

# ABOUT US

At Laugh & Live, we believe in the transformative power of laughter—ushering in happiness, one smile at a time. We deliver personalized support tailored to each individual's physical, medical, and emotional needs in their home or community setting. We proudly accept FIS and CL waivers to enrich daily life through compassionate, structured support.

*Each smile  
brings us closer  
to a more joyful,  
independent life.*

## Vision

To foster a nurturing environment where individuals with developmental and intellectual disabilities can thrive and live independently in their communities.

## Purpose

“Changing lives one smile at a time” – because when you smile, you laugh—and when you laugh, you truly live.

## Core Values

We uphold Integrity, Respect, Leadership, Personal Growth, and Excellence in all we do.



# LAUGH & LIVE, LLC

*Where Smiles Blossom  
and Laughter Echoes, Life  
Flourishes.*

Let our Laugh & Live  
family support your  
loved ones—with  
smiles, skill, and care.



## GET IN TOUCH



**+1 757-224-0507**



1919 Commerce Drive,  
Suite 450, Hampton, VA 23666



Monday & Friday:  
• By appointment only



Tuesday–Thursday:  
• 9:00 am – 2:00 pm



Saturday & Sunday: Closed

# SERVICES

We serve adults with  
developmental and intellectual  
disabilities through tailored  
residential programs:

### Supportive In-Home

Skill building and support at home  
or in the community to enhance  
self-help, social, and adaptive  
skills (FIS & CL waivers)

### Independent Living

Assistance for adults 18+ to secure  
and maintain independent living  
in the community (BI waiver)

### Sponsored Residential

Skill-building and safety support  
provided in sponsor homes under  
DBHDS-licensed supervision (CL  
waiver)



[www.laughandlivellc.com](http://www.laughandlivellc.com)



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to learn more