

Freedom Social Skills

Positive Behaviour Support and ABA Early Intervention



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A Bit About Us

Our Services

We specialise in delivering ongoing, comprehensive, individualised and flexible Behaviour Consultation Services, in addition to our weekly Social Skills Group Programs.

Location

We are a mobile, community and clinic-based service.

Our Clinic Classes are based in Caringbah and our Community Classes visit locations around the Sutherland Shire.

We are able deliver home or school based ABA services to the Greater and Metro Sydney areas dependent on the availability and location of our Therapy Assistants.

Our Values

We utilise evidence based professional practice and place the needs of the individual student and family above all else. In other words the program and the service delivery will be designed flexibly to meet your needs.

Age Groups

We work with students from 18 months to 18 years.

What we offer

Mobile or Clinic Based Service



Family Centred and Flexible Support options



Social Skills Groups for your child



Multi-disciplinary Team



Use Evidence - Based Practice to Support your child



Supervision by a Board Certified Behaviour Analyst



Support Workers -

Available to provide respite, community participation and capacity building



Behaviour Therapists -

Skilled Therapy Assistants with ongoing training opportunities can work with your child anywhere from 2 - 20 hours a week.



What is Applied Behaviour Analysis?

ABA is based on the science of Learning and Behaviour. This science applies to everyone, not just children with developmental disabilities. In fact Behavioural Science is integral to many aspects of organisational management, psychology and education. Importantly ABA is the gold standard treatment for children with Autism and Learning Disabilities.

ABA focuses on understanding how our environment shapes our behaviour. Through teaching and making adaptations to the environment we can facilitate behaviour change.

After a thorough assessment is conducted, we can identify skills deficits and begin to teach skills using positive reinforcement and your child's natural motivation to learn from their environment. We break big goals, such as being safe in the community, into their smallest components, like waiting, or walking with someone side-by-side. We start with achievable goals' so your child is always successful and motivated to engage in the learning experience. Overtime we increase the complexity of the skills, always working towards independence.

We want to teach functional, adaptive and socially important skills which ensure you child can have their freedom to make independent choices, form social connections and have the quality of life everyone deserves

What can ABA can teach my child?

Reduction in Challenging Behaviour



Improved Independence



Daily living skills



Play and Social skills



Academics and Cognitive Skills



Communication and Language Skills



What does an ABA program look like?

Supervision

The program is designed and monitored by a Behaviour Specialist/Behaviour Consultant. In Australia this may be a Board Certified Behaviour Analyst, Psychologist or someone with equivalent experience supervising the program. Supervisors have extensive experience working with children with Autism.

Programming

Your child's individualised program will be created after a detailed assessment has been conducted and tailored to your child's specific needs.

Socially Important Programming

Goals that are selected are beneficial to the child's quality of life and increase their independence. Skills that are selected must be generalisable to all the student's important learning environments (i.e., home, community and school).

Positive Behaviour Support

Challenging behaviours can be reduced by teaching effective and functional emotional regulation and communication strategies. Programs must be focused on skills teaching through the use of positive reinforcement such as praise and rewards.



Who Delivers My Child's Program?

Therapy Assistants and Behaviour Therapists

Therapy Assistant or Behaviour Therapists may work directly under the supervision of the Program Supervisor and administer 2 – 20 hours a week of therapy with your child in the community, home or school environment.

Therapy Assistants need to undertake a 40-hour course and then take a competency assessment with their supervisor. Therapy Assistants are not able to make clinical decisions without their Supervisors' support, or guidance. Therapy Assistants implement a program designed by the Supervisor, take progress data and provide feedback to the Supervisor after each session.

Behaviour Specialist or Board Certified Behaviour Analyst

Initially the Supervisor will conduct a Developmental Assessment, write a Developmental Program and train your family and the child's Therapy Assistants. Program Supervisors are highly skilled with many years of experience. Often your Supervisor will work weekly with your child, with their support your child will meet their goals more quickly and the Therapy Assistants will receive more intensive supervision and oversight.



Team Training?

Training Therapy Assistants in your child's Behavioural Program is essential and highly beneficial to the students' progress and quality of the program. Team Training can occur weekly, fortnightly or monthly. Often supervision is more extensive at the start of service provision. Training may occur in the form of structured meetings where goals, progress and future steps are discussed. Sometimes the supervisor will attend your Therapy Assistant's sessions to provide guidance and demonstrate effective skills teaching methods. In both cases the Supervisor also has an opportunity to work with the student and model how to implement a program to the therapy assistant.

Importance of Team Trainings:

- Families will have an opportunity to see the skills their child is being taught so that they can practice them at home
- Training ensures there is open and clear communication between Team Members
- Everyone is conducting the program in the same way
- Therapy Assistants feel supported by their Supervisor and are more likely to continue working with the child long term
- Your Child's Program can be updated regularly
- The experienced Supervisor can give feedback to the Therapist and model how to implement the program
- Families can be involved in the planning process, in addition to reviewing and making program updates as a crucial part of the team



Freedom Social Skills

More Services



Social Skills Groups

Community Based
Online Social Skills
Clinic Based
Teens and Children



Support Workers

Capacity or Core Support
Assistance at home, school,
or in the community.

Enquire now for more information!



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