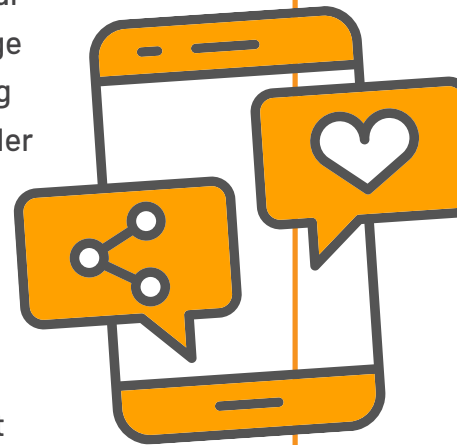


RIISING TOGETHER **TERMS OF PARTICIPATION**

This document highlights what peer support is, the limits of peer support, and it reviews some of the risks and conditions of your participation in a peer support group. We want to ensure that all group members understand this, so they can make an informed decision about participating in the Rising Together program.

- While YRA will make every reasonable effort to protect your privacy, there are privacy risks involved in an online setting that are outside of our ability to control, including no guarantee of confidentiality or anonymity. By attending this group, you confirm that you understand and accept the following conditions around privacy/confidentiality:
- *Confidentiality is an important and valued part of creating a safe and open peer support environment. As group members, we all have a responsibility to make sure everyone feels comfortable sharing their feelings and experiences, while creating an environment of trust within the group. To ensure confidentiality is maintained:*
 - You agree that recording any part of these online sessions is not permitted.
 - All group sessions are password protected in which only group participants will be given the password upon registration. You agree not to share this password.
 - Group members are to make every reasonable effort to find a private space in order to prevent unintended audiences in your surroundings from listening in during the group. We encourage participants to take measures to ensure privacy such as using headphones and turning your screen away from others, in order to maintain the privacy of group participants.
 - What happens or is shared within the group is not to be repeated outside of the group
 - Outside of the group setting, respect that group members may not want to acknowledge you, or if they do, they may not want to discuss group topics



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- You understand that while this group is open to everyone, we are not equipped to provide crisis services. In the event you need urgent/immediate care, please contact one of following help-lines, or call 911:
 - Kids Help Phone - 1-800-668-6868 OR Live chat at www.kidshelphone.ca
 - Crisis Services Canada - 1-833-456-4566
 - Toronto Gerstein Centre - 416-929-5200
- You understand that peer support is between individuals with shared experiences, in which a peer support facilitator is trained to listen, provide emotional support, encouragement, and hope. Peer support is not clinical.
- Therefore, you understand that these group sessions are NOT considered therapy, not regulated by any regulating/legislating body and are facilitated by peer support workers who are not licensed or certified mental health professionals.
 - More information on peer support can be found here:
<https://peersupportcanada.ca/>
- You understand that our Peer Support Facilitators cannot guarantee any particular mental health outcome, and are not able to prescribe or offer any treatment or therapy, nor diagnose any particular mental health condition.
- In the event you communicate information that indicates you may hurt yourself, someone else, or that someone else may hurt you; or there is neglect or abuse of a minor that we may need to notify the appropriate parties to ensure your safety. In this situation, we will communicate with you in advance, follow program incident protocols, and work with you to handle this in a way that respects you, your feelings, and your needs.
- You agree that you are voluntarily participating in this group, and that you have the option to leave the group at any time, at your own will, without any impact to participation in future groups.

RIISING TOGETHER

TERMS OF PARTICIPATION

- You agree that YRA reserves the right to administer gift card honorariums at the discretion of program staff.
- You agree that YRA reserves the right to discontinue service in the event you may be contributing to an unsafe environment.
- You provide consent for your name and email to be recorded by Youth Rising Above, and to only be used in emergency situations, and to communicate information to you on peer support programs and related activities (this information will not be shared with any other parties without your consent).
- All group sessions are password protected in which only group participants will be given the password upon registration and allowed to join the group session. You agree to not share this password with others.

