

# **Cusco / Machu Picchu Peru 2022** April 30<sup>th</sup> (Saturday) – May 7<sup>rd</sup> (Saturday)

This mission is designed to bring Medical/Dental care to the remote communities of Cusco, Peru. We will be focusing on communities that are off the tourist trails. This is going to be a unique and rewarding mission. Our home base will be a quiet and unique town of Huaro (elevation 10,358 ft.) The town has an exceptional church, and between 1675-1699, local artists were commissioned to create murals and decorations. These images demonstrate a fusion of the colonial beliefs and styles of the indigenous people of Quechua decent.

We have set up the mission so that you should arrive Saturday early in the morning (no later than 10am) in Cusco, and you will have a chance to see a bit of the world-renowned Plaza de Armas, before we head to Huaro. Your flights home can be scheduled Saturday morning

We will stay Saturday, Sunday, Monday, Tuesday in a nice hotel in the neighboring town of Andahuaylillas. We will be working in clinics Sunday, Monday, Tuesday in Huaro. on Wednesday, we will take an adventure to visit the magnificent Archeological Site of Moray, as well as the famed Salt Mines of Maras.

Thursday mornig, we will have the privilege of visiting the famed Wonder of the World, Machu Picchu. Friday will be a free day to explore Cusco, where an optional hike to the the ruins at Sachsayhuaman is available.

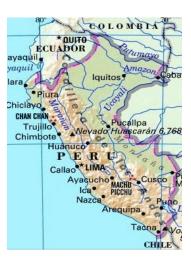
#### April 29th Friday- Depart the USA

Flights from the USA usually arrive late at night. Depending on your arrival time, you may have time to stay in a hotel overnight (not provided). It may be best, if your flight arrives around 4am Saturday morning (as some do), to consider staying in the Lima airport, which is clean and safe, until your connecting flight to Cusco.

### April 30th Saturday -- Arrive in Cusco

### https://en.m.wikipedia.org/wiki/Cusco

In Cusco you will be met by your Team Leader. You will get a quick briefing and then you are off to see the famed Plaza de Armas! Here you will get a cup of coffee or mate de coca (best for altitude) with breakfast and then head out for the town of Huaro. In Huaro, you will







settle in and have time to explore the renowned Church.

May 1<sup>st</sup> Sunday-Medical/Dental Clinic at Huaro 10,358/3,157 May 2<sup>nd</sup> Monday -Medical/Dental Clinic at Huaro 10,358/3,157 May 3<sup>rd</sup> Tuesday -Medical/Dental Clinic at Sullumallu 14,024 feet / 4274 meters

## $May \; 4^{th} \; Wednesday - {\rm Moray}/{\rm Maras} \; {\rm and} \; {\rm Machu} \; {\rm Picchu}$

https://en.wikipedia.org/wiki/Moray\_(Inca\_ruin)

Moray is a fascinating archaeological site which lies approximately 45km (28 miles) north-west of Cusco and about 6km (4 miles) west of the village of Maras. The site consists of several enormous circular

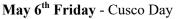
depressions made from concentric circular stone terraces.

After visiting Moray, we will take the famous Inca Rail Train to Aguas Calientes, where we will spend the night. The next day very early in the morning we will have the rare opportunity to explore Machu Picchu at sunrise, and before all the crowds

May 5<sup>th</sup> Thursday – Machu Picchu

https://en.m.wikipedia.org/wiki/Machu\_Picchu

Guided tour of Machu Picchu at 5:30 am and return to Cusco at 2:30 pm



https://en.m.wikipedia.org/wiki/Sacsayhuamán

Optional: Early morning optional hiking tour to Sacsayhuaman ruins (12,142 ft / 3701 m). Lunch not provided. After your free day for exploring and shopping, we will have our "Adios Amigos" dinner at 6:00pm. This is where you can say goodbye to your new friends and Peruvian coworkers.

May 7<sup>th</sup> Saturday – Your mission concludes after breakfast

### Donation for the Mission is \$2885 (it may have changes)

Your (tax deductible) donation to FDOA includes the following:

- 4 nights accommodation in Andahuaylillas
- 1 night accommodation in Machu Picchu
- 2 nights accommodations in Cusco
- Ground transportation
- Moray guides and entrance.
- Tour of Machu Picchu (train, tour guide, entrance)
- All meals are provided (B, L, D) except for lunches during the tour of Machu Picchu and your free day in Cusco on Friday.
- Translators and Guides
- Purchase of Medical Supplies and Medications
- Flying Doctors T-shirts
- \$985 of this donation goes to the general operating account of FDOA

### Mission Participants Must Be a Member of Flying Doctors of America Please visit https://fdoamerica.org/donations

### Membership valid for 1 year

Team Leader ~ Dr. Douglas Schildhaus DMD Phone: 516-526-2015 Email: drdoug56@hotmail.com



