

Great Day Power of Faith Family and Friends,

We made it!!! We made it to 2025, the Year of Double Favor. As we step into a new year, we are dedicating the month of January to seeking God through fasting and prayer. Every **Monday to Friday, 12 midnight to 12 noon**, we will embark on a **dry fast**—abstaining from all food and drink—believing for **favor with God and man**, as it is written in **Luke 2:52**: *"And Jesus increased in wisdom and stature, and in favor with God and man."*

### **Why We Fast**

Fasting is a powerful act of worship and surrender. In **Ezra 8:23**, we see how the people sought God through fasting and were heard: *"So we fasted and entreated our God for this, and He answered our prayer."*

**Isaiah 58** reminds us that fasting is not just about abstaining from food but about drawing closer to God, breaking every yoke, and walking in righteousness. Jesus Himself teaches in **Matthew 6:16-18** that fasting is a sacred and personal discipline, one that invites heavenly rewards when done with a pure heart.

*Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. But thou, when thou fastest, anoint thine head, and wash thy face; that thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.*

Let us also reflect on **Psalms 51**, seeking God's mercy and asking for a clean heart as we enter this time of consecration.

### **Examples of Fasting in the Bible**

Throughout Scripture, we see the transformative power of fasting:

- **In the book of Acts**, the early church fasted before making key decisions, seeking God's direction and favor.
- **In Daniel**, we see fasting as a way to gain understanding and wisdom, aligning ourselves with God's will.

This fast is a collective act of faith and obedience. We encourage you to set aside time each day for prayer and meditating on the Word.

### **Remember These Keys to Fasting**

1. Approach with humility and repentance (Psalm 51).
2. Seek God's presence through prayer and Scripture.
3. Trust God to strengthen and sustain you during the fast.

As we dedicate this time to the Lord, we anticipate His **double favor** in every area of our lives, both individually and as a church body. Let's prepare our hearts, align our spirits, and watch God move mightily in and through us this month.

Stay strong in faith and be encouraged—together, we will see His glory revealed!

In faith and unity,

Archbishop Kelvin Melzar and Lady Aja Melzar