



Continuing Education Workshop for Licensed Mental Health Professionals  
and Equine Specialists

**Friday & Saturday, March 29 & 30, 2019**

**Using Positive Psychology (and Horses) to Help Troubled Youth**

**Anyone who likes working with horses and kids is welcome!**

*Come join us at the farm for a fun and fresh approach to continuing education.  
No riding involved. No prior horse knowledge required.*

**Workshop Description and Information:** Equine Assisted Psychotherapy (EAP) and Learning (EAL) is an innovative approach to professional counseling using horses to help client's address and resolve behavioral, relational, psychological, spiritual, and emotional issues. The workshop will focus on a program entitled "Equine Leading and Learning," based on Franklin Covey's student leadership program *The Leader in Me*. Participants will better understand the model of equine assisted learning through theory, role definition (mental health professional and equine specialist), activities, and processing techniques.

Although the program is designed to help troubled adolescents gain leadership skills and exhibit more positive behaviors, the concepts can be applied to many different venues and age groups as an intervention tool. Participants will be able to identify what clients are most likely to benefit as the presenters offer information about the versatile applications of Equine Assisted Psychotherapy and Learning.

This is an experiential workshop. Didactic presentations will be intermittently supported by work in the arena with horses.

Location of Workshop: 2061 Bethel Road, NE  
Conyers, GA 30012  
Phone – 770-776-8446

*Dress for the weather and participation in the arena. Closed shoes required.*

Fees include workshop, materials, lunch both days, snacks & drinks, and CE Certificate.

No on-site registration - registration must be received one week prior to workshop date. However, you still may be able to attend if space is available up to the day before the workshop.

**Space limited to 30 participants.**

9:00-4:30 both days (Check-in opens at 8:30)

**Presenters: Lisa Gatti, Jennie Diguardia, Rachel Gearwar and Susan Jung, LPC, CPCS.**

**12.0 Core contact hours of continuing education have been approved by the Licensed Professional Counselors Association of Georgia (LPCA CE Approval #7929-18).**



HELPING YOU OVER LIFE'S HURDLES

2061 Bethel Rd. NE Conyers, GA 30012 770-776-8446

Using Positive Psychology (and Horses) to Help Troubled Youth

Registration Form

Name

Address

City

State

Zip

e-mail address

Phone Number

License Number

To register: Complete registration form and mail or e-mail to [susanjung@earthlink.net](mailto:susanjung@earthlink.net), or call 770-776-8446.

|                                              |       |       |
|----------------------------------------------|-------|-------|
| Registration                                 | \$325 | _____ |
| (One day – please circle Friday or Saturday) | \$165 | _____ |
| EAGALA Member                                | \$300 | _____ |
| (One day – please circle Friday or Saturday) | \$150 | _____ |

Up to 8 hours of continuing education for EAGALA certification renewal can be purchased on the Eagala website.

Please make checks payable to Winning Strides LLC, or go on line at [www.winningstrides.net](http://www.winningstrides.net) and pay through Pay Pal.

Mail to: Susan Jung, LPC  
Winning Strides LLC  
2061 Bethel Rd. NE  
Conyers, GA 30012