

22 Days TTC \$555-
Introductory price



YOGA CLASSES	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-9:00	Classical Yoga	Classical Yoga	Classical Yoga	Classical Yoga	Classical Yoga	Classical Yoga	Beginners Yoga/Kids
9:30-10:45	Hatha Yoga	Vinyasa Flow	Hatha Yoga	Vinyasa Flow	Hatha Yoga	Vinyasa Flow	Vinyasa Flow
2:30-3:45	Vinyasa Flow	Dynamic Hatha	Vinyasa Flow	Dynamic Hatha	Yin Yoga	Vinyasa Flow	Dynamic Hatha
5:30-6:45	Ashtanga Yoga	Yin Yoga	Vinyasa Yoga	Yin Yoga	Vinyasa Yoga	Ashtanga Yoga	Yin Yoga

Air-purified studio!

All levels welcome!



YOGA /RETREAT/DETOX

Yoga/Ayurveda Accessories

Yoga Teachers Training All level

Accredited by Yoga alliance

Singing/ Healing Bowls classes

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