



# The Diaokonate Leader

"God's Mind Empowering Our Hands To Better Inform His People"

Philippians 1:6, 2:5, Proverbs 16:3

AUTUMN QUARTER  
2021

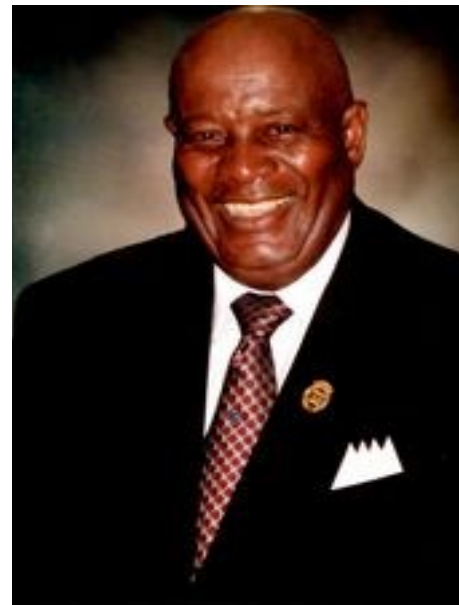


## From The Desk Of Our Parent Body President

My Dear Brothers and Sisters in Christ I do greet you in the precious name of our Lord and Savior Jesus The Christ.

Since our last newsletter we concluded our 87<sup>th</sup> Annual Session and I completed my first term serving as your President. I do continue to thank you and praise God for the opportunity to serve as your President and be a part of this great organization.

Thanks be to God, our 87<sup>th</sup> Annual Session was a great and successful event, thanks be to God. Many of our members told me this was one of the best Conventions ever. The Parent Body, the Women's Auxiliary and some of our Youth and Young Adults met in person however, the majority



of our Youth and Young Adults met virtually. Some considered this two Conventions, however, I do not see it that way. I see this as the first time ever combining the virtual and the physical together successfully through technology. What a blessing! It was truly my great pleasure to greet the Youth and Young Adults that attended during their Session. All of our services were broadcast live and those that were unable to attend were able to be a part of the Convention as well. What a glorious time it was indeed!

As I look back over the very successful year we had, I cannot help but look forward with great joy and anticipation to the year ahead. I continue to be encouraged by our 2022 Theme "**Only What You Do For Christ Will Last**". Again, I thank God for the GREAT CONVENTION we just experienced in Columbia, South Carolina. I also thank the South Carolina Delegation for the outstanding job done coordinating our 87<sup>th</sup> Convention.

As we move into another year, let us work together to continue to build this Convention and the Kingdom of God! It was so good to see so many in person, May God forever bless you.

SHOLAM

Yours in the Mighty and Matchless Name of Christ,

*Deacon Earl G. Wilson Sr.*

President, Parent Body



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AUTUMN QUARTER  
2021

## Monthly Executive Board Meeting:

- September 11, 2021, 10:00 AM via Zoom  
Meeting ID: 827 5210 0739  
Passcode: 793867
- Virtual Prayer Service and Communion Service  
Monday, September 13, 2021, 6:00 PM  
Zoom Meeting ID: 857 9301 3277  
Passcode: 490279
- Connecticut Baptist Deacons Alliance Zoom Workshop:  
October 16, 2021 at 10:00 AM
- National Baptist Deacons Convention South East Reginal Meeting:  
When: October 22-23, 2021 (See Flyer)
- National Baptist Deacons Convention South-East Regional Session  
Hosted by: Chatham County, GA Deacons and Deaconess Association  
Where: First Tabernacle Baptist Church, 310 Alice St. Savannah, Ga. 31401  
**OUR 2022 Theme: "Only What You Do For Christ Will Last" 1 Corinthians 15:58**

## The Mission Statement Of The NBDC

National Baptist Deacons Convention of America, Inc. and its Auxiliaries was established July 26, 1934, when members of the local Deacons organization National Baptist Deacons' Convention of America and its Auxiliaries from Washington DC, Richmond VA, Hilltop MD, met to initiate a closer relationship among Deacons and Pastors. National Baptist Deacons Convention of America, Inc. and its Auxiliaries is to provide help and hope to a body of Christian Laymen, Women, Youth and Young Adults with a mission of Fellowship, Education and Charity. We affirm that the individuals we serve share with each other common human needs, desires and wants. We celebrate our individual and cultural diversities in this manner. **Quality;** we commit ourselves to the pursuit of excellence in everything we do, with the aid of the Holy Spirit. **Integrity;** we believe that our personal and professional integrity is the basis of Public Trust, through Faith, Love, Joy, Peace, Gentleness, Longsuffering, Goodness, Meekness, and Temperance. **Dedication;** we take pride in our commitment to Public Service Christian Organizations and to People we are privileged to serve. **Innovation;** we are committed to developing an environment that inspires innovation, foster dynamic leadership and rewards creativity among our members, volunteers and people we serve. National Baptist Deacons Convention of America, Inc. and its Auxiliaries offers vast array of positive and impactful programs that resolve around the purpose of Worship, Education, Fellowship, Missionary Work and Christian Leadership Training.



# Our Women's Auxiliary President



Grace and Peace to you from God the Father and the Lord Jesus Christ!

As we enter this beautiful season of the changing colors of the leaves, harvest time with scenery of pumpkins, the gathering of fruits and vegetables, and the season of Thanksgiving, I welcome you to the Autumn Edition of our quarterly newsletter!

I would be amiss if I do not stop and take a minute to go back to July and say what a wonderful time in the Lord that we had at our 87<sup>th</sup> National Baptist Deacon's Convention and its Auxiliaries. We were blessed to have been able to stream the services on Facebook Live for those who could not join us in Columbia, SC. Our Youth and Young Adults went forward with their portion of the Convention virtually, as well as some of the young people who did come to the Convention site enjoyed activities and outings. It was a blessing to all near and far, in person and virtually. To God Be the Glory for the marvelous things he has done!

Please take time to go through this informative newsletter and do not forget to share it with your co-laborers, church family and friends. It is always my prayer that you are able to glean some information from this newsletter that will enhance this Christian journey that we are all on.

*"He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness."* 2 Corinthians 9:10 ESV

Because of Him,

Because of Him,

*Alfreda Levaine*



Deaconess Alfreda Levaine

NBDC's Women's Auxiliary President

Please remember to stay safe, wear your masks, and if you have not gotten vaccinated please considerate it.





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AUTUMN QUARTER  
2021



## Cherry Hill 2022 On Our Minds *Field Workers Perspective*



The 2021 Annual Session held in Columbia, SC was a wonderful gathering of brothers and sisters in Christ at the DoubleTree Worship Center. We witnessed a powerful flow of God's presence because we believed “where two or three are gathered together in His name touching and agreeing He will be in the midst”.

As we ended the 2021 Annual Session on Friday, July 16, 2021 by ensuring our house was set in order, we turned our attention to **Cherry Hill, NJ** with great anticipation because “only what you do for Christ will last” as we prepare to worship, learn, and fellowship together at the **Crowne Plaza Worship Center**.

We ask all of you to go to your state Baptist conventions, state Baptist deacons associations, local churches, and speak with individual disciples to spread the word that the National Baptist Deacons Convention of America, Inc. and Its Auxiliaries will be in service Sunday, July 17 - Friday, July 22, 2022 at Crowne Plaza Worship Center, 2349 Marlton Pike, Cherry Hill, NJ.





## Field Workers Ministry

### Are You Ready For The Field?

The story is being told of a group of devoted disciples working in the "field" preparing for a harvest by sharing biblical scriptures on how to support pastors and congregations, discussions on building better relationships among deacons, members, young adults, and youths, and engaging in ongoing learning opportunities for self-growth in ministry.

However, to successfully complete the **harvest**, we need committed and dedicated disciples like you to join other devoted disciples we call **Field Workers**. **Field Workers** communicate with national and state convention leaders, local baptist associations, deacon ministries within local churches to share printed resources, fellowship and learning opportunities through our ministry website, mid-term session in March, and the Annual Convention in July.

You are being called to participate in working the "field" as we work to complete the "harvest" through Christian service. If we do our work well, we will be rewarded with respect from others..... 1 Timothy 3:13 and a light will shine before others as our good deeds will be noticed by all which will give direct praise to our Heavenly Father..... Matthew 5:15-16.

Get involved by joining the **Workers**, call 803.549.1906 or email [jtheodjac@gmail.com](mailto:jtheodjac@gmail.com).

Theme

"Only What You Do For Christ Will Last"

1 Corinthians 15:58



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## Field Workers Training Class Schedule

Thursday, September 16, 2021

Thursday, October 21, 2021

Thursday, November 18, 2021

Thursday, December 16, 2021

All classes will be held via **Zoom** beginning at **7:00 PM**.

The Zoom link will be sent each Wednesday prior to each training date.

You are being called to participate in working the "**field**" as we work to complete the "**harvest**" through Christian service. If we do our work well, we will be rewarded with respect from others..... 1 Timothy 3:13 and a light will shine before others as our good deeds will be noticed by all which will give direct praise to our heavenly Father..... Matthew 5:15-16.

**Theme: "Only What You Do for Christ Will Last" 1 Corinthians 15:58"**

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call 803.549.1906 or email [jtheodjac@gmail.com](mailto:jtheodjac@gmail.com)





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**NATIONAL BAPTIST DEACONS CONVENTION**

# VIRTUAL PRAYER SERVICE

**Every month on the Second Monday,**

**Join Zoom Meeting**

[https://us02web.zoom.us/j/85793013277?  
pwd=T2pNbGxXZXJJRkZKckM0R0ZFa2JLdz09](https://us02web.zoom.us/j/85793013277?pwd=T2pNbGxXZXJJRkZKckM0R0ZFa2JLdz09)

**Dial by your location**

- +1 301 715 8592 US (Germantown)**
- +1 929 436 2866 US (New York)**
- +1 312 626 6799 US (Chicago)**
- +1 669 900 6833 US (San Jose)**
- +1 253 215 8782 US (Tacoma)**

**LIVE STREAM on Facebook •**

<https://www.facebook.com/nbdcoa/>

**WWW.NATIONALBAPTISTDEACONSCONVENTION.ORG**

**ALL ARE WELCOME**

**PARENT BODY PRESIDENT**  
Deacon Earl Wilson

**WOMEN'S AUX PRESIDENT**  
Deaconess Alfreda LeVaine

**YOUNG ADULT PRESIDENT**  
Sister Joleeta Williams

**YOUTH PRESIDENT**  
Sister Tress Jacobs



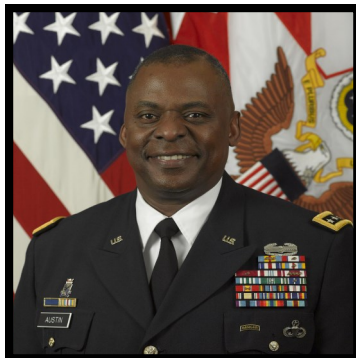
**SPONSORED BY**  
Robert Wiggs Early Morning  
Prayer Service  
Deacon George Bradley  
President





## Secretary of Defense General Lloyd J. Austin III

The secretary of defense oversees the Defense Department and acts as the principal defense policy maker and it's advisor.



General Lloyd Austin is a former 4 star general of the United States Army. Lloyd is known for serving as the 12th Commander in the US Central Command and the first commander to head the CENTCOM.

### Confirmed by Senate 93 - 2 Vote on January 22, 2021 Upon Confirmation & Swearing In, Became First Black Secretary Of Defense

On August 8, 1953 Austin was born in Mobile, Alabama. He was raised in Thomasville, Georgia. Austin graduated from the United States Military Academy West Point earning a Bachelor of Science degree in 1975. In 1986 Austin earned a Master of Arts Degree in counselor education from Auburn University. In addition, he earned a Master of Business Administration in degree in 1989 from Webster University.



### SOME OF HIS MILITARY CAREER ASSIGNMENTS - [Years Of Service 1975 – 2016]

- Commissioned Second Lieutenant After Graduating West Point Academy
- Initial Assignment 3<sup>rd</sup> Infantry Division (Mechanized Division) Germany
- Attended Infantry Officer Advanced Course
- Assigned 82<sup>nd</sup> Airborne Division Fort Bragg, North Carolina
- 1981 Assigned Indianapolis, Indiana District Recruiting Command
- Completed Army Command & General Staff College
- Served As Chief Joint Operations Division, J – 3, Joint Staff Pentagon Arlington, Virginia
- September 2003 – August 2005 Commanding General 10<sup>th</sup> Mountain Division (Light Infantry)
- December 8, 2006 Promoted To Lieutenant General
- September 1, 2010 Became Commanding General United Forces – Iraq
- December 2011 Vice Chief of United States Army
- Commander of CENTCOM MARCH 22, 2013 Following Nomination By President Obama
- Retirement Ceremony Joint Base – Myer Henderson April 5, 2006



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- Austin said "I'm very proud to have had the opportunity to lead troops in combat, I have seen our young leaders do amazing things in really tough and dangerous situations."



### PRIVATE SECTOR

- He joined Board of Raytheon Technologies, a Military Contractor after retirement April 2016.
- Like Former Secretary of Defense John Mattis, General Austin Required A Congressional Waiver of National Security Act 1947 to Bypass Seven Year Waiting Period After Leaving Active Duty.
- Confirmation Hearing January 19, 2021
- Congress Grants Waiver January 21, 2021 House Vote 326 -78 & Senate Vote 69 – 27
- Austin Was Sworn In By A Defense Department Official January 25, 2021 Ceremony By Vice President Kamala Harris



Lloyd Austin – Wikipedia

Submitted by Deacon Joel McCormick



## HEALTH SUPPLEMENTS

### Benefits of Magnesium

What do tofu, lava lamps, and Epsom salts have in common? The mineral known as magnesium. It helps coagulate tofu, creates the "lava" in the lava lamp, and is the active ingredient responsible for Epsom salt's soothing properties. While it may not be as commonly discussed as something like calcium, magnesium is a vital mineral that your body cannot function without.

#### What Does Magnesium Do?

Here are some ways that magnesium supports a healthy body:

##### **Bone Formation:**

Our bones contain roughly two-thirds of our body's magnesium overall. Magnesium is important in the formation of the physical bone structure, as it helps phosphorus and calcium binding.

##### **Nerve and Muscle Function:**

Magnesium is known to help relax nerve and muscle tension by serving as a chemical gate blocker that stops calcium from activating and tensing the muscle and nerves. Hence, muscle tension, soreness and spasms are common in cases of magnesium deficiency.

##### **Protection of Cardiovascular System:**

Epsom salts, which contain magnesium, are often used to treat a form of hypertension prevalent in pregnant people. Magnesium helps maintain a steady heart rhythm and healthy blood pressure, both of which protect the cardiovascular system.

##### **Metabolic Functions:**

Magnesium interacts with many enzymes within the body, participating in more than 300 biochemical reactions! It plays a vital role in energy metabolism and protein synthesis. It can help metabolize proteins, carbohydrates and fats, thus regulating blood sugar levels and protecting us from diseases such as diabetes.

#### Sources of Magnesium

Since our bodies cannot make magnesium, we have to get it from food or supplements. Consuming a diet with a variety of fruits, vegetables, grains, and low-fat dairy products should ensure you have plenty of magnesium to support a healthy body. About 30 to 40% of the magnesium consumed is actually absorbed by the body.

##### **Fresh Vegetables:**

Dark green vegetables, which are rich in chlorophyll, are great sources of magnesium. For example, spinach is an excellent source of magnesium. Cruciferous vegetables such as Swiss chard, kale, broccoli and mustard greens are also full of magnesium, along with turnip greens, green beans, cucumber, lima beans and celery. Although not green, summer squash and black eye peas are good sources. To reap the maximum amount of nutrients, be sure to avoid overcooking these vegetables.

##### **Nuts and Seeds:**

Almonds, cashews, peanuts and soybeans are valuable food sources of magnesium and can be easily incorporated into the diet. Roasted or raw nuts can make healthy snacks, and nut





## HEALTH SUPPLEMENTS

### Benefits of Magnesium

butters, such as almond and peanut butter, are widely available in grocery stores. Seeds that are high in the mineral include pumpkin seeds, sunflower seeds, sesame seeds, and flax seeds. For an extra boost of magnesium, toss a handful of flax or pumpkin seeds into your smoothie or onto your favorite salad.

#### **Whole Grains:**

Whole wheat products, such as buckwheat flour, contain a good amount of magnesium. The mineral is found in the bran, or outer husk of the grain, which is usually removed in refined flour or white bread. Whole grain cereals, such as oatmeal, are also high in magnesium. To incorporate whole grains into your diet, swap your usual white toast for whole wheat toast, or add some whole oats and bran flakes to your morning cereal. Reach for the healthy shredded wheat or bran flakes breakfast cereal instead of the sugary processed one. Some cereals might be fortified with magnesium, so don't forget to check the nutrition label.

#### **Other Food Sources | Dairy, Fish, and Fruit:**

Dairy products such as low-fat milk and yogurt are good sources of magnesium. Tuna, mackerel, pollock and halibut are also excellent sources of magnesium. Fish is also a good source of protein, and getting enough protein in your diet helps your body absorb magnesium. Dried figs, bananas, avocados, prunes, and many other fruits give you a tasty magnesium boost. Bottled, tap, or mineral water even contains some magnesium. And – saving the best for last – one square of dark chocolate (with at least 75% cocoa or cacao) provides 15% of your daily requirement of magnesium!

#### **Magnesium Supplements:**

Magnesium supplements are available in a number of different forms, including magnesium oxide, magnesium chloride, and magnesium citrate. How much magnesium your body actually absorbs from a supplement varies. For example, supplements that dissolve easily in water will be absorbed better in the stomach compared with supplements that are less soluble in water. Some antacids and laxatives also contain magnesium, to help aid digestion or relieve constipation.

### How Much Magnesium Do We Need to Stay Healthy?

The Recommended Dietary Allowances for magnesium are 400 to 420 milligrams (mg) for men and 310 to 320 mg for women, from all sources (foods and supplements). One ounce of roasted pumpkin seeds provides 156 mg of magnesium and a half cup of cooked spinach is 78 mg of magnesium. Remember that only 30 to 40% of the magnesium consumed is available to your body but eating a healthy diet with plenty of vegetables, nuts, and grains should provide enough magnesium for optimal health.

### Side Effects: Too Much or Too Little Magnesium?

Certain conditions or medications have been associated with decreases in serum magnesium levels, including digestive disorders, diabetes, alcoholism, or diuretic medications. When levels of magnesium are too low in the body, the body may show symptoms of deficiency.



## HEALTH SUPPLEMENTS

### Benefits of Magnesium

The most common signs of deficiency include:

- Fatigue and weakness
- Muscle contractions and cramps
- High blood pressure
- Abnormal heart rates
- Headaches
- Depression, seizures or personality changes
- Nausea or vomiting

Loss of appetite

If left untreated, magnesium deficiency can lower calcium and potassium levels in the blood and result in serious medical conditions. Too little magnesium has been linked to cardiovascular diseases, hypertension, anxiety disorders, migraines and osteoporosis.

While it is very unlikely that you would consume too much magnesium from natural food sources, people who take magnesium supplements can be at risk of magnesium overdose.

Too much of the mineral can decrease calcium absorption in the body.

Signs and symptoms for magnesium toxicity, interestingly, are similar to the signs of magnesium deficiency. They include the following:

- Diarrhea
- Changes in mental status
- Extremely low blood pressure
- Nausea or vomiting
- Muscle weakness
- Difficulty in breathing
- Irregular heartbeat

Loss in appetite

Symptoms of magnesium deficiency or toxicity may indicate absorption problems within the digestive and renal systems. Therefore, if you experience any of these warning signs, talk to your doctor to rule out other possible health problems.

**Medical content reviewed by Madeline Hubbard, RN, BSN.**



## BUSINESS

# 1st Black Woman-Owned Syrup Brand After Aunt Jemima Gets Removed From Shelves



Meet Michele Hoskins, founder of [Michele Foods Inc.](#), a multi-million dollar business whose products are sold in more than 10,000 stores nationwide. Her line of syrup products has recently seen a huge increase in sales since the owners of Aunt Jemima decided to pull its racist brand from grocery store

shelves. Michele is not new to the industry. She began manufacturing her specialty breakfast syrups in 1984. That same year, Michele secured the top two largest retail chains in the Chicagoland area, which took her out of the basement and into 400 retail chains. She went on to become the first minority supplier for Denny's, the first minority supplier for Walmart, and over the years she has partnered with some of the most respected food companies in the world – General Mills and Sara Lee. Michele laughs when she recalls her early struggles and countless mistakes. She overcame incredible odds to turn this family secret into a formula for success. In her best-selling book, [Sweet Expectations](#), she comments, “There were no mentors for an African American female entrepreneur in the food industry in those days. I had to learn from my mistakes. Had I not been naïve, I may not have started this journey. All I had going for me was my goal and a commitment to making it work.” Today, her products can be found in the top retail chains, more than 8,000 stores nationwide, including Kroger, Albertson's, Jewel Foods, Publix, Safeway and more. The recipe that started it all is known as Michele's Honey Crème Syrup, a rich, creamy confection made with honey, cream, and butter.

In addition to the original Honey Crème, her products are also available in Butter Pecan and Maple Crème flavors. These days the syrups are more than just for waffles and pancakes, they are used by cooks as condiments and in sweet and savory dishes.





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## BUSINESS

# SUPPORTING BLACK WOMEN-OWNED BUSINESSES IS SO VERY IMPORTANT

by Marty McDonald August 11, 2021



According to *Forbes*, more than 1,800 women of color create businesses every day but only 20% of those businesses make above the poverty level. As a Black woman entrepreneur, I consider it my life's work to not only highlight the stories of Black women-owned businesses but also help open doors to new sponsorship and funding that takes their companies to the next level. When I think about my own journey, I often reflect on those long days of sitting in my corporate job wondering, "this truly can't be it for me—there's so much more to life than fulfilling someone else's

dreams." It was in those moments of uncertainty that I was actually refining my purpose. And over time, I realized my true desire was to help other Black women succeed. As founder and CEO of Boss Women Media, a company committed to empowering Black women entrepreneurs, corporate professionals, and changemakers, I anchored my mission in the truth that: when we fuel the holistic dreams of Black women, our society works better for everyone. With that truth in mind, I made bold asks of experts and corporate partners. I told them about the ongoing impact of Black women on the economy and within communities all over the world. I pitched what many of us have come to know as Black Girl Magic. I am proud to share that Boss Women Media today reaches thousands of Black and brown women and allies with the tools, resources, and inspiration to win.

Boss Women Media is a manifestation of what happens when purpose, grit, and hard work collide. We are a company that is actively changing outcomes for thousands of Black women while providing the opportunity for them to dream big to grow revenue and scale their businesses into the future. One way we are supporting women is through our premier event, the Black Girl Magic Summit—a two-day virtual experience that brings together a global audience of women from all over the world to learn from, celebrate, and support Black women. For the second consecutive year, we are partnering with Capital One to provide \$25,000, \$15,000, and \$10,000 grants to three women-owned small businesses through our pitch competition. As a financial institution, Capital One understands the hurdles that Black women-owned businesses face and knows mentorship is not enough. Black women need access to funds to help change outcomes and Capital One has been a committed partner, ready to support.

As part of the summit, we will also unpack topics like financial wellness, generational wealth building, entrepreneurship, and money management. Special guests this year include Valerie Jarrett, Yara Shahidi, Naturi Naughton, Ivy McGregor, and so many more. Viewers can tune into the summit live from the comfort of their homes through Amazon Live, Fire Stick, or if they're a college student, we're also holding HBCU watch parties at select schools.



## BUSINESS

# HBCU CLINTON COLLEGE TO GIVE ALL FULL-TIME STUDENTS FREE TUITION, LAPTOPS

by [Derek Major](#) August 12, 2021



Clinton College, a South Carolina HBCU, is giving all full-time students free tuition for the 2021-22 school year and a free Microsoft laptop. Clinton College President Lester McCorn made the announcement in a [YouTube](#) video, adding that vaccinated students who live on campus will still have to pay room and board. Full-time students who live off-campus and are still taking classes virtually will also receive free tuition.

“As we have had to deal with the challenges of COVID-19, it has been taxing for each and every one of us, and at Clinton College, we have done our best to keep the school moving forward and providing a quality education even in a virtual environment,” McCorn said. “For all enrolled students for the 2021-22 academic year, Clinton College is going to offer you free tuition.”

Clinton College decided earlier this summer to cut tuition in half for the 2021-22 school year, but with this announcement, full-time students will have the opportunity to learn free of charge. McCorn also added every full-time student would also receive a [Microsoft Surface](#) laptop, free of charge. Tuition at Clinton College costs \$4,960 a semester and \$9,920 yearly.

According to its website, Clinton College has been educating its students for 120 years and was established during Reconstruction “to help eradicate illiteracy among freedmen.” While Clinton College is one of a few [HBCUs](#) to offer free tuition, more than 20 HBCUs have canceled the debt of its students using \$5 billion in Higher Education Emergency Relief federal pandemic funds. The schools include [South Carolina State](#), [Wilberforce University](#), [Clark Atlanta University](#), [Spelman College](#), and many others.

Many HBCUs have made a move to cancel tuition and student loan debt to give Black American students a leg up after college. According to the [National Center for Education Statistics](#), Black American graduates have an average of \$52,000 in student loan debt and on average owe \$25,000 more than white graduates.





**BUSINESS**

**Black Farmer's Antibiotic-Free Meat Products  
Now Available in Grocery Stores  
and Online**

Meet Ricky Dollison, a fourth-generation African American farmer who is the owner of Dollison Farms located in Poulan, Georgia. He is also the owner of a company called Warrior Creek Premium Meats that produces responsibly raised, antibiotic-free bacon, sausage, ground beef, ribeye steaks, pork tenderloins, and chicken leg quarters.



The family-owned and operated business also produces a multitude of leafy greens, peanuts, cotton, soybeans, and corn for their livestock. They also raise cattle and their signature swine, "The Georgia Dolli", in which their premium sausage, country cut bacon, and ham are derived.

Their high-quality meats are Georgia born and raised, without added hormones, by-products, nitrates, or antibiotics. Warrior Creek Premium Meats can be found at various grocery stores throughout Southwest Georgia such as Towson Meats, Snipes, Publix, and Piggly Wiggly.

Small farmers have always been the major food producers of the world, even before COVID-19. Now during a pandemic with scarce equipment and limited financial resources, creating value-added products and extending harvest offerings directly to customers is imperative for their survival beyond the next generation.

This Black-owned family farm operation is on the list of very few who are certified and able to sell nationwide. Dollison is also the CEO of AG First Community Co-op and a farmer advocate for the state of Georgia. He recognizes that bringing his company's premium meats and their vegetable harvest directly to market is necessary for their survival.

Warrior Creek Premium Meats ship nationwide directly from the farm to your freezer. Monthly subscriptions are also available.

For more details and/or to place an order visit: [WarriorCreekPremiumMeats.com](http://WarriorCreekPremiumMeats.com)





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## SPORTS

# A Historic First In History for The Rotary District 7475 & The Newark Rotary Club



A golf Tournament to “WIPE OUT HUNGER” will be held in Cherry Hill, N.J., the week of July 17, - 22, 2022. Our very own golf champion, **President Earl J. Wilson, Sr., challenges all golfers attending the 87th session** of the National Baptist Deacon’s Convention of America, and It’s Auxiliaries to fun and fellowship to support this most worthy cause combatting food insecurities. Each state is encouraged to send a team to participate in this preliminary Tournament, the beginning of an annual event to be held every year at this Convention. In the meantime If you would like to sharpen your skills in preparation for the upcoming Cherry Hill event, join the Rotary District 7475 Foundation’s up-

coming 3.6 Golf Outing Event to be held this year, Monday, October 11, 2021 at the Berkshire Valley Golf Course that is located at 28 Oak Ridge Road, Oak Ridge, NJ 07438. This event features an 11AM Registration / 12PM Shotgun Start, Best Ball Hot Buffet Dinner, with amenities at the infamous PORIFINO’S Restaurant, located on 5129 Valley Road, Oak Ridge, NJ 07438. Rates are offered for golf and dinner per person as well as dinner only, per person. The organization will offer an ‘Event Souvenir Journal’ in lieu of ‘Tee’ signs. Please consider becoming a sponsor by purchasing a full page Ad. Your support will be greatly appreciated. Details can be found on the following pages. You may also send camera ready artwork to support you Ad contribution. For any additional information contact Deacon W. Samuel Nails at: **973-901-8811** or by email at: **wsamnails@aol.com**.



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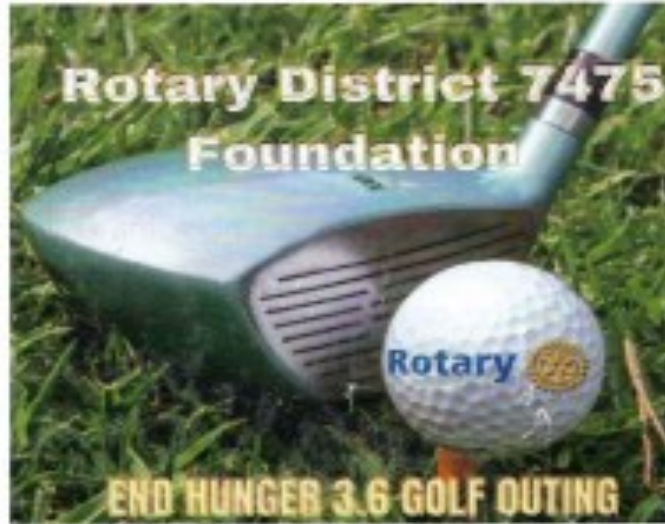
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## SPORTS



### **MONDAY, OCTOBER 11, 2021** **BERKSHIRE VALLEY GOLF COURSE**

28 COZY LAKE RD, OAK RIDGE, NJ 07438

11 AM Registration / 12 PM SHOTGUN START, BEST BALL

HOT BUFFET DINNER, WINE & BEER @ PORTIFINO'S

5129 Berkshire Valley Road, Oak Ridge, NJ 07438

GOLF & DINNER \$150/GOLFER / DINNER ONLY \$65 PERSON



### **EVENT JOURNAL – SEE FORM BELOW**

In lieu of Tee signs, we are publishing an Event Journal this year. This allows us an opportunity to share important information regarding our mission, our history and the on-going need to fight food insecurity. By taking a Sponsor's event page, you enable us to continue providing meals to our neighbors in need. Your support is critical and deeply appreciated. Please send camera ready artwork to:

[graphicaction.prosign@verizon.net](mailto:graphicaction.prosign@verizon.net)





# The Diaokonate Leader



"God's Mind Empowering Our Hands To Better Inform The People"

Philippians 1:6, 2:5, Proverbs 16:3

AUTUMN QUARTER  
2021

## SPORTS

**Golf & Dinner:** \$150 Per Person    **Dinner Only:** \$65 Per Person

Golf is Limited to 150 Golfers - 1<sup>st</sup> come 1<sup>st</sup> serve basis

Dinner is Limited to 160 Guests (Including Golfers)

To Register online: [Register](#)

To Register by mail, use the form below

Registration information: (Name, phone, email)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

# Golfers \_\_\_\_\_ x 150 = \_\_\_\_\_

Sponsor Page (if applicable). \_\_\_\_\_ = \_\_\_\_\_

TOTAL DUE: \_\_\_\_\_

**PLEASE REPLY BY OCTOBER 1, 2021**

Make checks payable to **Rotary District 7475 Foundation**

Mail registration and checks to: Ray Freaney  
5 Springfield Avenue  
Berkeley Heights, NJ 07922

For additional information:

Walter Fay @ (201) 280-1371      wallyfay55@yahoo.com

Deacon Sam Nails @ (973) 901-8811      wsamnails@aol.com

New Jersey State Baptist Deacons Convention, Inc.





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AUTUMN QUARTER  
2021



## SPORTS



### END HUNGER 3.6 GOLF OUTING EVENT JOURNAL

OCTOBER 11, 2021 BERKSHIRE VALLEY GOLF COURSE

ROTARY DISTRICT 7475 FOUNDATION

TO ALLEVIATE FOOD INSECURITY

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Club/Company: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

- Please:**
- Create an ad from the attached copy of photo
  - Use camera ready artwork provided
  - Create an ad for us [Please provide sketch.]

Please email ad copy to: [graphicaction.prosign@verizon.net](mailto:graphicaction.prosign@verizon.net)

Send this form with your check to:

Ray Freaney

5 Springfield Avenue

Berkeley Heights, NJ 07922

(908) 803-4602

rayfreaney@gmail.com

[Check made payable to: Rotary District 7475 Foundation]

{Call to Pay using Zelle, Venmo, Square}

SPACE	IMAGE SIZE	COST
Full Page	7" X 10"	\$100
Half Page	7" X 4.75"	\$75
Quarter Page	3.5" X 4.75"	\$50
Center Page	7" X 10"	\$150
Inside Cover	7" X 10"	\$150
Back Cover	7" X 10"	\$250

Page size 8.5" X 11

Please provide us with your copy no later than **October 1, 2021**



## Cook Book



# Lemon Fish Roll-Ups

- |  |  |
|--|--|
| 1 cup cooked rice                                      | 1/3 cup REALEMON Lemon Juice from Concentrate  |
| 1 (10oz) pkg frozen chopped broccoli, thawed & drained | 1/2 teaspoon salt                              |
| 1 cup (4oz) shredded Cheddar cheese                    | 1/4 teaspoon pepper                            |
| 1/3 cup margarine or butter melted                     | 8 fish fillets, fresh or frozen, thawed (2lbs) |

Preheat oven to 375. In medium bowl, combine rice, broccoli and cheese. In a small bowl, combine margarine, REALEMON brand, salt and pepper; add 1/4 cup to broccoli mixture. Place equal amounts of broccoli mixture on fillets; roll up. Place seam-side down in shallow baking dish; pour remaining margarine mixture over roll-ups. Bake 20 minutes or until fish flakes with a fork. Garnish with paprika if desired. Refrigerate leftovers. *Makes 8 servings*

**Microwave:** Prepare fish as above. Arrange in shallow baking dish. Cook tightly covered on 100% power (high) 10-12 minutes or until fish flakes with a fork, rotating dish once. Serve as above.



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AUTUMN QUARTER  
2021

## Cook Book



## Old - Fashioned Potato Salad

- |  |                                      |
|--|--------------------------------------|
| 6 Medium Potatoes, cooked, peeled, cubed | 1/2 Cup sweet Pickle Relish          |
| 4 Eggs, hard boiled and chopped          | 1/4 Cup Mayonnaise or Salad dressing |
| 1 Cup chopped Celery                     | 2 teaspoons prepared mustard         |
| 1/4 Cup finely chopped Onions            | 1 teaspoon Seasoned salt             |
| 1 2-ounce jar Pimento, drained, chopped  | 1/4 teaspoon pepper                  |

Mix together the first 6 ingredients together in a large bowl. Mix the remaining 4 ingredients together and pour over the potato mixture and toss until thoroughly coated. Garnish with sliced egg and parsley if desired.





## Cook Book



## Almondine Fish

1/2 cup margarine or butter, melted

3 tablespoons REALEMON lemon juice from Concentrate

3 tablespoons sliced almonds, toasted

1 pound fish fillets, fresh or frozen, thawed

### Directions:

Combine margarine and REALEMON brand; reserve 1/4 cup. Add the almonds to remaining margarine mixture; set aside. Broil or grill fish as desired, basting frequently with reserved 1/4 cup margarine mixture. Serve with almond sauce. Refrigerate leftovers. *Makes 4 servings*

**Herb Fish:** Omit almonds. Add 1 teaspoon dill weed.

**Garlic Fish:** Omit almonds. Add 1/2 teaspoon garlic powder.



## Necrology

### Remembering Those Who Have Gone Home.

*"I will turn their mourning into joy, I will comfort them, and give them gladness for sorrow".*  
Jeremiah 13:13b

### Connecticut

Deacon Charles Crockett  
Deacon Primus Jackson III  
Deacon James Lewis

### Virginia

Deacon George Larrimore, Zion Popular BC, January 1, 2021  
Deaconess Francine Hall, Mt. Vernon BC, January 7, 2021  
Deacon Leroy Chapman, Mt. Zion BC, Hanover, Va., February 5, 2021  
Deaconess Peggy Wright Wingfield, Greater Nazarene BC, March 3, 2021  
Deaconess Altimase Oliver Sykes, Fourth BC, March 24, 2021  
Deaconess Sarah Holmes Berry, Zion Hill BC, Gloucester Va., April 5, 2021  
Deacon Donald E. Bush, First Shiloh BC, Mechanicsville, Va. April 13, 2021  
Deacon Jesse Goodwin, Jr., Union BC, (SR), April 25, 2021  
Deaconess Edna Earl Newsome Hall Whitaker, Fourth BC, April 28, 2021

### Columbia South Carolina

1. Deacon Milton Kimpson
2. Deacon Albert Brown
3. Deacon McArthur Burgess
4. Deacon W. Lee Catoe
5. Deacon King B. L. Jeffcoat
6. Deacon Willie Robinson
7. Deaconess Jessie Cornwell
8. Deaconess Inez B. Scott



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## Music

# HYMNS WE LOVE, IN PERFORMANCE

## FARTHER ALONG WE'LL UNDERSTAND WHY VICTORY IN JESUS

Deaconess Darlene Anthony, NJ



Camelot Ct 19.m4a



Camelot Ct 9 (1).m4a

## WE'LL UNDERSTAND IT BETTER, BY AND BY WHEN WE ALL GET TO HEAVEN

Deaconess Marilyn Greene, & Kimberly Greene, NJ



New Recording 2.m4a



New Recording 3.m4a

[Go To The Website To Hear The Musical Selections]  
<https://nationalbaptistdeaconsconvention.org>







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## Newsletter Staff

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Theodore Jackson

Assistant Editor

Samuel Nails

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Marilyn Greene

Hymns

Darlene Anthony

Hymns

Florence Goldsboro

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Richard Stanard

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Necrology

Joel McCormick

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Joseph Miller

Secretary - NBDC  
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Richard Hucks

Advisor