

Heatstroke is No Joke



Heatstroke can be fatal if not treated quickly.

Know the signs of heatstroke in pets:

- Heavy panting
- Excessive drooling
- Dark red tongue/gums
- Weakness/lack of coordination
- Vomiting or diarrhea
- Rapid heartbeat

If you're worried your pet may have heatstroke:

- Immediately move somewhere cool – either indoors with air conditioning or in the breeze of a fan.
- Place cool (not cold), wet cloths on your pet's head, neck, and chest.
- Offer small amounts of cool, fresh water to drink.
- Get your pet to the vet. Quick action can save your pet's life.

How to keep pets cool on hot days:

- Limit exercise to early morning or evening hours.
- Never leave your pet in a hot car, even with windows cracked.
- Provide access to plenty of fresh drinking water and shade.
- Stay off asphalt. If it's too hot for your bare feet, it's too hot for their paws!
- Fill a kiddie pool with water or set up a sprinkler/misting hose.
- Wrap ice packs or frozen water bottles in towels for your pets to lay on.
- Ask our vets about pet-safe sunscreen to prevent sunburn.

Peanut Butter Pupsicles:

- 1 cup plain Greek yogurt
- 1 ripe banana
- 2 T creamy peanut butter

Blend until smooth and add to ice cube trays or popsicle molds. Place a small dog treat in each mold to serve as an edible popsicle stick. Freeze for 3-4 hours.

