

# Unveiling the Wonders of Cappadocia: A Seven Day E-Bike Tour Experience

Tour Type: Fully-guided E-Bike tour

**Duration:** 7 Days / 6 Nights

Level: Easy-Moderate

Arrival Airport: Kayseri or Nevşehir Airport

Departure Airport: Kayseri or Nevşehir Airport

## **Experience**

On this seven-day E-Bike tour you will delve into the heart of Cappadocia, experiencing its magical valleys, ancient caves, fair chimneys, historic churches and more. Whether you're an adventure enthusiast or a history buff, there's something for everyone to enjoy. Our E-Bikes make exploring Cappadocia accessible to all fitness levels, so you can focus on the adventure and soak in the sights.

This tour is a curated selection of Capadocia's finest routes and biking trails led by local, English-speaking guides. Cycle through volcanic terrain, sandy-dirt roads, green and rocky valleys, singletracks, tunnels, caves and canyons. We guarantee a captivating biking experience with quality accommodation, including cave rooms, and fine-dining included. Enjoy the wonders of Cappadocia with the warmest Turkish hospitality.

# **Highlights**

- Embark on an exhilarating biking adventure amidst the lunar rock formations of Cappadocia
- Navigate single tracks, sandy and dirty village roads, tunnels, canyons
- Discover the secrets of ancient cave dwellings, underground cities and rock-cut churches
- Enjoy boutique cave and stone hotels
- Witness the beauty of Göreme's fairy chimneys with a memorable hot air balloon flight.

- Navigate single tracks, sandy and dirty village roads, tunnels, canyons
- Admire the art of Cappadocia: Stone Artwork, Potery and Ceramic Making, Carpet Weaving Ateliers
- Relax in a Turkish hammam bath after a thrilling ride
- Savor local cuisine and wines at some of Cappadocia's finest restaurants.

# **Day-to-Day Itinerary**

### DAY 1 WELCOME to CAPPADOCIA

- Arrive at Kayseri or Nevşehir Airport, take private transfer to Cave Hotel in Göreme
- Get settled and stroll through Göreme town.
- Meet with the team before dinner: our expert guides will brief you about routes, E-Bikes and technical issues in the hotel.
- Dinner at hotel or local Göreme restaurant

Meals: Welcome Dinner

Accommodation: Cave Hotel in Göreme

#### DAY 2 GÖREME VALLEYS.

- Start the day in Göreme at 9:00am. After breakfast, short ride to Gorkündere, a scenic valley full of fair chimneys.
- Next we go to Sword Valley, home to many abandoned rock-cut churches, historical homes, fruit gardens and vineyards.
- Cycle through extraordinary Meskendir Valley, then Red and Rose Valleys, visiting the iconic Columned and Cross Churches. There we can provide a short lecture on how early Christianity flourished in Cappadocia.
- Break for drinks and refreshments by local cave-cafe next to Cross Church.
- Take Balcony Trail single track which provides epic panoramic views of the many valleys.
- Continue cycling among horse ranches to Cavuşin, a small and old historical town.
- Lunch at Seyyah Han restaurant, which provides a diverse array of authentic local cuisine.
- After lunch, short trip to Cavuşin Castle and an abandoned old cave house, which provides insight into historical life in Cappadocia.
- Next we bike to Love Valley, immersing ourselves in its fantastical landscapes and fairy chimneys, before taking dirt roads to end the day in Göreme.

Meals: Breakfast in Hotel/ Lunch Seyyah Han o/Dinner Keyif Restaurant Göreme

**Destinations:** Göreme – Görkündere - Sword Valley - Meskendir Valley - Red Valey - Rose Valley - Balcony Trail -Cavuşin - Love Valley - Göreme

Level/Duration: Easy-Moderate/ 35 KM

Accommodation: Cave Hotel in Göreme

#### DAY 3 ARTWORKS & CULTURE and OPEN AIR MUESUMS OF CAPPADOCIA

- After breakfast depart Göreme for Uçhisar Town

- Start cycling at Uçhisar Town, journey on a ride through the fruit gardens and farmland of Pigeon Valley with panoramic views until we reach Göreme Open Air Museum
- Explore Göreme Open Air Museum, a UNESCO World Heritage Site that showcase the rich history and cultural heritage of Cappadocia. Feature include rock-cut churches, chapels, and monasteries with well-preserved frescoes dating back to the 10th, 11th, and 12th centuries.
- Continue cycling through Sword Valley until Çavuşin for a live pottery making workshop/ atelier.
- Lunch at local restaurant, Cappo Gusto, with diverse arrays of delicious authentic cuisine.
- Ride on sandy dirt-roads though Monks Valley to Paşabağ. Paşabağ is known for its double-headed fairy chimneys, mushroom-shaped rock formations and luscious vegetation.
- After that cycle through Zelve Open Air Museum, enjoy panoramic views of nature.
- Ride past river Kızılırmak (Halys) to Güray Museum to understand the ceramic artwork of Cappadocia
- End the day at local carpet and kilim weaving workshop in Avanos, before returning to Göreme for dinner.

Meals: Breakfast in Hotel / Lunch in Cappa Gusto Restaurant/ Dinner in Gurme Restaurant Göreme

Destinations: Uchisar - Göreme - Sword Valley - Çavuşin - Paşabağ - Zelve - Avanos - Güray Museum - Avanos

Level/Duration: Easy-Moderate/ 38 KM

Accommodation: Cave Hotel in Göreme

#### DAY 4 OLD TOWNS OF CAPPADOCIA

- Start the day in Göreme, a central town in Cappadocia renowned for its cave dwellings, unique rock formations and rock-cut churches and monasteries
- Short bike ride to panoramic view point of Love Valley. Then we have a small hike through Love Valley, among its fantastical landscapes and scenic fairy chimneys.
- Bike to Uçhisar, past fertile lands, fruit trees, vineyards and breathtaking views of surrounding landscape.

- Explore Uçhisar, it has an extraordinary multicultural history and rock castles that have witnessed the presence of Hittites, Persians, Romans, Byzantines, and Ottoman civilizations.
- Break at local cafe with panoramic views of Pigeon Valley.
- Option for leisurely walk through Pigeon Valley, named after its countless pigeon houses carved into the rocks
- From there we cycle past farms and fruit gardens and descend into İbrahimpaşa town, where we will explore well-preserved Greek and Ottoman-era houses.
- Lunch at Tandır Restaurant after cycling through magnificent Balkandere Valley.
- After lunch we cycle to Ortahisar Town and stroll through its narrow streets, cave houses, and visit the prominent rock formation castle with panoramic views.
- Finally cycle through magnificent Üzengi and Gomeda vallyes to reach Mustafapaşa (Sinasos) town.
- Explore and dine in Mustafapaşa town, an area with rich history that reflects the cultural and architectural heritage of Cappadocia. (Transfer will be arranged for luggage from Göreme to Mustafapasha hotel).

Meals: Breakfast in Hotel/ Lunch in Tandır Restaurant/ Dinner in Hanımeli Restaurant

Destinations: Göreme - Uchisar - İbrahimpasha - Balkan Valley - Ortahisar - Uzengi Valley - Gomeda Valley - Mustafapasha

Level/Duration: Easy-moderate/43 KM

Accommodation: Cave Hotel in Mustafapasha

#### DAY 5 From KAVAK to SOĞANLI

- Have breakfast and take 10 minute transfer to Kavak village.
- Start cycling at Kavak village through beautiful lands and witness rural and agricultural practices in the region.
- Reach Mazı Underground City after 1 hour of cycling, explore the marvelous architecture.
- After that cycle through Derbentbaşı village, a green and rockey valley then connects us to Basköy (Kavasos), an abandoned Greek Village.
- Ride through trees, villages and asphalt road until we reach Soğanlı.
- Lunch at local restaurant in Soğanlı.
- After lunch transfer to Güzelyurt and Karamanlı Konağı.
- Dinner in Güzelyurt.

Meals: Breakfast in hotel / Lunch in Soğanlı / Dinner in Güzelyurt

Destinations: Kavak - Mazı - Derbentbaşı - Başköy (Kavasos) - Güzelöz - Soğanlı

Level/Duration: Easy-moderate/ 37 KM

Accommodation: Karamanlı Konağı

#### DAY 6 BIKE and HIKE in IHLARA VALLEY

- After breakfast we cycle among the old village houses and churches in Güzelyurt which date back to early Christianity.

- Pass through rocky and sandy roads to reach Analipsis Church. Explore churches and enjoy breathtaking views.

- Reach Ihlara Valley for lunch after cycling among villages and fertile lands, lunch is by the Melendiz River in the Canyon.

- Explore and hike through serene Ihlara Valley. It's a stunning canyon formed by the Melendiz River known for its natural beauty, rock-cut churches and hiking trails. Enjoy views of fairy chimney, and lush greenery.

- Finish hike and take vehicle transfer to hotel.

- Home-cooked dinner in Güzelyurt.

Meals: Breakfast in Hotel/ Lunch in Aslan Restaurant/Dinner home cooking in Güzelyurt.

Destinations: Güzelyurt - Analipsis Church - Ihlara Valley - Güzelyurt

Level/Duration: Easy-moderate/ Cycling: 30 km, Hiking: 7 KM

Accommodation: Karamanlı Konağı.

#### DAY 7 GOODBYE DAY

- After last breakfast take transfer to the airport (1 hour) and say goodbye to our guides. Fly back from Kayseri or Nevşehir airport and see you next time!

Meals: Breakfast in the hotel

#### WHAT'S INCLUDED:

English speaking experienced Professional tour guiding service Carraro Kifuka E-MTB Technical support & spare tires Helmet, Seat Cover Water, snacks & lunch WHAT'S EXCLUDED:

Tips and Gratuities