



PROFESSIONAL HEALTH & FITNESS ADVISOR

CLASS FEES 2026

CONSULTATIONS :

VIA ZOOM	£20 p/h
AT VENUE OR YOUR HOME	£25 p/h

GROUP CLASSES @ 75 MINS

MONDAY P.M.	WEDNESDAY A.M.	THURSDAY A.M.
TERM x 6 IN ADVANCE	£22 DISCOUNT	£80
PAYG		£17

GROUP CLASS @ 60 MINS

WEDNESDAY PM		
TERM x 6 IN ADVANCE	£20 DISCOUNT	£70
PAYG		£15

PERSONAL TRAINING

VIA ZOOM	£40 p/h
TERM x 6 PT IN ADVANCE	£20 DISCOUNT
HIRED VENUES	£45 p/h
TERM x 6 PT IN ADVANCE	£20 DISCOUNT

PT AT YOUR HOME:

WITHIN 5-MILE DRIVE	£45 p/h
X 6 IN ADVANCE	£20 DISCOUNT
OVER 5-MILE DRIVE	£50 p/h
X 6 IN ADVANCE	£25 DISCOUNT