

# A Yoga Retreat - A Retreat For New Beginnings April 2026

#### **WHAT**

All-inclusive resort including: accommodations 2 nights, delicious meals, yoga classes, yoga nidra.

Massages available at extra cost of \$90.

#### **WHERE**

The beautiful Blue Mountain Retreat Center, Knoxville, MD. <a href="https://www.bluemtnretreat.org/index.php">https://www.bluemtnretreat.org/index.php</a>

#### **WHEN**

April 17 - 19, 2026

### **HOW**

\*Deposit due with booking reservation, 1/2 down to reserve. The other 1/2 by February 16, 2026. Deposit is non refundable.

Private Room: \$695 Shared Room: \$570

Payment options: Pay by check or Zelle using email <a href="mailto:mhgreatwind@gmail.com">mhgreatwind@gmail.com</a>.



## **RESERVATION FORM**

Please return this form via email to <a href="mailto:mhgreatwind@gmail.com">mhgreatwind@gmail.com</a>. Personal checks payable to Maria Hamburger 3212 Geiger Ave, Kensington, MD 20895.

Printed Name:
Signature:
Date:
Amount \$ paid: Check or Zelle ( <u>mhgreatwind@gmail.com</u> )
Email Address:
Private room requested? Sharing a room? With whom? Need a roommate?
Dietary restrictions?