoagulation
  - Cannulation modalities
  - appropriate timing and patient selection
  - Transplant candidacy
  - Futility
- During the surge it is recommended to,
  - Adapt Inclusion criteria to hospitalization/capacity ratio
  - Collaborate with other Programs in your region (inclusion criteria, Futility criteria)
  - Consider SRA policy