



## LEARN TO SKATE USA PROGRAM

### Fall Skate School

Monday 5:30 - 6:30pm

Saturday 12-1pm

#### Session 1

Saturdays: Sept 9, 16, 23, 30 Oct 7, 14,  
21

Mondays: Sept. 11, 18, 25 Oct. 2, 9, 16,  
23

#### Session 2

Saturdays: Oct. 28, Nov. 4, 11, 18, Dec.  
2, 9

Mondays: Oct. 30, Nov. 6, 13, 20, 27  
Dec. 4, 11

Holiday Show Monday December 18th

#### Costs:

\$150 for 7 classes (Class once a week)

\$275 for 14 classes (Class twice a week)

\$125 Sibling add-on

\$105 Parent add-on

\*Annual fee of \$20 will be charged beginning September 1st to cover enrollment in the Learn to Skate USA program. With this enrollment fee, skaters will be able to earn badges as they progress through the program and be eligible to compete in basic skills.

**All lesson times are subject to change and classes may be canceled or combined based on enrollment.**

#### Skating Classes Available:

##### **SNOWPLOW SAM Levels 1-3 (Ages 3-6):**

Designed to help young skaters become familiar with the ice. Will learn elements such as forward and backward skating and stopping!

##### **BASIC SKILLS Levels 1-6 (Ages 7 and up):**

These levels are designed to help a beginner skater learn different elements and advance in skating.

**FREESTYLE 1-6 (Ages 7 and up):** In these levels, skaters will learn detailed spins and more difficult jumps. Skaters must have passed Basic 1-6. Two classes per week plus additional practices at this level is strongly recommended.

**ADULT 1-6 (Ages 18 and up):** The basics of skating for adults only. Skaters will move at their own pace and the class will be as challenging as you want it to be.

#### HELPFUL INFORMATION

- On the first day of classes, **please arrive at least 30 minutes early** to get your class assignment, fit for skates, and meet your coach.
- Lessons are 30 minutes followed by 30 minutes of practice time for skaters enrolled in skate school ONLY
- Be sure to dress warm in comfortable, moveable clothing.
- Bike Helmets recommended for beginner skaters.
- If you have any questions please email **Miss Sam Cucuel** the Skate School Director at [carolinaicecoachsam@gmail.com](mailto:carolinaicecoachsam@gmail.com)
- NO REFUNDS credit may be given at the discretion of the skating director.