



Salad Options

Leaf Salads

Courgette & Halloumi Salad – Green Leaf Salad with Courgette, Broccoli and Grilled Halloumi drizzled with a mild chilli and lime dressing

Fine Green Bean Salad – Mixed Leaves with Green Beans and Peas in a Lemon and Herb Vinaigrette

Rocket and Beetroot Salad – Mixed Leaves with Peppery Rocket and Beetroot shards drizzled with a Light French Dressing

Roquefort, Pear & Walnut Salad – Mixed Leaves with Creamy Blue Cheese, Chopped Pears and Walnuts finished in a light Honey Dressing.

Noodle, Rice and Pasta Salads

Asian Noodle Salad – Chopped Egg Noodles served with Edamame Beans, Crunchy White Cabbage and Carrots finished with a Lime and Sesame Dressing.

Satay Noodle Salad – Crunchy Asian Vegetables with Soft Egg Noodles in a Satay Peanut Dressing and topped with Crushed Honey Roasted Peanuts.

Butternut Squash & Brown Rice Salad – Roasted Butternut Squash with Brown Rice, Pine Nuts and Pumpkin Seeds in a Maple and Balsamic Dressing.

Pomegranate, Feta and Wild Rice Salad – Wild Rice served with Cubed Feta, Kale Shreds and Fresh Pomegranate Seeds finished with Apple Cider Dressing.

Tricolore Pasta Salad – Pesto Pasta with Vine Ripened Tomatoes and Shredded Mozzarella

Waldorf Pasta Salad – Conchiglie Pasta (Shells), Celery, Apple and Red Grapes coated in a creamy lemon scented mayonnaise dressing, finished with chopped walnuts.

Grain Salads

Autumn Glow Salad - Quinoa with Broccoli, Roasted Butternut Squash, Apples, Cranberries, Nuts and Seeds in a Lemon and Parsley infused Olive Oil Dressing.

Kale, Apple and Quinoa Salad - Steamed Kale, Diced Apple and Quinoa drizzled in a light Honey Mustard Dressing.

Kale Cranberry and Squash Couscous Salad - Giant Couscous, Steamed Kale, Roasted Butternut Squash and Dried Cranberries drizzled with in a honey and balsamic dressing.

Spinach Feta & Cranberry Couscous Salad - Giant couscous served with Spinach Leaves, Feta and Dried Cranberries drizzled with a Light Honey Dressing.

Other

Homemade Creamy Coleslaw - Crunchy Slaw Vegetables in a creamy Mayo & Crème Fraiche Dressing

Homemade Potato Salad - A classic potato salad with chives in a sour cream dressing

Tomato & Red Onion Salad - Large Vine Ripened Tomatoes and Sliced Red Onion in a White Wine and Herb Vinaigrette

Sprout, Bacon & Blue Cheese Salad - Chopped Brussel Sprouts, Crispy Bacon and Tangy Blue Cheese finished with a Honey and Dijon Mustard Dressing.