



Continuing Education Workshop for Licensed Mental Health Professionals
and Equine Specialists
Friday, April 3, 2020

Trauma Focused CBT for Kids – Adding Horsepower

*Come join us at the farm for a fun and fresh approach to continuing education.
No riding involved. No prior horse knowledge required.*

Workshop Description and Information: Equine Assisted Psychotherapy (EAP) and Learning (EAL) is an innovative approach to professional counseling using horses to help client's address and resolve behavioral, relational, psychological, spiritual, and emotional issues. The workshop will focus on the process and steps in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), adding the power and sensitivity of horses. The program, EquiPower (Twitty & O'Brien, 2015), will be presented as a way to "assist children, adolescents, and their families who have experienced one or more traumatic events."

The EquiPower program is based on the belief that the "power of horses assists in healing and moving forward from traumatic events." The foundation of the program follows the evidence-based TF-CBT Model.

This is an experiential workshop. Didactic presentations will be intermittently supported by work in the arena with horses.

Location of Workshop: 2061 Bethel Road, NE
Conyers, GA 30012
Phone – 770-776-8446

Dress for the weather and participation in the arena. Closed shoes required.

Fees include workshop, materials, snacks & drinks, and CE Certificate.

No on-site registration - registration must be received one week prior to workshop date. However, you still may be able to attend if space is available up to the day before the workshop.

Space limited to 30 participants.

9:00-4:30 (Check-in opens at 8:30)

Presenters: Susan Jung, LPC, CPCS and Bridget Connell, LPC.

6.0 Core contact hours of continuing education have been approved by the Licensed Professional Counselors Association of Georgia (LPCA CE Approval #8669-20).



HELPING YOU OVER LIFE'S HURDLES

2061 Bethel Rd. NE Conyers, GA 30012 770-776-8446

Trauma Focused CBT for Kids – Adding Horsepower

Registration Form

Name

Address

City

State

Zip

e-mail address

Phone Number

License Number

To register: Complete registration form and mail or e-mail to susanjung@earthlink.net, or call 770-776-8446.

Registration fee \$125

Please make checks payable to Winning Strides LLC, or go on line at www.winningstrides.net and pay through Pay Pal.

**Mail to: Susan Jung, LPC
Winning Strides LLC
2061 Bethel Rd. NE
Conyers, GA 30012**