



## SHORT BREAKS

## SERVICES



### **Did you know that Carers Forward is an inclusive play care and social care provider?**

Our service aims to offer children and adults with complex health conditions the opportunity to learn, grow and be included in positive daily living experiences. We carry out several Half term and summer clubs throughout the year which involves sports and social opportunities.

Our service supports unpaid carers with short break experiences and respite through our home support packages and various community trips year-round.

### **Who do we work with?**

Carers Forward works with a host of professionals from the local authority such as Birmingham social services, the children's trust, Birmingham and Solihull NHS trust and third sector organisations such as advocacy matters, forward thinking and Cerebra.

We are specialised in what we deliver because of our passion in promoting equal opportunities. We hold regular consultations and are often working in partnership with organisations to increase our out-reach.

### **We care for our community**

Our organisation was established in 2014. Our set up involves volunteers, and a board of members who have a passion in our social aims. We are a registered community interest company which means that all our profits are put back into delivering our socially beneficial aims. We are registered with the Care Quality Commission to provide domiciliary and community learning disability services.

### **Take a look out our outcomes ....**

- ✓ Individuals have improved physical and emotional well-being.
- ✓ Individuals can maintain and express their personal identity.

- ✓ and are encouraged with learning experiences that promote their independence.
- ✓ Individuals are given an equal chance to service provision for example, access to inclusive resources in the community.
- ✓ Individuals from Black Asian and minority ethnicities are included in our activities from start to finish.
- ✓ Our community members have a say in what we propose to deliver.



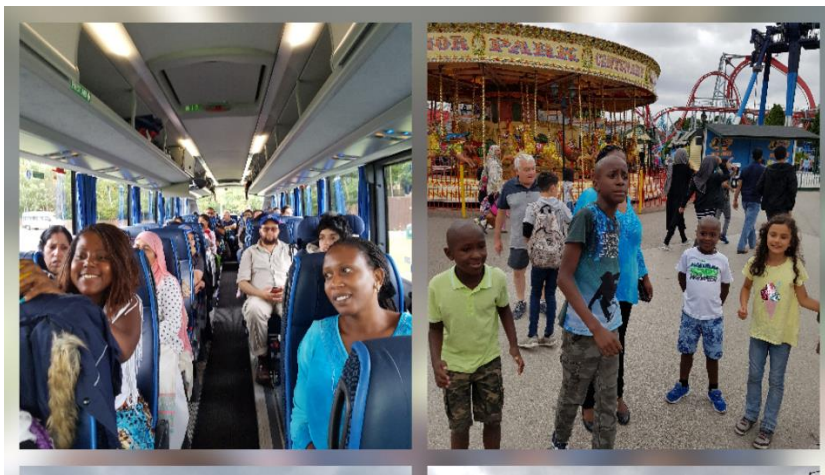
**Jump around project 2019**



**Blackpool Trip 2019**



Sports project 2018



Drayton Manor Trip 2018

## How are we measuring our outcomes?

Based on our service user data and project feedback we can assess whether we are meeting our outcomes. We will use surveys, client case studies and engagement from our community. We hold consultation days and regular online/ social media interaction to see how were doing.



## Case study

We have been providing support to a young man called David who has autism and significant learning needs. He is a brother to 2 younger siblings who also have a mild learning disability. David and his brothers attended our projects in 2017 through to 2019.

Since 2017, we have seen a remarkable growth in David; his interaction, understanding and ability to take part in group activities has increased. Initially, he was very reluctant to join in with our group activities, however with time and supported participation he has flourished in his abilities. His mother who is a full time carer to 3 young boys with learning needs told us that after accessing our activities he is bright, happier and has also seen a good turn in his behaviour.

David and his family have accessed our trips which we thought would be a challenge for him. However, mother was pleasantly surprised at his new calm attitude. She commented that with opportunities like this we would never have seen what David can truly be capable of. David can be seen enjoying his sports activities the trip to Drayton Manor.

Below is a year to year comparison of our service engagement and impact.

