

ABOUT US

At Laugh & Live, we believe in the transformative power of laughter—ushering in happiness, one smile at a time. We deliver personalized support tailored to each individual's physical, medical, and emotional needs in their home or community setting. We proudly accept FIS and CL waivers to enrich daily life through compassionate, structured support.

Each smile
brings us closer
To a more joyful,
independent life.



Vision

To foster a nurturing environment where individuals with developmental and intellectual disabilities can thrive and live independently in their communities.

Purpose

“Changing lives one smile at a time” – because when you smile, you laugh—and when you laugh, you truly live.

Core Values

We uphold Integrity, Respect, Leadership, Personal Growth, and Excellence in all we do.



LAUGH & LIVE, LLC

*Where Smiles Blossom
and Laughter Echoes, Life
Flourishes.*

Let our Laugh & Live family support your loved ones—with smiles, skill, and care.



GET IN TOUCH



+1 757-224-0507



1919 Commerce Drive,
Suite 450, Hampton, VA 23666



Monday & Friday:
• By appointment only



Tuesday–Thursday:
• 9:00 am – 2:00 pm



Saturday & Sunday: Closed

SERVICES

We serve adults with developmental and intellectual disabilities through tailored residential programs:

Supportive In-Home

Skill building and support at home or in the community to enhance self-help, social, and adaptive skills (FIS & CL waivers)

Independent Living

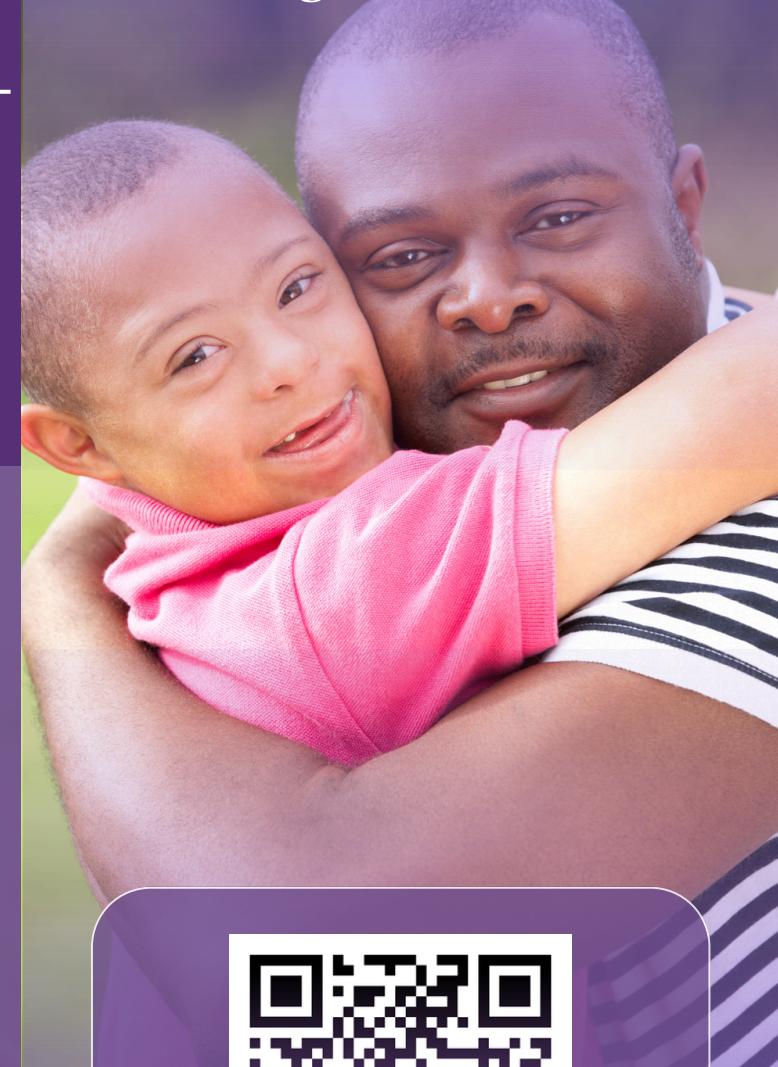
Assistance for adults 18+ to secure and maintain independent living in the community (BI waiver)

Sponsored Residential

Skill-building and safety support provided in sponsor homes under DBHDS-licensed supervision (CL waiver)



www.laughandlivellc.com



Scan the QR Code
to learn more