

Patient 2 is 13 years old. Their latest refraction is: R: -6.50/-1.00 x 180 L: -6.00/-0.50 x 180. Their previous refraction taken 12/12 ago was R: -5.75/-0.75 x 180 L: -5.50/-0.50 x 180. The patient spends a lot of time on his laptop and ipad and spends long hours playing games. His parents are concerned that his refraction has increased since the last eye examination and are concerned that it will continue to increase. The px is quite shy and lacks confidence due to the appearance of their spectacles and avoids joining in with sports as he fears the glasses will get broken.

Discussion points:

- Dispensing options - frames, lenses, index, coatings, what measurements are required

- How would you address the fears and concerns of both the parents and patient?

- What kind of risks are present with this kind of myopic refraction?

- Would you discuss myopia control methods with the patient and parents? If so, what options would you consider?

- What duty of care do we have with regards to myopia control? Should it be discussed with all young myopes even if your practice doesn't actively practice myopia control?

Reflective Learning Statement C-70509 Paediatric Dispensing

Name: _____ GOC Number: _____

Date of Peer Review: _____ Name of Facilitator: Stuart Wellings D-14262

Summarise the clinical skills and competencies that were discussed during this session:

List the main things you learned from this session:

Describe how you will apply this learning in your practice:

Has this session identified any areas where further personal learning is needed? If so briefly describe these below:

Signed:

Date:

