



## Cusco / Machu Picchu Peru 2020

April 25<sup>th</sup> (Saturday) – May 2<sup>nd</sup> (Saturday)

This mission is designed to bring Medical/Dental care to the remote communities of Cusco, Peru. We will be focusing on communities that are off the tourist trails. This is going to be a unique and rewarding mission. Our home base will be a quiet and unique town of Huaru (elevation 10,358 ft.) The town has an exceptional church, and between 1675-1699, local artists were commissioned to create murals and decorations. These images demonstrate a fusion of the colonial beliefs and styles of the indigenous people of Quechua decent.

We have set up the mission so that you should arrive Saturday early in the morning (no later than 10am) in Cusco, and you will have a chance to see a bit of the world-renowned Plaza de Armas, before we head to Huaru. Your flights home can be scheduled Saturday morning

We will stay Saturday, Sunday, Monday, Tuesday in a nice hotel in the neighboring town of Andahuaylillas. We will be working in clinics Sunday, Monday, Tuesday in Huaru. on Wednesday, we will visit a magnificent lake call Singrenacocha, and afternoon we will start our journey to Aguas Calientes.

Thursday morning, we will have the privilege of visiting the famed Wonder of the World, Machu Picchu. Friday will be a free day to explore Cusco, where an optional hike to the ruins at Sacsayhuaman.

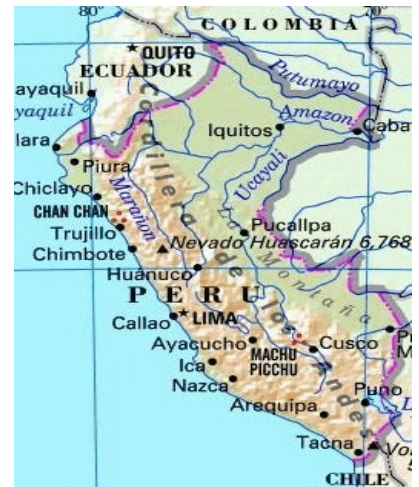
### April 24<sup>th</sup> Friday– Depart the USA

Flights from the USA usually arrive late at night. Depending on your arrival time, you may have time to stay in a hotel overnight (not provided). It may be best, if your flight arrives around 4am Saturday morning (as some do), to consider staying in the Lima airport, which is clean and safe, until your connecting flight to Cusco.

### April 25<sup>th</sup> Saturday -- Arrive in Cusco

<https://en.m.wikipedia.org/wiki/Cusco>

In Cusco you will be met by your Team Leader. You will get a quick briefing and then you are off to see the famed Plaza de Armas! Here you will get a cup of coffee or mate de coca (best for altitude) with breakfast and then head out for the town of Huaru. In Huaru, you will settle in and have time to explore the renowned Church.



**April 26<sup>th</sup> Sunday** -Medical/Dental Clinic at Huaru 10,358/3,157  
**April 27<sup>th</sup> Monday** -Medical/Dental Clinic at Huaru 10,358/3,157  
**April 28<sup>th</sup> Tuesday** -Medical/Dental Clinic at Sullumallu 14,024 ft. /4274 m.



**April 29<sup>th</sup> Wednesday** – Lake Singrenacocha and Aguas Calientes  
[https://es.wikipedia.org/wiki/Laguna\\_Singrenacocha](https://es.wikipedia.org/wiki/Laguna_Singrenacocha)  
 Laguna Singrenacocha is located in the Cusco Region (see link about) this gorgeous turquoise lake has been recently discovered. We will have a moderate 45-minute hike to the beautiful lake, and have a great opportunity to take photos, and possibly meet people from the local community. After our picnic lunch, we will head to the town of Ollantaytambo where we will board the famous Inca Rail Train to Aguas Calientes (where we spend the night). Next day morning, we will have the rare opportunity to explore Machu Picchu at sunrise, and before all the crowds.



**April 30<sup>th</sup> Thursday** – Machu Picchu  
[https://en.m.wikipedia.org/wiki/Machu\\_Picchu](https://en.m.wikipedia.org/wiki/Machu_Picchu)  
 Guided tour of Machu Picchu at 5:30 am and return to Cusco at 2:30 pm

**May 1<sup>st</sup> Friday** - Cusco Day  
<https://en.m.wikipedia.org/wiki/Sacsayhuamán>  
 Optional: Early morning optional hiking tour to Sacsayhuaman ruins (12,142 ft / 3701 m). Lunch not provided. After your free day for exploring and shopping, we will have our “Adios Amigos” dinner at 6:00pm. This is where you can say goodbye to your new friends and Peruvian coworkers.

**May 2<sup>nd</sup> Saturday** – Your mission concludes after breakfast

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**Donation for the Mission is \$2885**

Your (tax deductible) donation to FDOA includes the following:

- 4 nights accommodation in Andahuaylillas
- 1 night accommodation in Machu Picchu
- 2 nights accommodations in Cusco
- Ground transportation
- Tour to Singrenacocha lake.
- Tour of Machu Picchu (train, tour guide, entrance)
- All meals are provided (B, L, D) except for lunches during the tour of Machu Picchu and your free day in Cusco on Friday.
- Translators and Guides
- Purchase of Medical Supplies and Medications
- Flying Doctors T-shirts
- \$885 of this donation goes to the general operating account of FDOA

**Mission Participants Must Be a Member of Flying Doctors of America**  
 Please visit <http://fdoamerica.org/membership--donations.html>

**Membership valid for 1 year**

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