

1. Proposed Course Name:

DSM5-TR: What is it, What is New, How to Use it

2. Brief Course Description:

Revisions made to the Diagnostic and Statistical Manual, version 5 (DSM5) include more emphasis on culture, race and language as these terms relate to diagnostic processes. This workshop will review the basic structure and organization of the DSM5 and its' predecessors as well as more recent changes included in the DSM5-TR (text revised). Using case vignettes, participants will engage in assessing and diagnosing several disorders.

3. Learning Objectives:

- Summarize changes made to the multi-axial system used in previous DSM versions
- Compare and contrast subtypes and specifiers
- Apply the changes made in the DSM5 to specific diagnoses through case studies
- List at least three changes made to the DSM5-TR which reflect changes in language as they apply to ethnoracial descriptions

4. Content Level: Intermediate

5. Outline

Welcome/Overview	9:30 am-9:35 am
Developmental History	9:35 am-9:50 am
Major changes to the DSM5	9:50 am-11:00 am
Subtypes versus specifiers	
Multiaxial versus dimensionality	
Severity indices	
Application of DSM5 to specific dxs	11:00 am-11:30 am
Psychotic spectrum disorder	
Mood disorders	
Case study practice	11:30 am-12 noon
DSM5-TR (changes)	12 noon-12:30 pm
Language	
Race/Ethnicity	
Gender references	

6. Reference Section

Bains N, Abdijadid S. (2022) Major Depressive Disorder. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; PMID: 32644504.

<https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/dsm-5-fact-sheets>

<https://psychnews.psychiatryonline.org/doi/10.1176/appi.pn.2022.03.3.28>

<https://psychiatry.org/dsm5>

<https://www.verywellmind.com/what-to-know-dsm-5-tr-changes-5521765>

Pajević I, Žigić N, Bećirović E, Pajević A. (2020) Psychological Disorders in Childhood and Adolescent Age - New Classifications. Psychiatr Danub., 32(Suppl 3):311-315. PMID: 33030445.

7. Biography

Dr. Strickland graduated from Bryn Mawr College with a Doctorate in Psychology and a focus on experimental research and neuroscience. Past positions include a faculty position at the Medical College of Pennsylvania and affiliate faculty positions at Widener University and Springfield College. He currently has guest lecturer privileges at the Bryn Mawr Graduate School of Social Work and Social Research, the Rutgers School of Social Work and an Affiliate Professor position at Thomas Jefferson University, East Fall Campus in the Community and Trauma Counseling program. Dr. Strickland is the owner of Biobehavioral Education and Consultation, LLC.