

Poison Control for Dogs & Cats

People Food

Safe*

- Apples
- Bananas
- Blueberries
- Bread
- Broccoli (cooked)
- Cantaloupe
- Carrots (cooked)
- Chicken & turkey (cooked)
- Eggs (cooked)
- Green beans (cooked)
- Milk/cheese (if pet is not lactose intolerant)
- Oatmeal (cooked)
- Peas (cooked)
- Pumpkin (cooked)
- Salmon (cooked)



Unsafe

- Alcohol
- Avocado
- Chocolate, coffee & caffeine
- Citrus
- Coconut & coconut oil
- Grapes & raisins
- Macadamia nuts
- Milk/cheese (if pet is lactose intolerant)
- Nuts
- Onions, garlic & chives
- Raw/undercooked meat, eggs & bones
- Salt & salty snack foods
- Xylitol
- Yeast dough

Common Houseplants

Safe

- African violet
- Air plant
- Bamboo
- Boston fern
- Cast iron plant
- Christmas cactus
- Haworthia
- Herbs (basil, sage, & thyme)
- Palms (**NOT sago palm**)
- Phalaenopsis orchids
- Spider plant
- Wax plant



Unsafe

- Aloe vera
- Asparagus fern
- Corn plant
- Cyclamen
- Dieffenbachia
- Elephant ear
- English ivy
- Herbs (lavender, oregano)
- Jade
- Lilies
- Philodendron
- Sago palm

ASPCA Animal Poison Control Center: (888) 426-4435

* Although these foods are safe for dogs and cats, please only offer as an occasional snack & in moderation.