



MINI MINDS

DEVELOPMENTAL PLAY GROUP



Mini Minds is a developmental playgroup which targets play skills, social skills, learning to learn skills and school readiness skills.



UNIT 5/65-75 CAPTAIN
COOK DRIVE, CARINGBAH



ADMIN@FREEDOMSOCIALSKILLS.COM.AU



0466 266 830



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HOW DOES IT WORK?

We operate small-grouped classes run by trained professionals, with the aim to ensure your child always has adequate support to be safe, supported and learn.

Individualised targets and learning to help your child meet their goals.

Initial social skills assessment for each student will be undertaken by our behaviour consultant who will agree with the parent on goals specific to the student.

Each week we will work towards meeting these goals through a variety of fun games and activities.

Activities are taught through fun, play-based programs to foster important social skills with peers.



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WHERE?

Unit 5/65-75 Captain Cook Drive,
Caringbah 2229

“Inside a large, modern facility packed to the brim with fun toys and learning resources.”

WHO?

This class is designed for students 3-5 who may be experiencing social barriers, or would like extra support developing important social skills.

People who might benefit from this class might include:

Socially anxious or shy children

Autism Spectrum Disorder

Children with Behavioural Challenges

Children with language and communication challenges.

This list is not exclusive and we welcome enquiries from all students. Please reach out to ask questions and find out how we can help.



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WHY?

1 Generalisation Of Skills Learnt In 1:1 Therapies

So many of our children are engaging in frequent 1:1 therapies. These therapies are entirely essential in fostering socially significant skills. It is important to note that for many students learning these skills with adults will not result in the immediate generalisation to classroom settings or play settings with peers. Focusing on play and social skills development in a group-based class, is the perfect supported opportunity to practice the language and communication skills you are learning with your playmates. This will make integrating into larger, less-supported structures and environments more seamless.

2 Specialised Support focused towards building coping and independence skills for school

Preschool is fantastic for introducing our children to social interaction and group-based learning which is expected in the kindergarten playground and classroom. Unfortunately for some children, the large number of children at preschool can result in lack of support to adequately support their needs. This can lead to children not attending, or missing out on group-time. Further, children might spend a large amount of their play-time in isolation, or engaging in self-stimulatory play.

For some children these play and social skills need some tender loving care to develop. In a small group-based class, there will be substantial support and attention given to the specific needs of your child, to ensure they are developing these skills. The result will be greater preparation to participate in preschool and later on in the classroom.



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3 Play is fun and improves the quality of learning and quality of life.

Learning play and social skills should be fun! Simply being around peers and enjoying yourself can reduce problem behaviour and increase the ease with which children are learning new skills.

SAMPLE CLASS PLAN:

- 1 Play Skill development - Task completion (i.e. puzzles), Pretend Play (i.e. pretend cooking), Sensory Play (i.e. kinetic sand) and Construction Play (i.e. LEGO).
- 2 Snack Break
- 3 Group Time - Songs, News and Story-time
- 4 Structured Group Play - Red Light-Green Light, Simon Says
- 5 Fine and Gross Motor Development
 - Beading
 - Painting
 - Ball Play
 - Obstacle Course

WHEN?

Monday - Friday

9:30 - 12:30 on all days

(classes subject to availability)



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