

Craig Strickland, PhD
Cstrickland1977@gmail.com
(215) 356-3191

1. **Course title:** Supporting Clients taking Psychotropics in the Workplace
2. **Course Description:** Many clients with a behavioral health diagnosis desire to be productive and, as a result, want to be gainfully employed. While psychopharmacology can be beneficial for many people, these medications come with challenges for employed clients. Unwanted side-effects, cognitive interference and sleep disruption are just a few of the concerns. This workshop will include discussion of these issues and ways to minimize these challenges to help clients be successful in the workplace.
3. **Date:** April 19, 2024, from 9AM-12 Noon
4. **Learning Objectives:** By the end of the workshop, attendees will be able to:
 - A. Summarize the focus of psychopharmacology in treating cognition
 - B. Summarize methods by which clients, therapists and prescribers can minimize side-effects to allow for more effective functioning in the workshop
 - C. Compare receptor profiles within a given medication class and how differences in these profiles can affect employment goals
 - D. Discuss how to encourage clients to communicate with the prescriber about the effects of medications on the clients' employment goals
5. **Timed Outline:**

Welcome/Overview:	9AM to 9:10 AM
Focus of medications on cognition	9:10 AM to 10:00 AM
Antipsychotics	
Anti-depressants	
Anti-anxiety medications	
Bipolar Affective Disorder	
Minimizing side-effects	10:00 AM to 10:45 AM
Break	10:45 AM to 11 AM
Looking at receptor profiles	11 AM to 11:30 AM
Communication with prescribers	11:30 AM to 11:50 AM
Questions/answers/follow-up	11:50 to 12 Noon