

News and Notes.

Welcome to our Visitors! We encourage you to take part in our Services and encourage you to ask any questions. Please complete a visitor's card and stay around after services so we can meet you and visit with each other.

Remember these in our Prayers:

Sandra Lawrence, Eva Scoggins, Joy Jeter

Carol's Niece in New Mexico, has completed the radiation treatments and Will have her first scan in April.

David Bishop (Brenda Addison's Dad) will have surgery Feb. 12.
Helen and J. L. Hicks.

2018 Gospel Meetings

April 25-29, 2018 Wednesday through Sunday, Bro. D.J. Dickerson

July 15-20, 2018 Sunday through Friday, Bro. Bob Pulliam

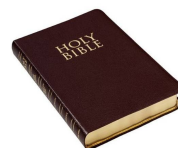
Andy's Cell Number - (337) 239-6858 Home Number (337) 238-5785

Sunday Morning Services begin at 9:45 AM. Sunday Evening Worship at 6:00 PM
Wednesday Night Bible Study at 7:00 PM

Bible Study is a publication of White Park Church of Christ published in the interest of promoting New Testament Christianity and Daily Bible Reading. Please direct any comments or questions to Andy Addison.

White Park Church of Christ
17801 Nolan Trace
Leesville, LA 71446

To:



Bible Study

2 Tim. 3:16 "...equipped for every good work." February 11, 2018

LEARNING TO OVERCOME THE DISCOURAGEMENT THAT EVERYBODY FACES

Discouragement and disappointment are normal feelings that come to everybody sometime during our lives. Different circumstances can and do affect people in different ways. Think about some of the Bible characters that faced discouragements in life.

Job's family and friends, while attempting to encourage him became a source of discouragement to him. He felt misunderstood and let down by his friends and family. No one in Job's circle of friends understood what he was experiencing.

Elijah, had hope that all of God's great miracles on behalf of the Israelites would cause Ahab and Jezebel to repent and turn to God, but they did not. Study 1 Kings 19.

Jeremiah lost perspective and became disappointed with God when he felt that God had turned against him. Lamentations 3. Many times, we cannot understand things because we lose sight of God's plan. Let us not become discouraged. GOD's plan will always work out for good. Read Romans 8:28, James 1:2-4.

Peter became discouraged when he lost courage and denied Christ. He did something that he thought he would never do. Let us learn from Peter to always repent and return to God. Peter failed to live up to his own expectations. We can easily fall into the same trap.

Discouragement often becomes a barrier to our spiritual growth.

Let us learn to overcome the feelings of discouragement and hopelessness.

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Consider some of these ways to overcome the feelings of discouragement and disappointment that we all face.

1. Learn to accept the way we feel. Don't pretend that everything is ok, when in reality we are deeply hurting. Ask for help from those who love you, your Christian friends and spiritual family.

2. Discouragement can rob us of our health. Take care of your Body. Learn to rest and relax. Read Mark 6:30-32.

3. Take your cares to God in Prayer. 1 Peter 5:7

4. Don't let the feelings of others reflect in your life. Each person is beautiful in different ways. God sees and cares for each of His children.

5. Learn to be thankful and content. When discouragement shows up, replace it with thankfulness for the blessing that we enjoy. Count your blessing not your sorrows.

Let us learn to wait on the Lord and to seek his will. God will not disappoint those who call on Him.

Isa 40:28-31

Have you not known? Have you not heard?

The everlasting God, the Lord, The Creator of the ends of the earth, Neither faints nor is weary. His understanding is unsearchable.

29 He gives power to the weak, And to those who have no might He increases strength. 30 Even the youths shall faint and be weary, And the young men shall utterly fall, 31 But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

Read and Study your Bible Daily

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Animals in the Bible

Find the animal in the Bible and THINK about what lesson you can learn from the context of how the animal was mentioned (some good some bad) from that animal. These words are based on the NKJV.

DOG	EAGLE	HORSE	HAWK
SPARROW	LEOPARD	QUAIL	FOXES
MOUSE	BULLS	GAZELLE	ROOSTER
CAMEL	LAMBS	WOLVES	SNAKE
LION	DOVE	BADGER	GOAT

R	E	A	D	A	S	N	D	S	T	U	D	S	H	Y	Y	O	U	R	L
B	I	B	L	E	P	D	A	I	L	Y	A	N	A	O			D	W	E
V	K	S	T	F	A	Z	K	B	Z	A	P	A	H	Q	R	W	X	L	O
C	A	M	E	L	R	J	L	I	O	N	S	K	W	I	M	S	C	Y	P
O	N	G	N	V	R	V	C	H	R	M	P	E	V	L	A	V	E	B	A
N	H	O	I	E	O	R	F	O	O	K	I	D	Z	Z	U	Z	P	U	R
G	P	T	B	G	W	Q	L	A	O	E	I	I	U	W	L	O	Y	L	D
I	R	B	E	J	A	C	L	K	S	N	U	K	V	P	J	L	M	L	Y
B	I	S	A	K	G	Z	Z	L	T	R	U	D	O	G	S	J	O	S	W
D	U	T	G	D	K	Z	E	X	E	U	B	R	F	B	Q	I	U	Z	M
Q	F	R	L	O	G	I	U	L	R	W	J	O	U	S	R	N	S	P	I
G	V	D	E	M	C	E	D	U	L	Y	T	M	W	L	G	C	E	I	B
R	O	G	C	E	O	E	R	M	Z	E	E	X	O	N	A	B	S	F	E
R	N	W	T	T	C	K	I	A	A	D	B	D	L	A	X	M	W	E	C
E	W	Z	Z	E	B	V	Q	V	M	U	E	X	V	G	A	E	B	S	N
R	U	O	Z	M	J	K	D	P	J	Q	J	H	E	V	O	M	F	S	M
W	J	H	K	F	O	X	E	S	F	V	O	V	S	U	U	L	W	W	I
L	Q	R	I	J	L	V	T	N	X	V	T	B	G	E	O	Y	N	I	S
H	A	W	K	M	Q	U	A	I	L	G	X	T	O	C	D	O	V	E	N
I	P	G	O	A	T	Q	I	L	O	G	H	K	B	R	P	N	D	Y	B