Dance, for me, is the profound connection between mind and soul. I'm drawn to the raw authenticity of movement, exploring how a person might react in a moment, fulfilling a task or dance prompt. Sensation and feeling lie at the heart of my dance—movement serves as the catalyst to evoke powerful emotions and thoughts. I rely on textured, dynamic movement, tension, and musicality as my tools.

When there's a narrative, my aim is immersion and a real-time experience, intertwining the audience into the visceral sensation of movement. I'm not a dancer conveying a message; I'm the embodiment of an experience unfolding, aiming to convince the audience that even rehearsed choreography is candid. My goal is to transport your mind beyond the boundaries of reality.

I steer away from closed-ended questions, preferring to instill a sense of intriguing confusion that sparks curiosity and individual interpretation. I want the audience to depart not merely having watched a performance but having embarked on a journey of thought and perspective. My pursuit lies in evoking emotions and challenging assumptions, seeking empathy through nuanced, indirect messages. Ultimately, I aim to make people feel—whatever that feeling may be.