

## **Paediatric Dispensing - Kids With Complex Needs C-75060**

Paediatric dispensing can be both a rewarding and challenging part of being an eyecare professional. We often see kids in practice who either have challenging clinical needs or additional needs that require us to adapt and apply a different approach.

This workshop is going to focus on 3 different case records where the paediatric patient has complex needs.

The first patient is 8 years old. The parents have noticed a recent change in behaviour where the patient is becoming increasingly frustrated, which has also been noticed by the school. The patient is autistic and has never attended an eye test before.

### **Discussion points:**

- How would you approach the whole patient journey for the patient? What considerations or adaptations would you make?

- How would you adapt the test process? What changes, if any, would you make to your routine?

- How would you approach the dispense process?

**Patient 2** is a 6 year old patient with Downs syndrome. This is their first eye test full eye test since previously being seen at the HES 2 years ago.

**Discussion points:**

- What kind of visual problems and refractive errors are prevalent amongst children with Downs syndrome?

- How would you measure acuity for distance and how would this compare to their near acuity?

- How often should the patient attend a regular eye test?

- What kind of facial characteristics need to be considered and how will this affect the dispense?

- What kind of optical appliance would be recommended?

**Patient 3** is a 2 year old attending for their first eye test. The following refraction is determined: R: +3.50/-0.25x180 L: +0.25/-0.25x180. Visual acuity is good when corrected.

**Discussion points:**

- Would you prescribe the full rx at the first visit?

- What kind of problems could occur from not correcting the refractive error?

- What kind of dispensing issues could arise from this rx and what solutions could there be to overcome them?

**Reflective Learning Statement:**

**Name:**

**GOC No:**

Summarise the clinical skills and competencies that were discussed during this session:

List the main things you learned from this session:

Describe how you will apply this learning in your practice:

Has this session identified any areas where further personal learning is needed? If so briefly describe these below:

Signed: ..... Date:

