



# THE NOURISHER

*Nourishing both body and soul*

April 2025

Volume 1 Issue 3

## STAFF

**Rev. Angelique Labadie-  
Cihanowyz, Director**

**Wilma Robson  
Administrative Asst.**

**Theresa Burkholder  
Office Manager**

**Dave Yost  
Cook**

**Shawn Watkins  
Volunteer Coordinator**

## Sojourner Truth Ministries

501 High Street Williamsport PA 17701

Phone #570-323-1797 email [sojournertruthministries@gmail.com](mailto:sojournertruthministries@gmail.com)  
[www.stmwilliamsport.org](http://www.stmwilliamsport.org) Facebook - Sojourner Truth Ministries, Inc.

### *So much more than a soup kitchen!*

I began volunteering at Sojourner Truth Ministries (STM) In August of last year when members of my church, Fairlawn Community Church, completed a week's mission project at STM. I had been retired for almost 2 years and was needing a purpose in my life. I decided to serve meals to individuals in the dining room, help to prepare the food in the kitchen and join in fundraising activities. I believe that God has guided me to become involved with this program and with the people who come to be nourished. Not only are they being nourished with a meal, but more importantly, they are being nourished spiritually. Connecting with the people and being able to serve them has been an absolute joy and privilege. I am grateful to God for this wonderful opportunity He has given me to love His people and build relationships with them. Many of our people have great needs and tremendous issues to overcome, but through prayer and connection, there is hope. If you would like to join our team and volunteer, please let us know! - Sue

## BOARD OF DIRECTORS 2024

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***Coming soon – be sure to get your tickets before event is sold out!***

**Comedy Murder Mystery Dinner Theater**

**“The Crazy Quilt Club**

**The CRAZY QUILT CLUB**

**Performed by the Paul Calvary Players**

**St. Paul-Calvary United Methodist Church**

**1427 Memorial Avenue**

**Williamsport, PA 17701**

**Dinner Theater: Entrée prepared by Hillside Catering**

**Thursday April 24, Friday April 25 and Saturday April 26, 2025-**

**6:00 PM Cost \$ 25.00/ticket**

**Dessert Theater: Sunday April 27, 2025**

**2:00 PM Cost \$ 12.50/ticket**

**For reservations call Faith Smith- 570-419-3270**

**\*\*Seats are filling up fast. Be sure to call Faith Smith now to get your reservation in!**



**Homemade Soup Sale at our  
Comedy Dinner Theater event.**

- Turkey Vegetable Soup
- Turkey Pot Pie
- \$10 quart

**Soup will be prepared by our own Chef Dave.**



***Happening Now:***

“The Chosen” video conversation/discussion group, Tuesday, 10:15 a.m.  
It’s not too late to join us. For more information call 570-323-1797.

Men’s Bible Study with Dave Miele, sanctuary, Tuesday, 10AM

**UPCOMING PROGRAMS**

- “Basic Foundations of Christianity” class (9 weeks) Starting after Easter  
Call for more info! 570-323-1797 Pastor Angelique
- “Healthy Choices” – menu/cooking classes coming in the Spring.



Would you like to volunteer? **Call Shawn Watkins, Volunteer Coordinator**

***“Volunteers don’t get paid, not because they’re worthless, but because they’re priceless.” – Sherry Anderson***



**Every donation is a blessing. Every donor is a blessing. Thank you for your support of this important ministry. Your support enables us to continue God’s work and calling in our community.**

March findings – Raise the Region – Amount raised - \$6155.00 Thank you!

1901 Meals served, 1027 Bag Lunch given (total 2928- increase of 75 from prior month), food emergency care boxes served 21 families (total of 92 people)

Volunteers – 95 volunteers totaling in 733.5 hours

Over and over, people tell us that Sojourner Truth Ministries is their safe place to be off the streets. People say, “Thank you because-what would we do if it weren’t for you?” and “my family needs this help!” Thank you for your part in helping us to provide that for members of the community. *You’ve done a great thing!*

**CURRENT NEEDS FOR OUR KITCHEN AREA**

**Brown paper lunch bags**

**30-gallon black trash bags**

**Stamps**

**Jelly**

**Pine sol**

**Thank you notes**

**Snack size zip-loc bags**

**Bleach**

**#10 regular envelopes**