



LivFree Kid Warrior Yoga

First & Last Name:

Email Address:

Cell Phone Number:

About You

- Name three of your gifts/talents.
- Tell me about any kid and/or other yoga trainings in which you have participated.
- Are you a certified yoga teacher? (This is NOT a requirement to participate.)
 - If so, what level of certification are you?
 - If so, are you registered with Yoga Alliance?

Why kids

- Why this workshop?
- What is your experience working with kids?
- What age group interests you the most?
- What are your goals for this training?

Your Yoga

- How long have you been practicing yoga?
- How often do you practice?
- What makes a yoga class stand out as special to you?

Secret Sauce

- Is there anything else you want me to know about you?