

Winning Strides

Implementing a new mentoring program for foster/adoptive children.

Volunteers needed for mentoring.



STABLE[®]
MOMENTS

For More Information call 770-776-8446



Changing the trajectory for youth in foster care

OVER
400,000

There are more than 400,000 children in US foster care without a permanent place to live. These children are at a higher risk of becoming incarcerated, pregnant, addicted to drugs, and dependents of state benefits. These children, unfortunately, repeat the cycle of their parents, and we see their children enter the system as well.

OUR SOLUTION

Ending this treacherous cycle begins with each individual child. Meeting them where they are at, understanding their experience, and developing their self worth, sense of purpose, decision making, executive functioning and self regulations skills. Stable Moments™ is a 10-month, weekly mentorship program where foster and adopted children achieve individualized life goals through Equine Assisted Learning (EAL). The model utilizes volunteer mentors to facilitate EAL sessions. Bringing horses and these children together, in a one-on-one mentorship program allows the child to build life skills that will aid them in transitioning into a healthy adulthood.



It Just takes One

- 1 Mentor matched with
- 1 Foster or Adopted Child and 1
- Horse
- 1 Hour per week
- For 10 Months

Developing life skills for healthy transitions into adulthood

LONG TERM IMPACT

By equipping youth in foster care with the life skills necessary to make healthy transitions into adulthood, we start to see a generation of foster children who are productive members of society, reducing rates of incarceration, addiction, early pregnancies, dependency on government benefits and ultimately a reduction of the amount of children entering the system. We envision a world where every child has a place to belong!

