Plasma Elite After Treatment Care

1. Do not pick/scratch crusts.
2. Wash area with gentle cleanser provided twice daily.
3. Pat, do NOT rub area with soap/product/towel. Avoid cotton balls/pads.
4. Protect area from UV light with SPF provided until crusts have fallen off. After crusts have fallen off, use at least SPF30 daily for minimum 2 months post-procedure. Do not use tanning beds during this time.
5. Use SkinFuse Rescue provided after you wash your face in the morning.  You may use it sparingly throughout the day if the area seems dry/itchy.
6. Use DefenAge Barrier cream then DefenAge 8-in-1 serum each evening or up to twice daily.
7. You may exercise, swim, resume skincare routine, and apply makeup when all crusts have fallen off.
8. We advise no smoking during healing phase.  This impedes wound healing.
9. Only use products provided in aftercare kit until crusts have fallen off.
10. Do not use a Clarisonic or exfoliating appliance or wash while crusts are present.
11. Do not cover area with bandages.

\*\*\*Failure to comply with aftercare instructions can result in diminished results and a poor outcome, incomplete healing, skin textural changes, scarring, or pigmentation. If you have any questions at all, please contact us at You Turn skin care 515-630-2020.

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