

JOSIAH



WELLNESS GROUP

GROWING, HEALING, AND CHANGING



Josiah Wellness Group

Ready 4 Success Summer Program

Josiah Wellness Group provides youth (Grades 8-12) with an innovative opportunity to learn, explore, and discover critical skills to pivot their academic and personal growth. Through a variety of classes, seminars, and activities, youth prepare for the upcoming school year. Created as a Boot-Camp experience, students enjoy meaningful and thought provoking sessions with coaches and counselors who mentor, teach, and empower teenage girls and boys to **plan and prepare for Life & School Success.**

In addition to providing comprehensive services for youth, Josiah Wellness Group also supports parents with sessions on how to support students at school, how to partner with teachers, and how to help your child avoid pitfalls at school. Our parent sessions give adults the time and safe space to ask questions and gain increased understanding of school policies, support services, student expectations, and parent resources.

Dates & Times

June 3, 2024- July 25, 2024
Monday-Thursday Only

Remote & Face to Face Sessions Available
9:30am-3:30pm

Program Locations

Phoenix Summit Office Park 1903 Phoenix Blvd, Suite 200, College Park, Georgia 30349

Other locations TBA



(404) 682-6801



www.josiahwellnessgroup.com

The **Ready 4 Success Summer Program** is a power packed experience which engages teenagers in the following activities and lessons across the entire school year. Both morning and afternoon sessions will include 45-minute blocks which primarily focus on the following:

- ☑ Session Opener/ Group Check-in. “How are you really doing??”
- ☑ School Readiness at Every Grade Level/ Creating Individual **Student Success Plans/ Academic Coaching**
- ☑ College and Career Readiness **Activities and Guest Speakers/ Career Coaching**
- ☑ Personal Success **Classes** which focus on setting goals, improving self-esteem, self-control, developing relationships, understanding effective communication, and finding purpose./ **Life Coaching**

Program Details and Descriptions

- ☑ The session opener makes room for teenagers to establish cohesiveness and a sense of family/community amongst their peers. Youth are encouraged to speak candidly about their thoughts, ambitions, and concerns. Open conversations and dialogue are sparked with ice breaker activities and games.
 - ☑ Student Success Plans are created and managed based on academic credits earned. All students will have a chance to review their transcripts and status for graduation readiness. Development and review of their individual success plans empowers youth to take ownership of their academic growth, strengths, weaknesses, and support needed. Students are also provided an opportunity to understand the importance of diagnostic assessments, End-of-Course Test, and college entrance exams. District Testing Schedule will be observed.*
 - ☑ In an effort to explore and/or discover college and career options available, guest speakers will share information about the current job market, skills in demand, and requirements needed to secure job opportunities, apprenticeships, and internships. Various recruitment specialist talk about resume writing, the interview process, recommendations, work force soft skills, and proper dress codes. Students should also be prepared to complete online surveys/ questionnaires about their job and career interest. Students who are interested in post-secondary education through a traditional 4-year college or trade school will learn about the admissions requirements, application process, deadlines, applying for scholarships, and careers that require specific degrees and/or diplomas.
- Understanding critical life skills are the anchor of The Josiah Wellness Group's Ready4 Success Program. Substantial attention, conversation, and skills training rest in helping youth to understand the importance of goal setting, effective communication, improving self-esteem, self-control, finding purpose in life, and developing meaningful relationships with family and friends.

All students will complete a **vision board** to create a visual display of the goals they want to achieve over the next 10 years.

Cost

The Ready 4 Success Summer Program

The cost for enrollment in the **Ready 4 Success Summer Program** is \$200 per week. Ask us about the **Monarch Scholarship**.

The dates for the program orientation are tentatively scheduled for May 30, 2024. Upon completion of the summer program, students can continue to receive services across the entire 2024-2025 school year. School district calendar will be observed.*

This program intends to provide services for a small group of students to ensure appropriate individualized care is provided. Our program expenses covers school readiness classes, individual academic and career coaching, personal success coaching, and student supplies needed for various lessons, activities, and projects. Expenses for special events and field experiences will vary. Therapeutic counseling is available upon request.*

