

FREEDOM SOCIAL SKILLS



# INFORMATION **BOOKLET**

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[www.freedomsocialskills.com.au](http://www.freedomsocialskills.com.au)



0466 266 830

# OUR **MISSION**

To support the development of social, communication and emotional-regulation skills, in a natural and fun environment.



*“Social Skills can be taught in a fun, natural and effective way, through direct teaching, repeated practice, reinforcement, modelling, social stories and positive feedback”.*

# WHY **SOCIAL SKILLS?**



Social skills are a crucial aspect of child development and are essential for forming and maintaining positive relationships. Developing foundational social skills is critical to reducing the risk of social isolation and positively impacting mental health and self esteem.

*“When children can communicate their wants and needs, it facilitates their ability to get along with others.”*



# WHO WE CATER FOR

This program is for any child who needs the support of specially trained staff and a small group, to develop important social and communication skills. The end goal is to forming positive relationships with their family, peers and community.

## INDIVIDUALS WHO MAY BENEFIT INCLUDE:

- ★ Autism Spectrum Disorder
- ★ English Second Language
- ★ General Behavioural Challenges
- ★ Anxiety Disorders & Social Phobias
- ★ Attention Deficit Disorders
- ★ Developmental &/Or Genetic Disorders
- ★ Language Delays

*Please note the list above is not comprehensive or exclusionary, please contact us to see if your child might benefit from this class.*

**CONTACT US TO ENQUIRE!**



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# OUR PROGRAMS

## **SOCIAL SKILLS:**



Our most popular program. This class focuses on developing playground skills, communication skills and team work skills through a variety of fun and physically active games.

## **IMAGINATIVE PLAY:**



This class is focused on creativity and imagination. Each week there is a new pretend play topic. Using different toys, dress ups and props, we help our students step into and explore an imaginative world of their creation. Pretend play is important for cognitive flexibility, cooperation, negotiation, creativity and much more.

## **ONLINE SOCIAL SKILLS:**



Social Skills Online involves specially crafted, fun and interactive online classes, designed to teach important social and communication skills.

**FOR MORE INFORMATION**  
ON OUR CLASSES, PLEASE CONTACT US  
OR VISIT OUR WEBSITE



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# CLIENT **FUNDING & SUPPORTS**



Freedom Social Skills is a registered Active Kids Provider. You can use your AK Voucher for \$100 off our programs.



Participants who are either **Self Managed** OR **Plan Managed** with the NDIS are eligible to claim for our services.

## **SUPPORT CATEGORIES** COVERED BY FREEDOM SOCIAL SKILLS PROGRAMS:

**Core Support Services** - in the form of Assistance with Social and Community Participation

**Capacity Building Support Services** - in the form of Social and Community Participation, Relationships and Daily Living

**PLEASE NOTE** THAT FREEDOM SOCIAL SKILLS IS **NOT** AN NDIS REGISTERED PROVIDER. PARTICIPANTS WHO ARE **NDIA MANAGED** ARE NOT ELIGIBLE TO CLAIM FOR OUR SERVICES



# HOW DO WE TEACH AND ASSESS SOCIAL SKILLS?

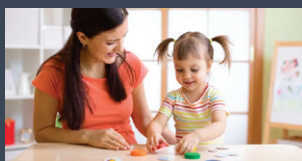
## SOCIALLY SAAVY:

All of our individualised social programs are guided by direct observations and the Socially Saavy Checklist. (James T. Elliot, PhD, BCBA-D & Christine Almeida, M.S.Ed., Ed.S., BCBA).

Socially Savvy is a resource which uses the principle of Applied Behaviour Analysis to assess, conceptualise and design effective interventions to address social goals.

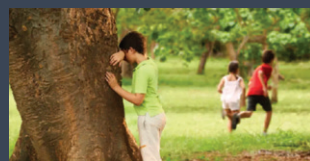
Strategies used to teach social skills include:

- ★ Positive feedback and reinforcement
- ★ Direct teaching instruction
- ★ Modelling
- ★ Teaching functional communication.
- ★ Self-monitoring
- ★ Prompting
- ★ Social stories



### JOINT ATTENDING

Sharing interest of enjoyment.



### SOCIAL PLAY

Engaging in different types of interactive play with other children.



### SELF-REGULATION

The ability to control one's urges to behave in a given way and instead behave in another way.



### SOCIO EMOTIONAL REGULATION

Skills related to identifying and responding appropriately to your own and other's emotional responses.



### CLASSROOM/GROUP BEHAVIOUR

Skills related to following rules and meeting expectations put in place by adults, that are necessary for group activities.



### SOCIAL LANGUAGE

Using language to respond to or initiate and maintain social interactions.

