

Doing the right thing - What advice do we give our px? C-70303

Px 1. Px 1 is an 11 year old boy. His parents are concerned about his vision as his Rx has increased since his last eye test.

His current refraction is: R: -1.50/-0.25x180 L: -1.25/-0.50x180

His previous refraction was a year ago and was: R: -1.00DS L: -0.75/-0.50x180

The parents are worried that his vision will end up as bad as theirs as they are also both myopic. Dad is approx -3.00 R&L whilst Mom is approx -6.50 R&L.

During the test the Optom explains to the parents that it is a natural progression and that it is normal for myopia to increase in childhood, and that the eyes are perfectly healthy. This upsets Mom as she realises how difficult it is with her high level of myopia and she doesn't want her son to suffer in the same way.

Discussion Points:

-How would you reassure the px's Mother?

-Was the advice of the optom correct? What other advice could be given?

-What optical solutions would you recommend for this px? Consider both spectacle and contact lens options.

Px 2.

Px 2 is an elderly gent. He has come in for an eye test as over the last year his vision doesn't seem as sharp as it was previously.

He is 72 years old and lives alone in a small village. His family all live abroad. He has never had an eye test before as he has always felt that his vision is OK. He wears ready readers for close work but no distance spectacles.

Upon examination it is noticed that the px has the start of a cataract in his RE. The px's unaided vision is recorded as: R: 6/18 L: 6/15 With correction this improves to: R: 6/12 L: 6/6 The optom advises the px that he will need to be referred for his cataract and that he will also need to purchase spectacles as he currently falls below the required driving standards in the UK.

The px doesn't feel this is necessary as he can see perfectly well and in over 50 years of driving has never had a crash. He is reluctant to buy specs as he feels the cost is too high and that he is going to have to buy another pair after the cataract operation.

Discussion Points:

-What action should the optom take now?

-What spectacle options would you recommend to the px?

-Is there any compromise you could make with the px to ensure a positive outcome for everyone?

Name:

GOC No:

Summarise the clinical skills and competencies that were discussed during this session:

List the main things you learned from this session:

Describe how you will apply this learning in your practice:

Has this session identified any areas where further personal learning is needed? If so briefly describe these below:

Signed: Date: