

CLASS FEES 2026

CONSULTATIONS :

VIA ZOOM	£20 p/h
AT VENUE OR YOUR HOME	£25 p/h

GROUP CLASSES @ 75 MINS

MONDAY P.M. WEDNESDAY A.M. THURSDAY A.M.

TERM x 6 IN ADVANCE	£22 DISCOUNT	£80
PAYG		£17

GROUP CLASS @ 60 MINS

WEDNESDAY PM

TERM x 6 IN ADVANCE	£20 DISCOUNT	£70
PAYG		£15

PERSONAL TRAINING

VIA ZOOM		£40 p/h
TERM x 6 PT IN ADVANCE	£20 DISCOUNT	£220
HIRED VENUES		£45 p/h
TERM x 6 PT IN ADVANCE	£20 DISCOUNT	£250

PT AT YOUR HOME:

WITHIN 5-MILE DRIVE		£45 p/h
X 6 IN ADVANCE	£20 DISCOUNT	£250
OVER 5-MILE DRIVE		£50 p/h
X 6 IN ADVANCE	£25 DISCOUNT	£275