

Wrestling Clubs in the New York Metro Area (surrounding counties)

Connecticut (Fairfield County)

- South Side Wrestling: <https://www.southsidetc.com>
- Team Tugman: <https://tugmanwrestling.com>
- Refinery Wrestling: <https://www.refineryrtc.com>

New York (Westchester and Nassau Counties)

- Empire Wrestling: <https://empirewrestlingacademy.com>
- Ascend Wrestling: <https://www.ascendwrestling.com>
- GPS Wrestling: <https://www.gpswrestling.org>

New Jersey (Hudson and Morris Counties)

- Edge Wrestling: <https://edgehoboken.com>
- The Mat Club <https://thewrestlingcoach.com>