

FALL 2023 "D"evelopmental Adult/Teen League

Tuesday evenings 7:15-8:15pm – Sessions I, II, III FALL 2023 SESSION I – September 5, 12, 19, 26

FALL 2023 SESSION II - October 3, 10, 17, 24, November 7

FALL 2023 SESSION III – November 14, 28, December 5, 12, 19

Each date will consist of structured drills for approximately 30 minutes followed by a 30 minute scrimmage. The league is strictly for FUN and for learning the rules of the game. D League will help prepare new players for the Adult "C" League.

The program offers a high level of flexibility in instruction and is adjusted to teach each player based on his or her capabilities and previous experience. After participation, a player may choose to continue with the "D" evelopmental League to increase skills or may be ready for the Adult C-League.

No Experience Required!

Cost - \$30/ Class Walk-on OR

Session I - \$95/4 classes

Session II & III - \$120/5 classes - classes must be during the same session

*Loaner sticks &	& helmets may be availa	ble for players, if needed – <i>Skat</i>	e rental is available	at no charge for any playe	r needing skates	
Direct questions	s to Coach Sam at <u>carol</u> i	inaicecoachsam@gmail.com or o	call (252) 353-8888 c	during rink business hours		
Player Name	:	DOB:		Phone:		
Parents Name:		USA Hockey Number		Email:		
Se	ession (circle one):	SESSION I	SESSION II	SESSION III	Walk-Ons	
incidental expenses fo supervisors, officials, a	r such participation, including trained to any coaches to any injury to my so	registrant, hereby give my approval for his/h nsportation to and from activities. I hereby wa n/daughter whether the result of negligence uthority to enroll the child in this program an	aive, release, absolve, indem or any other cause. In the ev	nify, and agree to hold harmless Caro ent that one parent executes this agre	lina Ice Zone, directors, league office eement, the signer acknowledges th	
Signature:				Date:		
Office Only:						
Payment	Date	Payment	Date	Payment	Date	