

# YOUTH RISING ABOVE

INSPIRING • EMPOWERING • TRANSFORMING



## **Youth Peer Support Worker – Volunteer Position**

Youth Rising Above is an organization dedicated to inspiring, empowering and transforming the lives of at-risk youth within the community.

Youth Rising Above is looking to hire a Youth Peer Support Worker - Volunteer Position.

**Role Description:** The volunteer will report to the Vice-Chair, Board of Directors, and works collaboratively with the Youth Rising Above team. The volunteer will promote a supportive attitude toward youth aged 16-24, who have experienced mental health and other challenges through peer support within the Youth Rising Above community. A co-facilitator will support the volunteer to facilitate the peer support group to empower group members to work toward their own goals. The volunteer will receive supervision support from Youth Rising Above, and any additional support as required. In addition, the volunteer will be required to participate in a training session prior to commencement of the position.

**Anticipated Start Date:** TBC

**Term:** Minimum 6 months, bi-weekly on Sundays for 2 hours per session

**Location:** The Beaches community, Toronto

**Qualifications:**

- Personal/lived experience of systemic, mental health and/or other challenges faced by youth (required)
- Vulnerable sector screening completed within the last year, or ability to acquire one prior to the start date of the position (required)
- Education/training in health or social services or related work experience (preferred)
- Completion of peer worker training and/or recovery-oriented such as WRAP or Pathways to Recover (asset)
- Experience providing peer support and delivering groups (asset)

- Able to integrate own recovery process and lived experience of the mental health system to support group members with their own recovery journeys

Additional Qualifications:

- Demonstrate sensitivity toward inclusion and diversity, mental health and other challenges faced by group members
- Personal knowledge of the mental health system
- Strong communication and listening skills
- Demonstrate organizational skills and critical thinking
- Ability to problem solve and make recommendations to resolve issues
- Ability to work independently and effectively in a team

Youth Rising Above welcomes and encourages applications from persons of any gender identity, sexual orientation, persons with disabilities, members of visible minorities and Aboriginal candidates. Should any accommodations be required during the application process, candidates are encouraged to contact Youth Rising Above.

More information about Youth Rising Above can be found at <https://youthrisingabove.org/>

*Interested applicants can contact Nisha at [nisha.youthrisingabove@gmail.com](mailto:nisha.youthrisingabove@gmail.com). Candidates are encouraged to send their resume and cover letter by November 30, 2018. Please quote “Youth Peer Support Worker” in the subject line. We thank all applicants for their interest; however, only those selected for an interview will be contacted.*