

Beer List By ABV!
Looking for the best “BANG” for your caloric buck?
This is the list for you

Brand	Calories	ABV
Beck's Light	64	2.30%
Budweiser Select 55	55	2.40%
Pabst Extra Light Low Alcohol	67	2.50%
Miller64	64	2.80%
Grolsch Blonde Lager	120	2.80%
Molson Canadian 67	67	3.00%
Kirin Light	95	3.20%
Strauss Endless Summer Light	110	3.30%
Grolsch Light Lager	97	3.60%
Rolling Rock Green Light	83	3.70%
Yuengling Light Lager	99	3.80%
Hamm's Special Light	110	3.80%
Old Milwaukee Light	110	3.82%
Shipyard Light	97	3.90%

Brand	Calories	ABV
Molson Canadian Light	113	3.90%
Redhook Slim Chance	125	3.90%
Corona Premier	90	4.00%
Michelob Ultra Amber	95	4.00%
Michelob Ultra Lime Cactus	95	4.00%
Hiland Light	97	4.00%
Abita Light	118	4.00%
Victoria	135	4.04%
Busch Light	95	4.10%
Milwaukee's Best Light	96	4.10%
Amstel Light	99	4.10%
Corona Light	99	4.10%
Miller High Life Light	107	4.10%
Michelob Golden Draft Light	110	4.10%
Keystone Light	104	4.13%
Leinenkugel Amber Light	110	4.14%

Brand	Calories	ABV
Iron City Light	95	4.15%
Leinenkugel Light	105	4.19%
Michelob Ultra	95	4.20%
Natural Light	95	4.20%
Miller Lite	96	4.20%
Heineken Light	99	4.20%
Omission Ultimate Light	99	4.20%
Coors Light	102	4.20%
Bud Light	110	4.20%
New Belgium Skinny Dip	110	4.20%
Schlitz Light	110	4.20%
Bud Light Lime	116	4.20%
Abita Golden	125	4.20%
Abita Purple Haze	128	4.20%
Sol Cerveza	128	4.20%
Weinhard's Amber Light	135	4.20%

Brand	Calories	ABV
Bud Light Chelada Clamato	151	4.20%
Guinness Draught	125	4.27%
Michelob Ultra Pure Gold	85	4.30%
Budweiser Select	99	4.30%
Busch	114	4.30%
Sam Adams Light	119	4.30%
Michelob Light	123	4.30%
Augustiner Amber Lager	135	4.30%
Carling Black Label	138	4.30%
Stroh's Light	113	4.40%
Modelo Especial	145	4.40%
Pacifico	145	4.40%
Sierra Nevada Wheat Beer	153	4.40%
Pilsner Urquell	156	4.40%
Keystone Premium	111	4.43%
Abita Amber	128	4.50%

Brand	Calories	ABV
Rolling Rock Premium Beer	132	4.50%
Iron City	140	4.50%
Yuengling Lager	140	4.50%
Yuengling Premium Beer	141	4.50%
Genesee Beer	148	4.50%
Smithwick's	150	4.50%
Cristal (Peru)	132	4.60%
Miller Genuine Draft (MGD)	140	4.60%
Omission Lager	140	4.60%
Miller High Life	141	4.60%
Rolling Rock Extra Pale	142	4.60%
Schaefer Beer	142	4.60%
Harbin	144	4.60%
Old Milwaukee Beer	145	4.60%
Weinhard's Pale Ale	147	4.60%
Corona Extra	149	4.60%

Brand	Calories	ABV
Stroh's Beer	149	4.60%
Michael Shea's	145	4.62%
Leinenkugel Original	152	4.67%
Flying Dog In Heat Wheat	138	4.70%
Hamm's Beer	142	4.70%
Olympia Premium Lager	146	4.70%
Schlitz Beer	146	4.70%
Boddington's Ale	148	4.70%
Newcastle Brown Ale	150	4.70%
Michelob Golden Draft	152	4.70%
Yuengling Porter	160	4.70%
Yuengling Porter	160	4.70%
Pabst Blue Ribbon	144	4.74%
New Belgium Blue Paddle	140	4.80%
Cusquena	141	4.80%
Milwaukee's Best (Premium)	142	4.80%

Brand	Calories	ABV
New Belgium Sunshine Wheat	145	4.80%
St. Pauli Girl Special Dark	150	4.80%
Weinhard's Private Reserve	150	4.80%
Blatz Beer	153	4.80%
Signature Stroh Beer	153	4.80%
Corona Familiar	154	4.80%
New Belgium Mothership Wit	155	4.80%
Tsingtao	157	4.80%
Red Bridge	160	4.80%
Lech	143	4.90%
Genesee Red	148	4.90%
St. Pauli Girl	148	4.90%
Weinhard's Hefeweizen	151	4.90%
Anchor Steam	153	4.90%
Hoegaarden Belgian White	153	4.90%
Red Stripe	153	4.90%
Widmer Hefeweizen	159	4.90%

Brand	Calories	ABV
Leinenkugel Sunset Wheat	165	4.90%
Michelob Honey Lager	174	4.90%
Sam Adams Cream Stout	190	4.90%
Sam Adams Black Lager	191	4.90%
Leinenkugel Honey Weiss	149	4.92%
Leinenkugel Northwoods Lager	163	4.94%
Leinenkugel Red	166	4.94%
Leinenkugel Creamy Dark	170	4.94%
Coors Extra Gold	152	4.97%
Southpaw Light	123	5.00%
New Planet Tread Lightly Ale	125	5.00%
Molson Canadian	136	5.00%
Wyder's Pear Cider	136	5.00%
Grolsch Premium Lager	142	5.00%
Beck's	143	5.00%
Budweiser	145	5.00%
Foster's	146	5.00%

Brand	Calories	ABV
Coors Banquet	147	5.00%
Kirin	147	5.00%
Presidente	147	5.00%
Red Dog	147	5.00%
Brooklyn Summer Ale	150	5.00%
Heineken	150	5.00%
Wyder's Apple Cider	150	5.00%
Guinness Extra Stout	153	5.00%
Bass Ale	156	5.00%
Tuborg Export Quality	156	5.00%
Sierra Nevada Draft Ale	157	5.00%
Sierra Nevada Summerfest	158	5.00%
Brooklyn Pennant Pale Ale	160	5.00%
Lowenbrau Dark	160	5.00%
Michelob Beer	164	5.00%
Redd's Apple Ale	165	5.00%
Firestone DBA	166	5.00%

Brand	Calories	ABV
Abita Restoration	167	5.00%
Dogfish Head Shelter Pale Ale	168	5.00%
Deschutes Mirror Pond Ale	170	5.00%
Efes Pils	170	5.00%
Sam Adams Boston Lager	175	5.00%
Budweiser Chelada	186	5.00%
Flying Dog Tire Bite Golden Ale	129	5.10%
Peroni Nastro Azzurro	149	5.10%
Magic Hat #9	153	5.10%
Brooklyn Pilsner	155	5.10%
Weinhard's Blonde Lager	161	5.10%
Genesee Cream Ale	162	5.10%
Tuborg Deluxe Dark Export	163	5.10%
Blue Moon Honey Moon Summer Ale	157	5.12%
Stella Artois	154	5.20%
Harp Lager	155	5.20%
Michelob AmberBock	155	5.20%

Brand	Calories	ABV
Lowenbrau Special Beer	160	5.20%
New Belgium Fat Tire	160	5.20%
Shock Top	168	5.20%
Brooklyn Lager	170	5.20%
Deschutes Black Butte Porter	192	5.20%
Tyskie	149	5.30%
Sam Adams Summer Ale	160	5.30%
Sam Adams Coastal Wheat	167	5.30%
Pete's Wicked Ale	174	5.30%
Blue Point Toasted Lager	175	5.30%
Bud American Ale	182	5.30%
Sam Adams Brown Ale	159	5.35%
Blue Moon Belgian White	164	5.36%
Yuengling Lord Chesterfield Ale	158	5.40%
Grolsch Amber Ale	160	5.40%
Sam Adams Pale Ale	160	5.40%
Blue Moon Rising Moon Spring Ale	161	5.40%

Brand	Calories	ABV
Beach Bum Blonde Ale	163	5.40%
George Killian's Irish Red	168	5.40%
Yuengling Oktoberfest	168	5.40%
Negra Modelo	170	5.40%
Sam Adams White Ale	175	5.40%
Sam Adams Cherry Wheat	180	5.40%
Sam Adams Oktoberfest	180	5.40%
Sam Adams Hefeweizen	182	5.40%
Sam Adams Boston Ale	188	5.40%
Sam Adams Scotch Ale	200	5.40%
Sam Adams Honey Porter	192	5.45%
Bud Ice	123	5.50%
Flying Dog Doggie Style Pale Ale	150	5.50%
Flying Dog Old Scratch Amber Lager	154	5.50%
Foster's Premium Ale	161	5.50%
Michelob Dunkelweisse	167	5.50%
Sam Adams Blackberry Witbier	176	5.50%

Brand	Calories	ABV
Sam Adams Irish Red	180	5.50%
Blue Moon Full Moon Winter Ale	180	5.52%
Molson Ice	160	5.60%
Abita Turbodog	168	5.60%
Sierra Nevada Pale Ale	175	5.60%
Michelob Pale Ale	187	5.60%
Brooklyn Brown Ale	190	5.60%
Sierra Nevada Porter	194	5.60%
New Belgium 1554	205	5.60%
Anchor Porter	209	5.60%
Stone Pale Ale	188	5.64%
Irish Red Ale	196	5.70%
Blue Moon Harvest Moon Pumpkin Ale	180	5.76%
Redhook ESB	179	5.77%
Mickey's Ice	157	5.80%
Omission Pale Ale	175	5.80%

Brand	Calories	ABV
Sam Adams Winter Lager	200	5.80%
Sierra Nevada Stout	225	5.80%
Natural Ice	130	5.90%
Busch Ice	136	5.90%
Keystone Ice	142	5.90%
Genesee Ice	156	5.90%
Milwaukee's Best Ice (Beast Ice)	173	5.90%
Michelob Porter	187	5.90%
Sierra Nevada Anniversary Ale	190	5.90%
Sierra Nevada Early Spring Beer	190	5.90%
Sam Adams IPA	175	5.93%
Bud Light Platinum	137	6.00%
Flying Dog Road Dog	163	6.00%
Winter's Bourbon Cask Ale	165	6.00%
Dogfish Head 60 Minute IPA	209	6.00%
Brooklyn Winter Ale	205	6.10%
Lagunitas IPA	194	6.20%

Brand	Calories	ABV
Deschutes Fresh Squeezed IPA	225	6.40%
Redhook IPA	188	6.50%
Abita Jockamo IPA	190	6.50%
New Belgium 2 Below	200	6.60%
Rock Bottom Illuminator Doppelback	288	6.67%
Omission IPA	195	6.70%
Sierra Nevada Harvest Ale	215	6.70%
Sierra Nevada Celebration Ale	214	6.80%
Rogue Dead Guy Ale	216	6.80%
Deschutes Inversion IPA	228	6.80%
Miller Fortune	186	6.90%
Brooklyn East India Pale Ale	200	6.90%
Smuttynose Fineskind IPA	200	6.90%
Sierra Nevada India Pale Ale	231	6.90%
New Belgium Abbey	200	7.00%
Sierra Nevada Pale Bock	218	7.00%
Sculpin IPA	228	7.00%

Brand	Calories	ABV
Flying Dog Snake Dog IPA	188	7.10%
Lagunitas Little Sumpin' Sumpin' Ale	230	7.50%
New Belgium Trippel	215	7.80%
Natty Daddy	183	8.00%
Russian River Pliny the Elder	236	8.00%
Lagunitas Hop Stoopid	285	8.00%
Flying Dog Raging Bitch	221	8.30%
Flying Dog Kerberos Tripel	238	8.50%
Dogfish Head 90 Minute IPA	294	9.00%
Dogfish Head Midas Touch	307	9.00%
Flying Dog Gonzo	271	9.20%
Sam Adams Imperial Stout	316	9.20%
Sam Adams Imperial Double Bock	320	9.50%
Sierra Nevada Bigfoot	330	9.60%
Ommegang Three Philosophers	290	9.70%
Lagunitas Brown Shugga'	335	9.70%
Dogfish Head Red & White	310	10.00%

Brand	Calories	ABV
Brooklyn Black Chocolate Stout	320	10.00%
Brooklyn Monster	305	10.10%
Flying Dog Horn Dog	314	10.20%
Sam Adams Imperial White	328	10.30%
Flying Dog Double Dog	313	11.50%
Dogfish Head 120 Minute IPA	450	18.00%