



## Executive Staff

Lindsay Raike  
*President and CEO*

Michael Schrader  
*Vice President*

Brian Zywiec  
*Chief Financial Officer*

Jane Stahl  
*Secretary*

## Board of Directors

Romy Bauer

Pam Heman

Steven B. Stahl

Astrid Varteressian

Warm Water Wellness Inc is a  
501(c)(3) non-profit organization  
that promotes aquatic therapy  
resources for seniors and  
disabled individuals of all ages.  
Tax ID 87-4048687

August 20, 2025

Mr. Warner Thomas  
President and Chief Executive Officer  
Sutter Health  
2200 River Plaza Drive  
Sacramento, CA 95833

Members of the Sutter Health Corporate Board  
Sutter Health  
2200 River Plaza Drive  
Sacramento, CA 95833

Mr. Darian Harris  
Chief Executive Officer  
Mills-Peninsula Medical Center  
1501 Trousdale Drive  
Burlingame, CA 94010

Dear Mr. Thomas, Members of the Corporate Board, and Mr. Harris,

The Board of Directors of Warm Water Wellness extends our heartfelt gratitude as we celebrate the one-year anniversary of the reopening of the Mickelson Therapy Pool at Mills Health Center. This milestone is not only a reminder of the pool's immense value to the community but also of the dedication and partnership that made it possible.

Your commitment, both in reopening the pool and in making a significant investment to renovate and preserve it, has been transformative for countless individuals. Over the past year, we have especially appreciated the collaborative spirit demonstrated by Vice President of Operations Jillian Thomas and her colleagues at Mills-Peninsula. Their openness to dialogue and responsiveness to community feedback have strengthened the connection between Sutter Health, the Mickelson Therapy Pool patrons, and our organization.

The results of this collaboration are evident every day. For many, the Mickelson Therapy Pool has meant renewed mobility, reduced chronic pain, and a path back to independence. It has also restored hope and created a supportive community where individuals can find healing together. One striking example is our Warm Water Wellness board member Michael Schrader. During the pool's closure, his health severely declined, leaving him bedridden, requiring supplemental oxygen. Since the reopening, he has regained his mobility, restored his

strength, and lost more than 100 pounds—a life-changing turnaround made possible by the therapeutic power of warm water exercise. His story is just one of many that reflects the pool's profound physical and emotional impact.

As we mark this anniversary, we celebrate not only the pool itself but the vision and collaboration that brought it back to life. We are deeply grateful for your leadership and commitment, and we look forward to continuing this partnership in the years ahead.

With sincere appreciation,

The Board of Directors  
*Warm Water Wellness*