

## EXPRESSIONS, IDIOMS AND PHRASAL VERBS (LEVEL B2/C1+)

Which phrasal verbs do you know? Look up any that are new to you.

<ul style="list-style-type: none"> <li>• TAKE UP</li> <li>• GET BACK INTO</li> <li>• GIVE UP</li> <li>• LET DOWN</li> <li>• WARM UP / LOOSEN UP</li> </ul>	<ul style="list-style-type: none"> <li>• COOL DOWN</li> <li>• TAKE PART IN</li> <li>• WORK OUT</li> <li>• DROP OUT</li> <li>• KEEN ON</li> </ul>
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Complete the questions using the phrasal verbs above in the correct form. There might be more than one option.

1. What kind of hobbies or sports are you \_\_\_\_\_?
2. What was the last sport or hobby you \_\_\_\_\_ and when did you start?
3. Which sports did you \_\_\_\_\_ when you were younger and why did you stop?
4. How often do you \_\_\_\_\_ a month? If not, why?
5. Are you hoping to \_\_\_\_\_ a marathon this year or next?
6. Have you ever \_\_\_\_\_ a team by performing poorly?
7. Why is it important to \_\_\_\_\_ and \_\_\_\_\_ before and after \_\_\_\_\_?
8. Have you ever had to \_\_\_\_\_ of a competition due to an injury or illness?
9. What sports or hobbies would you like to \_\_\_\_\_ and how long has it been since you did it?

Choose three phrasal verbs and write questions using them.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Which idioms/expressions do you know in the box below?  
Look up any that are new to you.**

<ul style="list-style-type: none"> <li>• (NOT) MY CUP OF TEA</li> <li>• RIGHT UP YOUR ALLEY</li> <li>• RARING TO GO</li> <li>• GET THE HANG OF (IT)</li> </ul>	<ul style="list-style-type: none"> <li>• GET BACK ON THE HORSE</li> <li>• HAVE A GO AT (SOMETHING)</li> <li>• GIVE (IT) A GO/TRY/BASH/SHOT</li> <li>• TO THROW IN THE TOWEL</li> </ul>
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**Complete the questions using the expressions/idioms above in the correct form.  
Add or modify any words if necessary.**

1. What sports/hobbies are \_\_\_\_\_ and why don't you like them?
2. Do you think it is important to \_\_\_\_\_ after failing at something?
3. Have you ever \_\_\_\_\_ skydiving or bungee jumping?
4. Have you ever \_\_\_\_\_ and why did you quit?
5. What sports/hobbies are \_\_\_\_\_ and why do you like them?
6. Is there any sport or hobby that you couldn't \_\_\_\_\_, no matter how hard you tried?

**Choose three idioms and write sentences using them.**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_