

BCH Healthcare Staffing Agency

Private Duty Sitter and Companionship
(non-medical caregiver)

****** Why Choose Us ******

BCH is a locally owned company and the owners of BCH have been providing services to the elderly for over 40 years. Not only do we take pride in who we hire we do a complete assessment on our staff to include criminal background checks, a physical, COVID vaccination status, drug screen and professional references. We want to be able to give the best service. Our knowledge of the industry and lasting relationships with healthcare professionals allow us to hire staff with experience. BCH's goal is to give you a peace of mind knowing your loved one is being cared for by trained professionals.

****** Do You Need a Sitter ******

Does your mom love to take a walk outside?

- ✓ We can make sure they are safe doing so

Is there a medication that your dad forgets at noon?

- ✓ We can remind him when it is due and make sure he takes it

Is there an appointment your loved one has, and you just can't get off work again?

- ✓ We can take them to that appointment and let you know what happens

****** Reasons to Consider a Sitter ******

- ✓ Recovering from a recent illness
- ✓ Need help running errands or grocery shopping
- ✓ Overwhelmed with caring for your family
- ✓ Needing a peace of mind that you dad or mom are safe at home alone
- ✓ Lonely and needing companionship

***** What Do We Provide *****

- ✓ Activities that will engage them such as playing games
- ✓ Light activities to keep them moving such as walking
- ✓ Light housekeeping to help them feel accomplished
- ✓ Medication Reminders
- ✓ Prompting and direction with ADLs
- ✓ Assisting with meals and prep to ensure adequate nutrition
- ✓ Safety Awareness to prevent falls
- ✓ Conversation for mental stimulation
- ✓ Liaison between family and doctor appointments

Many elderly men and women are at risk for malnutrition and dehydration. Our staff can encourage hydration and meal intake, so this doesn't happen. Although we can't offer hands-on assistance, our sitters can assist, guide, or remind your loved one to complete simple duties such as when it's time to brush their teeth. Private duty and companionship care provides an array of duties.

*****If you need a sitter for yourself or want one for a family member, our agency can help*****



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