

LEARN TO SKATE & LEARN TO PLAY HOCKEY

Our **Adult Learn to Skate** and **Learn to Play Hockey** programs are designed to teach the basic skills of skating and hockey in a systematic and progressive manner while at the same time being fun for all participants. Our introductory programs from skating to ice hockey allow for a high level of flexibility in instruction and are adjusted to teach each player based on his or her abilities and previous experience. After participation, skaters should be ready to move on to our **C League** or even repeat the Learn To Play Hockey League in order to enhance their skills.

ADULT LEARN TO SKATE PROGRAM – 7 classes:

Prerequisite – No Skills Required **Ages** – 16 and up **Days** – Sat. at 12pm or Mon. at 5:30pm
Designed – Teach basic skating skills including forward and backward skating, stopping, edges, etc.

LEARN TO PLAY HOCKEY SKILLS PROGRAM:

Prerequisite – Learn to Skate program or equivalent **Ages** – 16 and up **Days** – TBD

Designed – Teach skills of the game including skating, stick handling, passing and shooting.

ICEZONE ADULT HOCKEY LEAGUES

B LEAGUE – 18 game season (January 6 – May 4, 2020):

Designed – *This league is for advanced players. Mostly college and high school players, as well as those players who have played a long time and have a lot of experience at the game. Week 1 will be an evaluation skate.*

Ages – 16 and up **Days** – Monday games

Price \$365/18 game season (\$100 for goalies)* - includes team jersey
 \$50 deposit due with form and balance must be paid in full no later than January 2nd

C LEAGUE-18 game season (January 8-May 6, 2020):

Designed – *This league is for intermediate players or those over the age of 35. Made up of players who have become well acquainted with the game but are still learning. It is competitive, but the focus is more on having fun and getting exercise than winning.*

Ages – 16 and up **Days** – Wednesday games

Price \$365/18 game season (\$100 for goalies) – includes team jersey
 \$50 deposit due with form and balance must be paid in full no later than January 2nd

ICEZONE PICK – UP & STICK ‘N PUCK

ADULT PICK UP

Designed – these sessions are a very relaxed, fun skate. We don't keep score, we just come out early, pick teams, and have a good time playing hockey.

Ages – 16 and up **Dates/Times** – varies, visit website for sessions **Price** - \$10.00 per session

STICK ‘N PUCK

Designed – no game play, these sessions are just for practicing your skills with a stick and puck

Ages – All Ages **Dates/Times** – varies, visit website for sessions **Price** - \$9.00 per session

ALL PLAYERS MUST SIGN THE ICEZONE WAIVER AND RELEASE FORM AT TIME OF REGISTRATION. AND PRESENT A COPY OF THEIR USA HOCKEY MEMBERSHIP

PAYMENT, FEES, AND REGISTRATION

NAME _____

USA Hockey Number (required) _____

SEX _____ DOB _____ / _____ / _____ EMAIL _____

PHONE # _____

JERSEY SIZE _____ TOP 3 CHOICES FOR JERSEY NUMBER _____

REQUEST TO BE ON A TEAM W/ (only list one name) _____

Preferred Position _____

For Team Balancing Please Circle Highest Level Played:

Adult Hockey Only Youth Hockey High School/College Junior Hockey or Above

LEAGUES (circle)

PLAYER FEE \$365.00 - B-League

PLAYER FEE \$365.00 - C-League

GOALIE FEE \$100.00 - B-League

GOALIE FEE \$100.00 - C-League

The IceZone reserves the right to place up to 12 individuals on any one team. This applies to new players signing up after the start of the season. Players will be charged a pro-rated amount based on the amount of games left in the season, **only after the 3rd game of the season will this apply.** Players cannot pay per game. Players must pay for remaining games left in season at time of sign up.

*Players new to the league should email Stephanie to arrange an evaluation session prior to the start of the season

Additional League Discount – \$25.00 will be taken off each league fee if playing in more than one league. Player must first be approved to play in both leagues

THE ICEZONE RESERVES THE RIGHT TO MOVE ANY PLAYER WHO IS NOT PLAYING IN HIS/HER RESPECTIVE LEAGUE DURING ANY PART OF THE SEASON. THE ICEZONE PROMOTES GOOD SPORTSMANSHIP AND IN DOING SO WE MUST MAINTAIN A GOOD BALANCE OF PLAYERS IN EACH RESPECTIVE LEAGUE.

For more information contact:

Stephanie Bardykin (252) 353-8888 skatepairs@aol.com

CAROLINA ICEZONE ADULT HOCKEY LEAGUES AND PROGRAMS



SPRING Leagues begin:
C-LEAGUE – Wednesday, January 9th, 2019
B-LEAGUE – Monday, January 7th, 2019

Carolina IceZone is proud to announce its Adult Hockey Leagues and Programs. Our leagues and programs are intended to group and serve all adults 16 and up based on their skill level and development.

ICEZONE ADULT HOCKEY LEAGUE MISSION STATEMENT

CIZ AHL is dedicated to cultivating and developing adults in the sport of hockey. This is achieved through proper developmental programs and leagues in an atmosphere **that promotes good sportsmanship and fair play.** These concepts will provide every adult the avenue to learn, grow and enjoy the game of ice hockey with the **CIZ AHL** in a variety of leagues and clinics.

Competitive Committee:

A Competitive Committee will be formed during each season and they must approve all new players and place each player in the proper league to ensure that all teams have a level playing field. Players may be moved or changed to a different team during the first 3 weeks of the season if the Committee feels a player is playing in the wrong league or the teams in a particular league are not well-matched. Decisions of the Committee will be final, and all questions regarding this matter should be addressed to a Committee member

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