

Cusco / Machu Picchu Peru 2023

May 6th (Saturday) – May 12th (Friday)

This mission is designed to bring Medical/Dental care to the remote communities of Cusco, Peru. We will be focusing on communities that are off the tourist trails. This is going to be a unique and rewarding mission. Our home base will be a quiet and unique town of Huaro (elevation 10,358 ft.) The town has an exceptional church, and between 1675-1699, local artists were commissioned to create murals and decorations. These images demonstrate a fusion of the colonial beliefs and styles of the indigenous people of Quechua decent.

We have set up the mission so that you should arrive Saturday early in the morning (no later than 10am) in Cusco, and you will have a chance to see a bit of the world-renowned Plaza de Armas, before we head to Huaro. Your flights home can be scheduled Friday morning

We will stay Saturday, Sunday, Monday, Tuesday in a nice hotel in the neighboring town of Andahuaylillas. We will be working in clinics Sunday, Monday, Tuesday in Huaro. On Wednesday morning we will visit the incredible areas of Maras, Moray, and Salineras, and in the afternoon we will start our journey to Aguas Calientes, where we will spend the night.

Thursday morning, we will have the privilege of visiting the famed Wonder of the World, Machu Picchu.

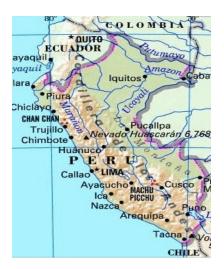
May 5th Friday- Depart the USA

Flights from the USA usually arrive late at night. Depending on your arrival time, you may have time to stay in a hotel overnight (not provided). It may be best, if your flight arrives around 4am Saturday morning (as some do), to consider staying in the Lima airport, which is clean and safe, until your connecting flight to Cusco.

May 6th Saturday -- Arrive in Cusco

https://en.m.wikipedia.org/wiki/Cusco In Cusco you will be met by your Team Leader. You

will get a quick briefing and then you are off to see the famed Plaza de Armas! Here you will get a cup of coffee or mate de coca (best for altitude) with breakfast and then head out for the town of Huaro. In Huaro, you will settle in and have time to explore the renowned Church.







May 7th Sunday -Medical/Dental Clinic at Huaro 10,358/3,157
May 8th Monday -Medical/Dental Clinic at Huaro 10,358/3,157
May 9th Tuesday -Medical/Dental Clinic at Sullumayo 14,024 ft. /4274 m.

May 10 Wednesday — Maras, Moray, Salineras

Maras is a beautiful colonial village known for its architecture and textiles, while at Moray we will explore the mysterious circular agricultural terraces that are surrounded by stunning mountain scenery. The Salineras salt mines consist of 3000 salt pools, where you will watch the miners harvest the salt of the Incas. After a buffet lunch, we will transport to Ollantaytambo, and board the famed Inca Rail train to Machu Picchu. The next morning we will have the rare opportunity to explore Machu Picchu at sunrise and before all the crowds.

May 11 Thursday – Machu Picchu

Early wake up call to catch the 1st bus up to Machu Picchu (7,875 ft / 2400 m). We will enjoy the sunrise and a guided tour of one of the wonders of the world. Afterwards we return to Cusco to spend our final night, which includes our "Adios Amigos" dinner, where you can say goodbye to your new friends and Peruvian coworkers.

May 12- Friday - Your mission concludes after breakfast

Donation for the Mission is \$2885

Your (tax deductible) donation to FDOA includes the following:

- 4 nights accommodation in Andahuaylillas
- 1 night accommodation in Machu Picchu
- 1 night accommodations in Cusco
- (all hotels are double occupancy)
- Ground transportation
- Toura of Maras, Moray, Salineras
- Tour of Machu Picchu (train, tour guide, entrance)
- All meals are provided (B, L, D) except for lunch at Machu Picchu
- Translators and Guides
- Purchase of Medical Supplies and Medications
- Flying Doctors T-shirts
- A portion of this donation goes to the general operating account of FDOA
- Not Included in your donation: International airfare to Lima. Domestic airfare from Lima to Cusco.
- Any additional treks, tours (we will be happy to help you arrange these pre or post mission). Team Leader ~ Dr. Douglas Schildhaus D.M.D Phone: 516-526-2015 Email:

dschildhaus@gmail.com

