



# THE NOURISHER

*Nourishing both body and soul*

JANUARY 2025

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## STAFF

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**Dave Yost  
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**Shawn Watkins  
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**Chase Hepburn  
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## Sojourner Truth Ministries

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[www.stmwilliamsport.org](http://www.stmwilliamsport.org) Facebook - Sojourner Truth Ministries. Inc,

*So much more than a soup kitchen!*

### Who are We

Sojourner Truth Ministries (STM) is a Christian-faith based non-profit organization providing homelessness and hunger prevention services in Lycoming County.

### How We're Helping

We focus on helping make the world around us a better, happier place. With the help of our tireless staff and volunteers, we share in community-building events, food, social services, limited clothing necessities and *feeding the souls of our city by serving lunches six days a week.*

## BOARD OF DIRECTORS 2024

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## Sojourner Truth Ministries – 25<sup>th</sup> Anniversary

We began as a soup kitchen. In 2024, we served 36,400 meals which was an increase of over 6,000 meals served in 2023. Hot lunches are served Monday through Saturday, plus a sandwich bag is available. For some, the food we provide is all they have. As you can imagine, we need many donors to accomplish feeding bodies and souls. *We are so thankful for your time and treasure!*

We also make connections to social service programs, our ASK (After School Kids) program, Dinner Table Church Worship, Bible Studies, individual and collective prayer and recognizing each one as a person of value, This makes us so much more than a soup kitchen.

Please join us in celebrating the opportunities to continue to make Williamsport a wonderful city by serving the poor and needy in our midst.

Continue to watch our facebook and web pages (listed above) for upcoming activities

Would you like to receive a copy of The Nourisher and our newsletter?  
Please contact Wilma at [assistant4stm@gmail.com](mailto:assistant4stm@gmail.com)

## UPCOMING EVENTS

*Le Chocolat Affaire* February 7<sup>th</sup>. Fine dinner (Hillside Catering), presentations and gift auction fundraiser.

Doors open at 5:15p.m. Dinner at 6:00p.m. at Pine Street UM Church  
441 Pine St. Williamsport. Dinner is complimentary for this fundraiser event.  
R.S.V.P to assistant4stm@gmail.com or for more details call Wilma 570-419-7139

*Raise the Region 2025* The First Community Foundation Partnership of Pennsylvania, in collaboration with Blaise Alexander Family Dealerships, announced Raise the Region 2025, will take place on March 12 and 13.

## UPCOMING PROGRAMS

**Beginning January 6<sup>th</sup>, we opened our doors early for our unhoused sojourners to get out of the cold and enjoy a hot beverage. Activities offered**

- Chosen video conversation/discussion group coming soon
- Healthy Choices – menu/cooking classes beginning in March



We would like to give thanks to Kellanova for their generous Better Days Grant of \$1000, given to Sojourner Truth Ministries in order to help those in need in our community with a hot meal and some take-along food. With this grant we were not just able to purchase food but able to support a local business (Jack's Produce in South Williamsport) who helped us to stretch those dollars to go further and have also donated food during the last year.

Are you interested in getting more involved? Contact **Shawn** or Angelique at 570-323-1797

“I volunteer at Sojourner Truth Ministries for the community. They need us” *MaryBeth*

### **Thank you from our donors:**

Dear STM Family, I was so thrilled to see how wonderful you are all doing to help my brothers and sisters here in the area. May God continue to bless you with the resources you need and His help and strength in all His ways. With prayers and thankfulness, *Sandy*

Over and over, people tell us that Sojourner Truth Ministries is their safe place to be off the streets. Thank you for your part in help us to provide that for members of the community. *Rev. Angelique Labadie-Cihanowyz*

**Quote of the week; He knows what we need and intercedes for us before we even know we need it.**