

MAY MCCARTHY

THE
PATH
TO
WEALTH

A
GUIDE FOR
CREATING AND
ACHIEVING
POWERFUL
GOALS

GOAL PLANNING GUIDEBOOK

Copyright © 2017 by May McCarthy

All rights reserved. No part of this book may be reproduced in any form whatsoever, without permission in writing from the publisher, except for brief passages for use in articles or reviews.

Published by:
Bizzultz, LLC
1023 NE 43rd Street
Seattle, WA 98105

Cover and interior design by Frame25 Productions
Cover photograph © vipman c/o Shutterstock.com

Visit the author at:
www.bizzultz.com

ISBN: 978-0-9981221-2-0

10 9 8 7 6 5 4 3 2 1

Printed on acid-free recycled paper in Canada

Contents

Introduction	v
Section One: Health	1
Section Two: Wealth and Finances	9
Section Three: Fulfilling and Satisfying Work	17
Section Four: Harmonious Relationships	25
Section Five: Recreation	35
Conclusion	43
Appendix	47

Introduction





I'm delighted that you've chosen to use *The Path to Wealth Goal Planning Guidebook* to help you to achieve more of your desired goals for your life. Whether you want more money, improved relationships, better health, fun recreation, fulfilling work, or a deeper sense of peace and harmony in your life, you can use this Guidebook to create clear powerful goal statements.

Achieving goals is not difficult to do, but deciding exactly what you want as a goal can be a difficult task. Many of us are too vague in describing what we want, or we talk about what we don't want and are then surprised that we get more of what we don't want in our life. In this Guidebook we will focus on major goals in every area of your life; your finances, your relationships, your health, your work or use of skills and talents, your recreation, and any other areas that are important to you.

For each of the goal sections in this Guidebook, you will answer a series of questions that describe what your life is like in the future after you've achieve the goal that you desire. From these answers, you will formulate ideas that will describe the outcome with positive emotions. Finally, you will create one to three goal attainment statements for each goal that you will use in the daily practice outlined in *The Path to Wealth* book.

As you keep your goals at the forefront of your thoughts each day, you will stimulate your subconscious and intuition to show up to help you so that you notice more possibilities to achieve them. Intuition and your subconscious messages can show up in a number of different ways. You may have a strong thought about someone; that means you need

to contact them. You could get an idea to go somewhere; that means you should go if it's easy enough to get to. You might read or hear something that resonates with you; follow the direction that the message is giving you. Or, you may have a strong feeling or pain in your gut; this is telling you to take action even if it is in conflict with a reasonable attitude.

Let me give you an example of how this works: In 1994, I had used the daily goal attainment practice described in my book to enable my intuition to show up and help me to achieve my goal for good health. I had just finished a business meeting and had a “flash” or thought of my sister's face in my mind's eye. Have any of you ever had a strong thought fly into your head without warning? That is one of the ways that I receive intuitive directions. Since I was close to my sister's office, I dropped by. She was happy to see me so I could help her with a computer problem. As I was sitting at her desk, she asked me about a tiny spot on my right leg. I told her it was a freckle, but she said she “felt” that I needed to contact her dermatologist to have it checked. As I started to dismiss her fear and tell her that it was nothing to worry about, my gut hurt. That's another way that I receive intuitive directions. So, I did as she said and made an appointment to see her doctor. During the appointment, the doctor didn't think that my spot was anything to be concerned about and told me that I could go home. As I was about to heed his advice and leave, my gut hurt again. My intuition was warning me. So, I insisted that the doctor remove and diagnose the spot. A week later, I returned to the doctor's office and learned that I had malignant melanoma, Clark's level 3. Intuition saved my life.

Let me point out that I didn't know in advance that contacting my sister was going to lead to my achieved goal for perfect health. She could have had a referral for business that would have helped me with my business goal. She might have invited me to lunch which would have been a demonstration of my harmonious family relationships goal. Or, it may be that she had a new and interesting book to tell me about that would have enhanced my personal recreation goal.

When you get an intuitive or subconscious message to take a step, you may have to demonstrate courage to take action since you won't know the outcome in advance. Successful founder of Apple, Steve Jobs, said *"Have courage to follow your heart and intuition..."*

My goal for you in using this Guidebook is that you learn to use the right words to describe your goals as though you have already achieved them with gratitude, and that you learn to create new beliefs that it is not only possible for you to achieve your desires, but that you deserve to have them. As you implement these tools, you will enable your subconscious and intuition to show up in more obvious ways, more often, to guide you to achieving the life that you want.

I'm delighted to help you through this process as you embark on Your Path to Wealth and all that is good.

Blessings and love,

May

SECTION ONE

Health

*"What is called genius is the
abundance of life and health."*

—Henry David Thoreau





Health is a topic that everyone is interested in. Many of us create goals for the size of our bodies, the fluid movement through life without pain, and our longevity. Our health can be affected by a number of factors like our genetics, age, living conditions, physical activity, consumption, emotional and mental disposition, and a number of other issues.

None of these factors can stop you from experiencing a healthy life if you decide that's what you want. This section is to help you to define your healthy life and create goal statements to help you to achieve it.

For example, I know a woman who I will call Clare. Her grandparents, parents, and much older siblings had all been diagnosed with diabetes. She had been told from a young age that she would have diabetes because it was genetic. She didn't want to have that experience; she wanted to be healthy. So, she started with creating a powerful goal; *"I am so grateful that I am physically fit, trim, toned, and energetic in a perfectly healthy body that is pain free and is easily able to go on hikes and walks with my family and friends. We have a great time!"* Each day she wrote down her goal, read it out loud, and imagined herself in the healthy body and lifestyle that she wanted. Within a few days, someone had mentioned a nutrition program that she could join to learn more about foods and the ways that they work with her body. Her gut instinct told her to sign up so she did. In the waiting room at a subsequent appointment, she met a woman who introduced Clare to some new friends that liked to be outdoors. They invited her to hike, walk and bike ride with them. Over the course of a few

months, Clare found that she was living the healthy lifestyle that she described and was more than 40 pounds lighter. Her doctor told her that her change in diet and activity would help to prevent any onset of diabetes in her life. Intuition and her subconscious showed up through thoughts, gut feelings, and through messages from other people to guide and direct her to her completed goal. You can have similar success with your goal!

To begin to create your goal statements, answer the questions below:

1. What is your description of an ideal perfect health for you?

2. Describe what your life would be like after achieving your idea of perfect health.

How do you feel?

What are you doing?

Who are you with?

Where are you?

How does achieving the goal affect others related to you, your company, your family, community, etc.?

3. Review what you wrote above and begin to create goal attainment statements which include the outcome of having your achieved your goal with gratitude.

e.g. I am so grateful that I have a healthy, fit, pain free, body that moves through life easily and always feels well rested. I feel beautiful in my clothes and enjoy spending time with my friends and family dancing, walking, skiing, and having fun with a great sense of freedom. I am more productive at work and my energy easily lasts throughout the day. I love my healthy life.

Personal Reflection and Intuitive Thoughts:

SECTION TWO

Wealth and Finances

*"Virtue does not come from wealth, but
wealth, and every other good thing
which men have, comes from virtue."*

—Socrates







Money is a tool that can be available to each and every one of us in whatever measure we BELIEVE that we can ACHIEVE. To increase your financial wealth to a level that you haven't experienced before will require you to increase your belief that it's possible for you to have the new level of wealth. To do that, create powerful goal attainment statements, use them daily in your morning practice, recite them throughout the day, and read stories about and talk to others who have attained the level of wealth that you'd like to achieve. Making their journey familiar to you helps you to strengthen a belief that it's possible for you to have the same level of wealth . . . and more!

For example, I know a man who wanted to be a successful realtor, got his license, and went to work for a broker. In the first 8 months of his new job, the few clients that he worked with ran him ragged for very little money in commissions. He couldn't rationally see how he could be a successful well paid realtor with great clients and started to consider other lines of work. Before he gave up, he committed to creating new goal statements and using them in the daily practice outlined in *The Path to Wealth* book. He described his perfect clients and the desired amount of money that he was making with gratitude as though he had already achieved his goal. He also took steps to make the success that he wanted welcome by reading stories about other successful realtors and going to networking events to meet some of them and hear their stories. As he did his daily practice and met other successful realtors over several months, his beliefs shifted. He started to believe that it was possible

to experience the same kind of success. A few days later, he got an intuitive thought to call surfing shops and corporations who had surfers as part of their executive teams to see if they'd like him to come in and speak for free since he had been a competitive surfer earlier in his life. Through surfing, he learned how to take risks that could be applied to business situations with success. The surf shops and corporations invited him to speak at their events and while there, he made new friends and contacts that resulted in a lot of new business referrals. I'm happy to say that he has surpassed his original financial goals and has now created new and larger ones.

As you become familiar with the desired good that you want, it will be easier for you to imagine having it. Using your daily practice with powerful goal statements and making what you want familiar to you will enable your intuition and your subconscious to show up more often in more obvious ways to point the way for you to achieve your desires.

To begin to create your goal statements, answer the questions below:

1. What is your description of a financially free and wealthy life?

2. Describe what your life would be like after achieving your idea of financial freedom.

How do you feel?

What are you doing?

Who are you with?

Where are you?

How does achieving the goal affect others related to you, your company, your family, community, etc.?

3. Review what you wrote above and begin to create goal attainment statements which include the outcome of having your achieved your goal with gratitude.

e.g. I am so grateful that I am financially free and wealthy. I now have more than \$_____ of income per year and feel satisfied, fulfilled and happy at all times. I love using my skills and talents in remarkable ways to work towards the success of my company, co-workers, customers, suppliers, and our world! I feel appreciated and valued at all times. I am so grateful that all that I desire and require for my living, giving, and entertainment expenses are easily and readily available at all times. I am at peace and live a wonderful and balanced life that is so very good.

Personal Reflection and Intuitive Thoughts:

SECTION THREE

Fulfilling and Satisfying Work

*"Success is not the key to happiness. Happiness
is the key to success. If you love what you
are doing, you will be successful."*

—Albert Schweitzer





There is one and only you with unique talents and skills to offer this world. As you consider what is fun for you to do and is in accordance with your purpose, you will find success, fulfillment, and satisfaction in the way that you use your time and talents.

Purpose is defined as *the reason why something is done or used; the aim or intention of something; the feeling of being determined to do or achieve something; the aim or goal of a person; what a person is trying to do, become, etc.*

I believe that as you use your skills and talents in accordance with your purpose, work and life will be more enjoyable, satisfying, and valuable for you. The excitement that you feel for your new job will translate into a new level of excellence in your performance. That won't go unnoticed and will most likely be considered more valuable to an employer, organization, and customers of your business. When you do excellent work, you will be paid more.

Here's what one of my workshop attendees had to say about his job search: *"I had been out of work for over six months and had sent out dozens of résumés to find a new position. I wasn't called back for any interviews. I was discouraged and worried about how I would survive without a job. I began to use the daily practice described in The Path to Wealth book and thanked the CSO for the perfect job. I admit that I wasn't sure how this was going to help me. I just kept doing the practice and following the daily steps. On the fourth day, I felt some guidance as a nudge to revise my résumé. The thought and words came to mind and settled there. Normally, I would have just let the thoughts go, but the*

daily practice made me pay attention and ask, "Could this be the CSO?" I wasn't sure, but I went ahead and rewrote my résumé with what I felt guided to write about myself. I responded the next day to three job advertisements using my new résumé and was called over the following few days for three interviews. I was amazed since there had been no interview activity for several months prior to the lead that I got to revise my résumé. I went to all of the interviews this past week and felt very confident in the meetings. Two of the three companies have now offered me jobs, and I expect that the third company will also. Wow, what a pleasure and delight it is to be able to choose how best to use my talents. I'm a huge believer in the power of partnering with the CSO." As this man described the perfect use of his skills and talents to help a company and their stakeholders succeed, he received intuitive leads to take action and achieve his desired goal.

To begin to create your goal statements, answer the questions below:

1. What is your description of your perfect use of your skills and talents in work?

2. Describe what your life would be like as you use your skills in talents in wonderful work.

How do you feel?

What are you doing?

Who are you with?

Where are you?

How does achieving the goal affect others related to you, your company, your family, community, etc.?

3. Review what you wrote above and begin to create goal attainment statements which include the outcome of having your achieved your goal with gratitude.

e.g. I am so grateful that I now use my skills and talents in remarkable ways to work towards the success of my company, co-workers, customers, suppliers, and my world. I am delighted that I am appreciated by my company and that I receive a minimum of \$_____ of income per year for the great value and excellence that I bring to my job. Every day, I show up as the best person that I can be and creative thoughts and actions flow through me to do the highest quality of work with ease. I feel increasing joy as I use my talents and skills in valuable and significant ways.

Personal Reflection and Intuitive Thoughts:

SECTION FOUR

Harmonious Relationships

"Life is relationship, living is relationship. We cannot live if you and I have built a wall around ourselves and just peep over that wall occasionally. Unconsciously, deeply, under the wall, we are related."

—Jiddu Krishnamurti, philosopher







We live with a variety of species on a planet in a vast universe that has yet to be fully explored. In our day to day busy life, we can somehow forget that and instead, make ourselves the center of the universe where everyone and everything is completely separate from us. When that happens, other people, animate and inanimate objects, and our situations can sometimes irritate us and feel like a burden. We can lash out, criticize, and even condemn others with our words, thoughts, and emotions. And, instead of feeling better, most often we actually feel worse. There's a reason for that.

Relationships at their simplest are relating to others or relating to things. Literally, to relate is *to give an account of or to be connected to someone or something*. In that connection we have a valuable key; as we connect to and give an account of others, their behavior, their things, we are welcoming a similar account of us, our behavior, and our things into our lives. If our account is a positive one, we'll feel and experience positive things in our lives. If our account is a negative one, we'll have that experience instead. This is a Law of Giving and Receiving. As we give out, we receive the same in return. This is actually good news!

If we want to have harmonious and positive relationships, we simply need to begin relating to and conveying accounts of others in a positive way. To do that, create powerful goal attainment statements, use them daily in your morning practice, recite them throughout the day, and learn about others who have attained the kinds of harmonious and peaceful relationships that you'd like to achieve.

For example, I know a man who I will call Tim. He had learned from his grandfather and father the phrase, “I’ll be damned.” He also learned to use condemning speech when someone did something that upset him. After attending one of my multi-week workshops, Tim discovered that his life was pretty “damned”; his relationships at work were strained, his 15 year marriage ended in bitterness, he was estranged from his brother and sister, and had only a few friends who were choosing to be less available to him over time. He described his relationships as a mess and he wanted them to be more harmonious and fulfilling. Tim made a decision to use the daily Path to Wealth practice and created powerful goal attainment statements including:

“I love everyone and everyone loves me. I forgive everyone and everyone forgives me. I am so grateful that I have wonderful and meaningful relationships and that I am a great friend, partner, co-worker and member of my community. I feel appreciated and loved as I use my skills and talents to be helpful to others and I feel fully supported in return. I enjoy harmonious relationships with my family, friends, co-workers, neighbors, community and my world. My life is good!”

After a week of using these statements in his morning practice and reading stories about the journeys of people changing into valuable and happy members of society, he began to believe that it was possible for him to do the same. He didn’t know how that would happen, but he believed it was possible. Within 2 weeks, a co-worker commented that they appreciated Tim’s help on a project and asked some friendly questions. During the conversation, Tim was asked if he wanted to join other co-workers in a Habitat for Humanity project. Over the course of a week, the team built a house for a family. Everyone had a wonderful time and Tim felt so appreciated and valued in the process. I’m happy to report that Tim and his co-workers spend regular time together having fun, supporting the growth of their company, and doing meaningful projects to help others.

Tim has also reached out to his siblings on a regular basis and they are getting to know and appreciate each other more fully. As you describe what you want the outcome of your goal to be and learn from other's examples that it's possible, you can enable that same thing to happen in your life.

To begin to create your goal statements, answer the questions below:

1. What is your description of your perfect and harmonious relationships?

2. Describe what your life would be like as you relate to others in harmonious, satisfying, and happy ways?

How do you feel?

What are you doing?

Who are you with?

Where are you?

How does achieving the goal affect others related to you, your company, your family, community, etc.?

3. Review what you wrote above and begin to create goal attainment statements which include the outcome of having your achieved your goal with gratitude.

e.g I am so grateful that all of my relationships are valuable and harmonious. I appreciate everyone and everyone appreciates me. I enjoy supporting others and feeling supported and valued in my relationships. I find it easy and joyful to spend time with my friends, family, coworkers and community having fun and sharing meaningful experiences. I am a great friend and have wonderful and valuable relationships with others. I love my balanced life.

Personal Reflection and Intuitive Thoughts:

SECTION FIVE

Recreation

*"If bread is the first necessity of life,
recreation is a close second."*

—Edward Bellamy, author





What do you absolutely love to do? Where can you lose hours having fun? The answers to these questions could give you a clue to discovering your recreation. I looked up the definition of recreation: *the refreshment of one's mind or body after work through activity that amuses or stimulates play. Or, an activity that provides such refreshment.*

What do you think of and how do you feel when you hear the words refreshment, play, amuse, and stimulate? I can't help but smile and feel happy and think of fun.

Recreation is a valuable tool to provide positive energy and balance in your life. According to researchers who have studied successful aging, doing activities that reduce stress provide tremendous health benefits. These benefits include better immune function, less illnesses and physical complaints, more energy, feeling more relaxed, sleeping better, better digestion, calmer mood, more focused, and more positive. Doesn't that sound like a perfect state to be in to notice more intuitive and subconscious messaging that will help you to achieve your goals?

Make recreation one of your goals and use the same Path to Wealth daily practice to describe what you will experience as outcomes.

To begin to create your goal statements, answer the questions below:

1. What have you done in your past that was fun and refreshing? Describe that feeling and experience – not the “how” that you got there – but the results of what you felt and experienced.

2. Describe what your life would be like with regular experiences of recreation?

How do you feel?

How often are you experiencing recreation and what are you doing?

Who are you with?

Where are you?

How does achieving the goal affect others related to you, your company, your family, community, etc.?

3. Review what you wrote above and begin to create goal attainment statements which include the outcome of having your achieved your goal with gratitude.

e.g. I am so grateful that I regularly have time for fun in my life and easily schedule a minimum of ____ recreation breaks each year! I joyfully recharge my mind, body, and soul with fun activities with my family and friends and find that I am restored, balanced, and rested as a result! I return to work to be even more creative as a result of having regular recreation in my life. I am fully supported with all of the money, time, and resources that I need to enjoy my recreation. I am incredibly productive in my work and volunteer activities, more present and loving with my family and friends, and deeply connected to my spiritual Source. Recreation supports my perfect health and I love my balanced and healthy life!

Personal Reflection and Intuitive Thoughts:

Conclusion

The daily practice outlined in *The Path to Wealth* can assist you in receiving all that you desire, require and more. But, it stands to reason that you need to be clear on what you desire and require first. Once you've used *The Path to Wealth Goal Planning Guidebook* to create powerful goal attainment statements, use the seven steps below on a daily basis to train your brain for success and stimulate your subconscious and intuition to guide you to take steps to achieve your goals:

Step 1: Read Something Inspirational

Step 2: Write a Gratitude Letter

Step 3: Speak with Emotion

Step 4: Imagine Experiencing Your Good

Step 5: Expect Leads and Follow Directions

Step 6: Celebrate and Note Demonstrations

Step 7: End Your Day with Gratitude and Forgiveness

To learn more about each of the seven steps above, please read *The Path to Wealth*. Not only will you receive detailed instructions for the use of the seven steps, but you'll receive a deeper level of understanding for the power that you have when using your words, thoughts and emotions. Each and every moment, you are creating the life that you're living. You have the power to create the life that you desire.

Use this Path to Wealth Goal Planning Guidebook process for any goal that you have but remember, this is about your experience, not about other people changing. Be clear when describing the outcome of your experience and how you're interacting with others. Do not describe how others change for your benefit.

For example, a man I know said that one of his goals was for his Uncle Bob to stop being a problem at the family reunion. I pointed out that his subconscious wouldn't notice the word "stop" and so, what he'd most likely experience is his Uncle Bob continuing to be a problem.

To understand his real goal, I asked him some questions about what his life would be like if Uncle Bob wasn't a problem at the family reunion. He described the following:

- ◆ He'd have a fun time at the reunion.
- ◆ He would be happy and feel free to be in harmonious relationships with everyone.
- ◆ He would have great conversations with family members and he would feel at peace.

Then I asked him to create some goal statements that used what he described as his good experience. He came up with the following: *"I'm so grateful that I have a really fun time at my family reunion and enjoy having meaningful conversations with my relatives as we operate freely in harmony and peace with each other. I am so happy that I'm a part of my family and am grateful that we get together often."*

With goal statements like that, the man may feel led to go outside to sit and visit with some relatives and completely miss Uncle Bob entering the room that the man just left. If the man isn't looking for the problem, most likely there won't be one to witness. His goals described his experience, not Uncle Bob's. And, I'm happy to report that he did experience a wonderful time at his family reunion and even enjoyed

CONCLUSION

some time spent with his Uncle Bob. Use your words, thoughts and emotions to describe what you want not what you don't want.

As you use your daily practice and recognize more intuitive messages and leads to guide you toward the good you desire, you'll become less resistant and fearful in following the guidance that you receive. You will grow and prosper with joy and fulfillment as you use the daily practice consistently. Repetition Reaps Rewards!

There is good for you, and you ought to have it. It's time for you to have it now. May you be blessed and prosperous—it is your divine right!

Appendix

Life likes to be taken by the lapel and told, "I'm with you kid. Let's go!"
—Maya Angelou

I am delighted that you have made the commitment to partner with your Source of Intuition to help you to achieve your goals. I know that you will experience more of the good things that you want in your life as you develop your relationship with your new partner. To help you get started right away with your daily practice, I've included a list of affirmations that you can refer to as part of your daily practice.

To Improve Relationships

- ♦ "I cast all burdens of poor relationships on the CSO within. We all go free to be loving, harmonious, and detached from the tyranny of fear."
- ♦ "Just as everything in universal power is harmonious and perfect, everything in my relationships is harmonious and perfect. All are happy."
- ♦ "Everyone and every situation is a strong and valuable link in the chain of good for me and my life. I value and love everyone."
- ♦ "Adverse people and situations are a part of my good. The CSO works through all people to bring my good to pass."
- ♦ "I love everyone and everyone loves me. I bless everyone and everyone blesses me. I forgive everyone and everyone forgives me. I am loved, blessed, and forgiven. We are all free."
- ♦ "I now have harmonious and wonderful relationships with all of my family, friends, and everyone related to my company."

We all respect and value each other and I feel respected and valued at all times in all ways.”

To Realize Perfect Health

- ◆ “I am physically fit, healthy, and happy at all times in all ways.”
- ◆ “I am growing increasingly more beautiful and healthy every day in every way.”
- ◆ “As the perfect creation of the universe, my perfect health manifests. The CSO ensures my good health.”
- ◆ “I am smarter, happier, healthier, and wealthier each and every moment of each and every day.”
- ◆ “Every cell in my body is filled with healing light.”
- ◆ “I’m so grateful that I now move through life in a perfectly healthy and happy body with increased energy and vitality. I feel free!”

To Increase Success

- ◆ “The CSO goes before me, and my success is assured.”
- ◆ “I now use my remarkable skills and talents in satisfying and fulfilling ways and am rewarded with more than \$___ per year that flows easily and joyfully into my life.”
- ◆ “I enjoy my work and feel appreciated by my company, my co-workers, my suppliers, and all related to my work in any way. I am valued and happy.”

- ◆ “All our customers are happy, satisfied, and delighted with our products and services. They tell all their peers at other companies to buy from us, too. And they do.”
- ◆ “My business takes off with a huge increase in sales. All related to this are blessed by it.”
- ◆ “The CSO guides me to never-ending supply, and I accept and receive the huge success that is mine now.”
- ◆ “The CSO now guides and directs me in all of my affairs, and my work. I am valued, appreciated, and financially rewarded with more than \$___ in income as my company experiences increased sales and profits. All related to my company are happy.”

To Improve Finances

- ◆ “The CSO now guides and directs me to receive more than \$___ into my life each month in interesting ways. I am now financially free.”
- ◆ “All that I desire, require, and more is easily and joyfully available to me. I follow my CSO’s directions to use and enjoy a minimum of \$___ each year, help and support others as my CSO directs, and invest and increase the amount with grace and in perfect ways.”
- ◆ “There are no limits in this abundant universe. As I believe, I receive. I believe that more than \$___ is mine and I am free and happy!”
- ◆ “I delight in how easy it is for me and my family to enjoy financial freedom with overflowing amounts of resources that support all of our living, giving, and entertainment expenses. Life is fun with the CSO as my supply partner.”

- ◆ “I now follow directions and leads from my CSO to do what I’m to do. I now live a financially free life where I am cash flow positive and profitable at all times in all ways.”
- ◆ “I’m so grateful that I now thrive and prosper with overflowing amounts of money and resources to easily and joyfully afford my free life. I’m now debt free, cash flow positive and profitable at all times.”

To Overcome Fear

- ◆ “I cast this burden of fear on the CSO within, and I go free to be loving, happy, and harmonious, detached from the tyranny of fear.”
- ◆ “What universal power has done for others the CSO now does for me and more.”
- ◆ “I am guided and directed by the CSO’s divine love and wisdom. I make right decisions quickly.”
- ◆ “There is nothing to fear, for the CSO makes my way clear and easy. There is nothing that can hurt.”
- ◆ “Only that which is for my highest and best good manifests in my life.”
- ◆ “I deny that my past history has anything to do with my future success. I now go forward to experience perfect satisfaction, joy, health and prosperity. I am free!”

To Erase or Neutralize Mistakes

- ◆ “I bless the past and forget it. I bless the future, knowing it is filled with wonderful opportunities and success. I live fully in the present now and am blessed with all I desire or require and more.”

- ◆ “Any seeming mistakes of my past are now transformed into my good.”
- ◆ “When I look at this situation in the rearview mirror of life, I will see how the CSO turned this situation into my good.”
- ◆ “I bless, love, and forgive everyone, and everyone blesses, loves, and forgives me. I bless, love, and forgive myself.”
- ◆ “There are no mistakes in the all-knowing power; therefore, there are no mistakes in my life.”
- ◆ “I now look into the rear view mirror of life and see that all situations had to happen in order for me to experience my higher and greater good now. All is well and I go forward to prosper and be free.”

To Experience Right Business Situations

- ◆ “The divine plan for my business unfolds perfectly.”
- ◆ “Only what is true of the CSO is true of me. I am inspired and led to make right decisions quickly in every situation.”
- ◆ “I am grateful that the CSO guides and directs me to experience my highest and best good at all times.”
- ◆ “All who are related to my business benefit from it.”
- ◆ “All that is for the highest and best good for me, my business, and my co-workers now manifests without delay, with grace and in perfect ways.”
- ◆ “I am grateful that my business thrives and prospers as we serve our customers in valuable ways. All of our co-workers, customers, suppliers and vendors feel valued and appreciated.”

To Obtain the Right Customers

- ◆ “Only those customers who are for our company’s highest and best good now show up and purchase from us. All others find their good elsewhere.”
- ◆ “All our customers love us as we work toward our mutual success with excellence and kindness.”
- ◆ “Hundreds of new customers find their way to us and purchase our products easily and joyfully, with grace and in perfect ways.”
- ◆ “We are so blessed with increase and plenty as we bless with success our increasing number of customers.”
- ◆ “We are magnetic to our good and gratefully receive a 25 percent increase in new customers this quarter.”
- ◆ “I’m so grateful that customers are now directed in increasing numbers to my company and we serve them with excellence. We now grow, thrive and prosper in amazing ways.”

To Partner with the Right Suppliers

- ◆ “Only those suppliers who are for our company’s highest and best good provide us with service. All others find their good elsewhere.”
- ◆ “All suppliers work toward the good of our coworkers, our customers, and our world. They are benefited and happy as a result.”
- ◆ “Our suppliers are an expression of the CSO and treat us fairly as we work together in harmony and success.”

- ◆ “Our business attracts the right suppliers to help us thrive and prosper. All related to our businesses are blessed by it.”
- ◆ “What the CSO has intended for our good is now made manifest in our relationships with our right suppliers.”
- ◆ “I’m so grateful that our suppliers support and value our company with exceptional quality of products and services. We easily and joyfully support each other’s businesses and thrive and prosper together.”

For Right Employees

- ◆ “Only those employees who are for our company’s highest and best good appear for us to hire. All others find their highest and best good elsewhere.”
- ◆ “All employees are happy and work in harmony and bless with success our coworkers, our customers, our suppliers and vendors, and our world in wonderful ways.”
- ◆ “Our employees use their creativity and talents in joyful ways to create, provide, implement, and support our flawless, superior, easy-to-use products and services. All related to this are happy and blessed by it.”
- ◆ “All employees have perfect work and receive perfect pay.”
- ◆ “Only that which is true of the CSO is true of our employees. The CSO is all there is, and this is all good.”
- ◆ “I’m so grateful that all of our employees are satisfied and fulfilled as they use their skills and talents in remarkable ways. We support and value all of our employees and they contribute in significant ways to the growth and success of our company.”

About the Author



Since 1982, May McCarthy has co-founded and grown seven successful companies in a variety of industries to as large as 250 employees and with over \$100 million in annual revenues. She has also worked for Fortune 500 companies such as Johnson & Johnson and Boeing in sales and capital equipment purchasing, contracting, and barcode logistics design. As part of McCarthy's passion for entrepreneurship, she is the chair of the board for the Seattle University Innovation and Entrepreneurship Center, an active angel investor, and an advisor to dozens of start-up companies. She also serves on boards for business, philanthropic, arts, and nonprofit service organizations.

May McCarthy knows that her increasing success, fun, and growth are due to her partnership with the Divine. She meets daily with her CSO. May McCarthy lives in Seattle with her husband Don Smith and their cat, Indy.

Learn more about May McCarthy here:

Facebook:

www.facebook.com/pages/May-Mccarthy/601413533280571

LinkedIn:

www.linkedin.com/pub/may-mccarthy/4/a55/b47/

Twitter:

www.twitter.com/maymcc