



## Huaro / Cusco / Machu Picchu Peru 2019

May 18<sup>th</sup> (Saturday) – May 25<sup>st</sup> (Saturday)

This mission is designed to bring Medical/Dental care to the remote communities of Cusco, Peru. We will be focusing on communities that are off the tourist trail. This is going to be a unique and rewarding mission. Our home base will be a quiet and unique town of Huaro (elevation 10,358 ft.) The town has an exceptional church, and between 1675-1699, local artists were commissioned to create murals and decorations. These images demonstrate a fusion of the colonial beliefs and styles of the indigenous people of Quechua decent.

We will stay Saturday, Sunday, Monday, Tuesday in a nice hotel in the neighboring town of Andahuaylillas. We will be working in clinics Sunday, Monday, Tuesday in Huaro. On Wednesday, will take an adventure and hike the magnificent geologic wonder called Rainbow Mountain (Vinicunca). On Thursday, we will have the privilege of visiting the famed Wonder of the World, Machu Picchu. Friday will be a free day to explore Cusco, where an optional hike to the the ruins at Sachsayhuaman is available.

We have set up the mission so that you should arrive Saturday early in the morning (no later than 10am) in Cusco, and you will have a chance to see a bit of the world renowned Plaza de Armas, before we head to Huaro. Your flights home can be scheduled Saturday morning.

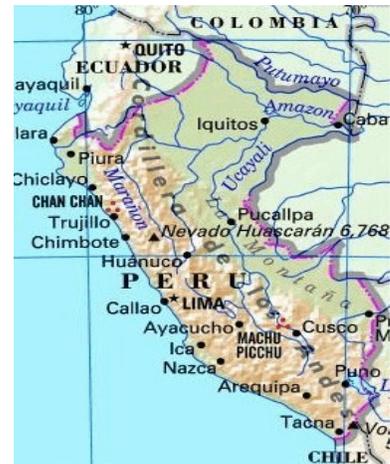
### May 17<sup>th</sup> Friday– Depart the USA

Flights from the USA usually arrive late at night. Depending on your arrival time, you may have time to stay in a hotel overnight (not provided). It may be best, if your flight arrives around 4am Saturday morning (as some do), to consider staying in the Lima airport which is clean and safe, until your connecting flight to Cusco.

### May 18<sup>th</sup> Saturday -- Arrive in Cusco

<https://en.m.wikipedia.org/wiki/Cusco>

In Cusco you will be met by your Team Leader and Area Coordinator. You will get a quick briefing and then you are off to see the famed Plaza de Armas! Here you will get a cup of coffee or mate de coca (best for altitude) with breakfast and then head out for the town of Huaro. In Huaro, you will settle in and have time to explore the renowned Church.



**May 19th Sunday**-Medical/Dental Clinic at Mujuncancha 10,588 ft /3,231 m  
**May 20th Monday** -Medical/Dental Clinic at Sullumallu 10,562 ft /3,150 m  
**May 21st Tuesday** -Medical/Dental Clinic at Huaru 10,358/3,157

**May 22st Wednesday** Rainbow Mountain  
<https://www.forbes.com/sites/trevornace/2017/01/21/welcome-rainbow-mountains-peru/#7b7cc1f96f70>

It is also known as Montana de Siete Colores ( Mountain of Seven Colors), reaches an altitude of 17,000 ft (5200 m). We will leave early in the morning and begin our trek soon after sunrise. The hike will take approximately 3-4 hours, and we will have professional guides along with us, who will carry oxygen if needed.

There will also be horses all along the trail (small extra fee to the locals). The hike may challenge you both physically and mentally, but the views at the top will be something you will remember the rest of your life! We will return to Cusco in the afternoon, and check in to a nice hotel near the Plaza de Armas.



**May 23st Thursday** – Machu Picchu  
[https://en.m.wikipedia.org/wiki/Machu\\_Picchu](https://en.m.wikipedia.org/wiki/Machu_Picchu)  
 Train leaves 5 AM and returns to Cusco 6 PM

**May 24 Friday** - Cusco Day  
<https://en.m.wikipedia.org/wiki/Sacsayhuamán>  
 Early morning optional hiking tour to Sacsayhuaman ruins (12,142 ft / 3701 m).

(Lunch not provided). After your free day for exploring and shopping, we will have our “Adios Amigos” dinner at 6:00pm. This is where you can say goodbye to your new friends and Peruvian coworkers.

**May 25 Saturday** – Your mission concludes after breakfast

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**Donation for the Mission is \$2885**

Your (tax deductible) donation to FDOA includes the following:

- 4 nights accommodation in Andahuaylillas
- 3 nights accommodations in Cusco
- Ground transportation
- Rainbow Mountain guides and entrance.
- Tour of Machu Picchu full day (train, tour guide, entrance)
- All meals are provided (B, L, D) except for lunches during the tour of Machu Picchu and your free day in Cusco on Friday.
- Translators and Guides
- Purchase of Medical Supplies and Medications
- Flying Doctors T-shirts
- \$885 of this donation goes to the general operating account of FDOA

**Mission Participants Must Be a Member of Flying Doctors of America**  
**Please visit <http://fdoamerica.org/membership--donations.html>**  
**Membership valid for 1 year**

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